

# Gardenia Touch

Gardenia jasminoides 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Fractionated coconut oil, gardenia flower

**Aromatic Description:** Floral, sweet, delightful oriental notes

**Main Chemical Components:** Linalool

## PRIMARY BENEFITS

- Invigorating to the senses when used in a massage.
- Helps maintain the look of healthy skin.

## PRODUCT DESCRIPTION

Gardenia is an elegant and beautiful flower with an exceptional fragrance, and has been greatly cherished by the Chinese people since ancient times. As early as the Tang Dynasty, gardenia was gifted to Japan as a symbol of peace and friendship. The essential oil yield from steam-distilled gardenia flower is very low. Massive amounts of gardenia flowers are required to produce a small amount of gardenia essential oil. Like jasmine essential oil, the beautiful fragrance of the gardenia essential oil is also a valuable perfuming ingredient.

## USES

- Prior to applying facial care products, gently massage a small amount onto the skin to enhance skin health and moisture retention.
- After washing your hair, dispense a small amount into the palm of the hand and apply onto hair and scalp for nourishment and moisture.
- Apply to pulse points for a whole day of to experience a positive day.
- Diffuse to promote feelings of peace and relaxation.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA fractionated coconut oil to minimize skin sensitivity. See additional precautions below

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.