

Juniper Berry

Juniperus communis 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **Plant Part:**



Berry

Extraction Method:

Steam distillation

Aromatic Description:

Balsamic, clean, woody, spicy

Main Chemical Components:

α -pinene, sabinene

PRIMARY BENEFITS

- Known for its ability to act as a natural skin toner and reduce the appearance of skin blemishes
- Promotes a clear and healthy complexion
- Has a calming, grounding effect

PRODUCT DESCRIPTION

Extracted from the berries of the Juniper tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry acts as a natural cleansing agent. Juniper Berry also acts as a natural skin toner and helps reduce the appearance of skin blemishes. Its woody, spicy, yet fresh aroma has a calming, grounding effect.

USES

- Apply one drop of Juniper Berry essential oil to promote a clear, healthy complexion.
- Diffuse with citrus oils to freshen the air and lessen stress.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional cautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

