

dōTERRA | ESSENTIAL

LEADERSHIP



Southeast Asia **Vol. 13**
Recognition Magazine



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The Courage to Connect

In every season of growth, one quiet factor shapes how far we go — connection.

Not just surface-level moments, but meaningful connections — the kind that gently ask us to step out of our comfort zone.

Many of us, at some point, have felt it — *the fear of rejection, the fear of judgment, the hesitation to be truly seen.*

These fears are human. But they can also hold us back from the very thing that allows us to grow.

In spaces like Silver Club, success is not just about milestones or results. It is about the relationships we build along the way. Strong teams are not formed by strategy alone, but by trust — and trust begins with connection.

Connection isn't always easy. It may look like starting a conversation when you feel unsure, opening up about your journey, or simply showing up for someone else. These small, intentional acts are what bring teams closer and create a sense of belonging.

When we look back at moments like our Silver Club graduations, we see more than achievements — we see connection in its truest form. In the shared laughter, the encouragement, and the quiet support behind each milestone, something meaningful is built. It is in these moments that we witness the unity of dōTERRA Singapore growing stronger — as one dōTERRA.



And it begins with us. When we show up with openness, we make it easier for others to do the same — and that's how teams truly grow, side by side.

So I invite you to reflect:

*Where might fear be holding you back?
Who can you reach out to today?
And how can you create a space where others feel seen and valued?*

You don't need to have all the answers — only the courage to take the first step. As we look ahead to 2026, let us be more intentional in how we connect, support, and grow with one another.

*Let us choose courage.
Let us choose connection.
And together, let's build something that truly lasts.*

With belief in you,
Geraldine Toh
General Manager, dōTERRA Singapore



A Message from the Heart: Choosing to SHINE

As I look back on 2025, my heart overflows with gratitude. **To our Wellness Advocates, customers, and employees: thank you.** You are the heartbeat of dōTERRA Malaysia. Your unwavering dedication — whether in sharing essential oils or supporting Healing Hands projects like Dual Blessing and NCSM — proves that our influence extends far beyond a single bottle. Together, we are not just a company; we are a movement of compassion, bringing hope and healing to communities that need it most.

This year, our Southeast Asia Convention theme is SHINE, inspired by the vision of our Founding Executive, Emily Wright.

Shine Inward

As Emily reminded us, shining inward means remembering who you are — and whose you are. It is about loving ourselves enough to reconnect with our “Why.” True impact does not come from exhaustion, but from the strength and alignment found in our belief in natural wellness.



Shine Outward

From that inner light, we extend outward to bless our families, our communities, and the people we serve. This is not about selling — it is about loving. Through simple education and sincere sharing, every drop becomes a chance to illuminate someone else's journey.

Shine Together

Finally, we shine as one. As Emily beautifully expressed: “Alone, each light is beautiful. But together, we form constellations that guide the world.” When our actions align, we move from personal impact to collective transformation — igniting change that can illuminate entire nations.



As we move forward, let us carry this truth: When we choose to shine, the light multiplies. When we shine together, we can help the world heal — one drop, one person, one community at a time.

Warmest Regards,
Ethan Wang
General Manager, dōTERRA Malaysia

Thailand 2026: Focused on What Drives Success

At dōTERRA Thailand, our direction is clear, we are returning to what truly drives success. In today's fast-changing environment, simplicity and focus matter more than ever. That is why we are aligning our entire organization around our "3 Focuses to Success": Basic Work, Tools, and Expansion.

We begin with Basic Work. True growth does not come from complexity, but from consistency. Enrolling and building strong Loyalty Rewards Program (LRP) habits remain the foundation of every successful Wellness Advocate (WA) journey. At the same time, we are expanding our portfolio with a wider variety of products that better serve customer needs and are suitable for monthly consumption. This allows our WAs to build sustainable, repeat purchasing behavior while delivering real value to customers.

Next, we strengthen our Tools. Our commitment is to equip every WA with what they need to succeed and powerful products, impactful promotions, and simple, duplicable programs. With our enhanced compensation plan, we ensure that effort is recognized and rewarded in a meaningful way.

Finally, we accelerate Expansion. Leadership is not just about personal success—it is about multiplying others. Our focus is to help more leaders progress from "Be" to "Build" and ultimately "Multiply," with the Silver rank as a key milestone. The Silver Club plays a critical role in this journey. As a globally proven program within dōTERRA, it provides a clear system to build momentum, drive enrollments, and develop confident, capable leaders.

