

Blue Tansy

Tanacetum annuum 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: A T N

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fruity, mellow, balsamic

Main Chemical Components: Sabinene, Chamazulene, p-Cymene, α -Phellandrene, β -Pinene, Camphor

PRIMARY BENEFITS

- Helps reduce the appearance of blemishes
- Provides a soothing sensation when applied to the skin

PRODUCT DESCRIPTION

Blue Tansy, also referred to as Moroccan Tansy, is an annual yellow-flowered Mediterranean plant found in northern Morocco. Chamazulene, a chemical component in Blue Tansy, provides the characteristic indigo color and is recognized for its skin soothing benefits. At the same time, the main chemical component Sabinene helps diminish the appearance of blemishes. When diffused, Blue Tansy provides a sweet aroma to fill any room. It's perfect for massaging into skin with fractionated coconut oil or lotion after a long day of work or intense exercise.

USES

- Add a drop to one to two ounces of your favorite moisturizer or cleanser and apply topically to help reduce the appearance of blemishes or soothe skin irritation.
- Include one to two drops in lotion for massage.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity or temporary staining. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces, fabrics, and skin.

