

# dōTERRA Encourage® Touch

Essential Oil Blend 10 mL Roll-On

dōTERRA®

Product Information Page



**Application:** A T N

**Ingredients:** Fractionated Coconut Oil, Peppermint, Wild Orange, Clementine, Lemon, Rosemary, Coriander, Basil, Spearmint, Lemongrass, Tonka Bean, Cardamom, Melissa, Vanilla Absolute

**Aromatic Description:** Fresh, clean, minty

## Primary Benefits

- + Provides a fresh, clean aroma that complements goal setting and affirmations
- + Refreshes and nourishes skin
- + Delivers dōTERRA Encourage® in a gentle, easy-to-use roll-on applicator

## Description

Trying new things or developing healthy habits can be difficult or uncomfortable, causing you to doubt yourself or feel pessimistic. Positive self-talk, goal setting, and recorded progress are all effective ways to keep yourself moving forward. As you work to find the courage to take the next step, roll on dōTERRA Encourage® Touch. Convenient and gentle, the roll-on essential oil blend is ideal for those with sensitive skin or children. Breathe in the refreshing, citrusy, and minty aroma of dōTERRA Encourage® as you set yourself up for success and strive to make the most out of every day.

## Uses

- + Roll onto your temples before a day of hard work.
- + Apply to the back of the neck before giving a speech.
- + Glide onto the pulse points before participating in sports or other competitions.

## Directions

**Topical use:** Apply to desired area. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.