I truly believe that when we stay focused, disciplined, and united, we will unlock the next level of growth together while returning to our roots and moving forward with purpose to help the world heal and be a "FOREVER COMPANY".



By Niti Wattanachongkol
General Manager, dōTERRA Thailand



Rooted in Nature, Empowering Communities: Ginseng from Changbai Mountain

Renowned as the "King of Herbs," ginseng from the Changbai Mountain region is prized for its exceptional quality, shaped by a pristine natural environment and generations of traditional knowledge. Grown over five to six years, this slow and careful cultivation allows the plant to develop its full potency, resulting in a premium botanical of remarkable value.

Beyond quality, ginseng cultivation plays a vital role in supporting local communities. By providing farmers with a higher-value crop, it offers improved income and sustainable livelihoods compared to conventional agriculture.

The process is both delicate and demanding — each harvest requires deep respect for nature, with land often needing decades to recover before it can be cultivated again. This highlights not only the rarity of ginseng, but also the commitment behind every harvest.



This reflects the spirit of Co-Impact Sourcing — where responsible sourcing goes hand in hand with community empowerment. From the mountains of Changbai to homes around the world, ginseng represents more than wellness — it is a story of purpose, people, and positive impact.

IKISE (Smooth & Rich)

Inspired by Japanese beauty traditions, IKISE™ bridges a sense of inner well-being and outer radiance. This luxurious collection combines clean innovation with CPTG® essential oils, offering pure care without toxins, synthetic fragrances, or fillers.

Formulated to hydrate, visibly brighten, and restore the appearance of vitality. The IKISE range provides customizable rituals for all skin types. It is crafted for those who value the harmony of science and nature, delivering powerful, visible results aligned with your daily self-care goals.

IKISE™ Face Wash

A gentle foaming cleanser with Lauric acid to purify, balance without stripping skin.

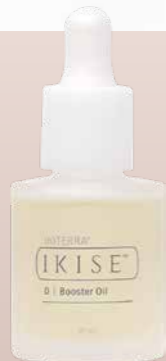
Natural Origin Index 99%



IKISE™ Booster Oil

A multitasking oil for face, scalp, and body that provides hydration and radiance.

Natural Origin Index 99%



IKISE™ Smooth and Rich Lotion

Refines the appearance of pores and tone, and preps skin for the next step with lightweight hydration.

Natural Origin Index 94%



IKISE™ Smooth and Rich Dual Serum

Two serums in one to boost glow, hydrate, refine texture and support skin's youthful appearance.

Natural Origin Index 91%



IKISE™ Face Cream

A light yet long-lasting cream that seals in hydration and supports a healthy, radiant skin barrier.

Natural Origin Index 99%



A Force of Nature

Derived from millions of years of compressed ancient plant matter, Humic Shale is a mineral-rich powerhouse valued for its remarkable benefits.

Packed with trace minerals like magnesium, calcium, and iron, it promotes skin clarity.

4-Step Skin Ritual



Step 1: CLEANSE

A gentle cleanser featuring Lime, Litsea, and Petitgrain essential oils. It removes impurities while soothing and rebalancing for soft, revived skin.



Step 2: HYDRATE & PREP

Infused with CPTG® Frankincense and Humic Shale, it deeply soothes dryness and supports the skin's barrier against environmental stressors, diminishing visible signs of aging for a smoother, healthier glow.



Step 3: TREAT

Powered by CPTG® Frankincense and mineral Humic Shale, this formula deeply hydrates with Niacinamide, Vitamin B12, and Hyaluronic Acid. It strengthens the moisture barrier, minimizes fine lines, and refines skin texture.



Step 4: SEAL & PROTECT

A rich, velvety cream infused with Buntan and Copaiba essential oils. It supports the skin barrier and locks in lasting moisture without the weight.



ENHANCER: Booster Oil

A skin-loving plant-based oil that deeply hydrates and nourishes. With high spreadability, it softens the skin and prepares it for optimal absorption of your next skincare steps.



The Power of 5 Proprietary Blends

1.

Nutrition Blend

A synergy of plant-derived vitamins and minerals to support your body's daily nutritional requirements.

2.

Superfood Blend

A vibrant collection of greens and fruits — like Spirulina, Kale, and Aronia — packed with natural antioxidants and phytonutrients to support a healthy lifestyle.

3.

