

Eucalyptus

Eucalyptus radiata 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **Plant Part:**
A T S Leaf

Extraction Method:
Steam distillation

Aromatic Description:
Camphoraceous, airy

Main Chemical Components:
Eucalyptol, alpha-terpineol

PRODUCT DESCRIPTION

Eucalyptus trees are tall, evergreen trees that grow up to 15 meters in height and are sometimes referred to as Gum Trees. Eucalyptus oil offers many topical and aromatic benefits. The main chemical components of *Eucalyptus radiata* are eucalyptol and alpha-terpineol, making it an ideal oil to promote feelings of clear breathing and open airways, and for creating a soothing massage experience. Eucalyptus has purifying properties that can be beneficial for the skin and the air. Studies have shown that Eucalyptus is effective in helping lessen tension. Due to its cleansing properties, Eucalyptus can be found in mouth rinses to freshen breath and promote oral health.

USES

- Add one drop to moisturizer and apply to skin for revitalizing benefits.
- While showering, place a few drops in the hands, place over nose, and inhale deeply to invigorate and promote vitality.

PRIMARY BENEFITS

- Helps to clear the mind
- Promotes feelings of relaxation
- Promotes feelings of clear breathing
- Often found in mouth rinses to freshen breath and promote oral health
- Cleansing and purifying properties for the skin



DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.