

Blue Tansy

*Tanacetum
annuum*

5 mL



Beautifully Blue

Also known as Moroccan Tansy, Blue Tansy essential oil is emotionally uplifting. Applied topically, it soothes muscles and supports healthy skin.

Usage Tips:



Add a drop to your favorite moisturizer or cleanser and apply topically to help reduce the appearance of blemishes or to soothe skin irritation.



Include one or two drops in lotion for a restoring massage after a stressful day or strenuous workout.



For a soothing massage, mix a few drops of Blue Tansy in Fractionated Coconut Oil and combine with a few drops of Lavender or Helichrysum and massage into shoulders and neck.

Is Blue Tansy Good for the Skin?

Blue Tansy essential oil is a prized ingredient in high-end skincare products thanks to its ability to promote a clear complexion. This is due to the main chemical component of Blue Tansy called Sabinene, which helps diminish the appearance of blemishes, fine lines, and wrinkles.

Blue Tansy contains camphor, which is renowned for giving relaxing relief when used on skin. Applied topically, Blue Tansy is soothing after a workout, making it a relaxing addition to a massage lotion.

What Does Blue Tansy Smell Like?

Blue Tansy essential oil has a refreshing, sweet, herbaceous aroma. It calms emotions and promotes a positive mood. Blue Tansy is a key ingredient in dōTERRA Balance® Essential Oil Blend thanks to its ability to help calm tension, stress, and irritability.



Where Does Blue Tansy Essential Oil Come From?

dōTERRA Blue Tansy is distilled from the flowers, leaves, and stems of the blue tansy plant, an aromatic Mediterranean plant in the daisy family with tiny flowers that grow in tight clusters. Surprisingly, the flowers are not blue but yellow. The oil's rich blue color is due to its chamazulene content, which forms during the steam-distillation process. Chamazulene is relaxing and soothing to the skin.

dōTERRA Blue Tansy essential oil is sourced in Northern Morocco, where the subtropical climate and cooling ocean breezes create the perfect growing conditions for the plant.

Due to Blue Tansy's dark color, this oil should be diluted prior to use to ensure it does not stain skin, fabric, or other surfaces.

Blue Tansy Diffuser Blends

Tangy Tansy

2 drops Blue Tansy
3 drops Tangerine
1 drop Grapefruit

Big Blue Sky

3 drops Blue Tansy
3 drops Copaiba
1 drop Lavender

Positive Morning

3 drops Blue Tansy
3 drops Lavender
4 drops Copaiba
2 drops Frankincense

Passionate Life

4 drops Blue Tansy
3 drops Passion
2 drops Lime

Scan me and Do It Yourself!



Blue Tansy
Facial Serum



Sore Muscle
Bath Salts

