

Lemon

Edible Lemon Oil 15 mL

dōTERRA®

Product Information Page



Application: I N

Plant Part: Peel

Extraction Method: Cold-pressed

Aromatic Description: Clean, fresh, citrusy

Main Chemical Components: Limonene,
β-pinene, γ-terpinene

Primary Benefits

- + Creates a bright, fresh flavor

Description

Unmistakably fresh and familiar, CPTG® Lemon essential oil offers many benefits and applications. Known for its crisp, citrusy aroma and flavor, Lemon creates a bright and uplifting atmosphere. Lemon can be used to enhance the flavor in your favorite recipes and beverages.

Uses

- + Include a few drops in a favorite recipe or add to water for a revitalizing beverage.

Directions

Internal use: Dilute 1 drop in 120 mL of liquid.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you're pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. In case of skin contact, avoid sunlight and UV rays for at least 12 hours after applying product.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

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