

dōTERRA Helichrysum Touch

dōTERRA®

Helichrysum italicum 10 mL Roll-on

PRODUCT INFORMATION PAGE



CPTG®

Application: A T N

Ingredients: Fractionated Coconut Oil and Helichrysum essential oil

Aromatic Description: Earthy, woody, floral

Main Chemical Components: Neryl acetate, α -pinene, γ -curcumene

PRIMARY BENEFITS

- Best known for its topically restorative properties
- Used in anti-aging products for its rejuvenating benefits to the skin
- Promotes a glowing, youthful complexion

PRODUCT DESCRIPTION

A small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms, *Helichrysum italicum* is best known for its topically restorative properties. The name “Helichrysum” is derived from the Greek “helios” meaning sun, and “chrysos” meaning gold, referring to the color of the flowers. Helichrysum has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many benefits. Also referred to as “everlasting” or “immortal flower,” Helichrysum is used in anti-aging products for its rejuvenating benefits to the skin. Helichrysum Touch can help reduce the appearance of blemishes and it promotes a glowing, youthful complexion when applied topically.

USES

- Apply topically to reduce the appearance of blemishes.
- Apply to the face to promote a glowing, youthful complexion.
- Massage into the temples and the back of the neck for a soothing sensation.
- Apply topically to reduce the appearance of blemishes and scrapes.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

