

# Eucalyptus

Eucalyptus Essential Oil 15 mL

dōTERRA®

Product Information Page



**Application:** A T D

**Ingredients:** *Eucalyptus radiata*, *Eucalyptus polybractea*,

*Eucalyptus kochii*, *Eucalyptus loxophleba*, *Eucalyptus globulus*

**Aromatic Description:** Camphoraceous, Medicinal, Herbaceous

## Primary Benefits

- + Aroma creates a calm atmosphere during stressful circumstances
- + May have skin cleansing properties due to its main constituent 1,8 cineole

## Product Description

Australia is home to more than 700 types of fast-growing, flowering evergreens known as eucalyptus. Part of the myrtle family (Myrtaceae), these plants can grow to 60 feet tall and 15 feet wide. dōTERRA has selected five unique species to create its proprietary Eucalyptus: *Eucalyptus radiata*, *E. polybractea*, *E. kochii*, *E. loxophleba*, and *E. globulus*. The primary chemical component of these species is eucalyptol (1,8-Cineole), which is where this essential oil blend gets many of its benefits. The camphoraceous, herbaceous aroma can be revitalizing. Due to the oil's main constituent, 1,8 cineole, Eucalyptus also has skin cleansing properties. Eucalyptus also adds to a soothing massage.

## Uses

- + Diffuse or put a few drops on the hands, place them over the nose, and inhale deeply.
- + Add to a carrier oil or lotion during a soothing massage.

## Directions

**Aromatic use:** Add three to four drops to the diffuser of your choice.

**Topical use:** To apply topically, dilute one drop essential oil to 10 drops carrier oil.

See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face and sensitive areas.