Support Blend

Featuring L-Glutamine, CoQ10, and botanical polyphenols to help protect your cells from oxidative stress and support overall wellness.

4.

Biotransformation Blend

We use a specialized Fermentation Process for ingredients like Okra, Black Rice, and Chili. This biological transformation helps unlock the nutrients.

5.

Boosting Blend

A unique combination of plant fibres and essential oils (like Ginger and Peppermint).

Primary Benefits

Supports Overall Well-being

VMG+ is formulated to support general health and maintain everyday wellness.

Bridges Nutritional Gaps

Provides a comprehensive range of essential vitamins and minerals to help supplement your daily diet and meet your personal nutritional goals.

Supports Energy and Vitality

Helps supports energy levels through a science-backed blend of vitamins and minerals.

Maintains Body Functions

Contains essential nutrients that support the body's natural processes for maintaining good health.

Supports a Healthy Lifestyle

Provides antioxidant support and phytonutrients that contribute to the maintenance of a healthy body and overall physical resilience.

Supports Healthy Skin & Nails

Enriched with Biotin and Vitamins A and C, which are essential for maintaining the health of your skin and the strength of your nails.

How to Use

Take 1 stick per day. Add contents of stick to 200mL of cold water or the liquid of your choice. Avoid adding to hot drinks. Shake or stir before drinking.

Cautions

Consult your physician before use if you are pregnant or nursing, have a medical condition, or take any medication. Keep out of reach of children. Do not use if the safety seal is broken or missing.

Daily Wellness Routine

Pairing VMG+ with dōTERRA PB Assist+ (12B) once a day is an excellent way to maintain your inner balance and daily health. For a refreshing boost, you can even mix VMG+ and MetaPWR® Advantage together in the same bottle of cold water!

VMG+

*Botanical Beverage Mix
Barley Grass with Pea Protein*

Redefine Your Daily Nutrition

VMG+ stands for Vitamins, Minerals, Greens, and more — an advanced, support nutritional beverage mix designed to support your daily wellness. This advanced formula features a sophisticated blend of over 80 high-quality ingredients, combining the best of nature and science in a single, convenient sachet.

Crafted with a base of Barley Grass and Pea Protein, VMG+ is a clean, plant-based solution that fits perfectly into a vegan and gluten-free lifestyle. It delivers a comprehensive profile of whole-food vitamins, minerals, and phytonutrients, enriched with CPTG® essential oils to help you maintain your daily vitality and foundational well-being.



RevitaZen™ Essential Oil Blend

Modern life often brings with it a fast pace and a variety of influences that can feel overwhelming. Creating small rituals that connect us back to nature and balance can be a meaningful way to navigate daily routines.

RevitaZen™ Essential Oil Blend brings together a carefully curated mix of botanicals, each appreciated for its distinctive aroma and cultural significance. The blend is designed as a fragrant companion to moments of pause, reflection, and renewal, offering a sensory connection to mindful living.

Primary Benefits

- **Features a vibrant blend of Tangerine and Rosemary, often appreciated for their refreshing aroma that brings a sense of brightness to daily routines.**
- **Enriched with Ginger, a botanical long valued in many cultures for its grounding qualities.**
- **Formulated with Juniper Berry, a botanical rooted in ancient practices, admired for its crisp, clean scent.**
- **Balanced with the distinctive freshness of cilantro, offering a green, herbaceous note.**



How to Use

- Place three to four drops of RevitaZen™ in the diffuser of your choice for a refreshing, citrusy aroma.
- Mix one to two drops of RevitaZen™ with one to two tablespoons of dōTERRA Castor Oil. Apply diluted directly to the skin, on a castor oil pack or navel patch.

Cautions

Consult your physician before use if you are pregnant or nursing, have a medical condition, or take any medication. Keep out of reach of children. Do not use if the safety seal is broken or missing.

Bringing Hope Home: dōTERRA Malaysia Supports “Coming Home Dreams Angel 2025”



In a meaningful celebration of compassion and community, dōTERRA Malaysia was honoured to be invited to the charity dinner of Dual Blessing Bhd (双福升维发展协会) for the “Coming Home Dreams Angel 2025” (爱回家之梦想天使 2025) campaign.

As a proud sponsor of this heartwarming initiative, dōTERRA Malaysia contributed **RM10,000** in support of Persons with Disabilities (PwDs). This contribution aims to help individuals reunite with their families and loved ones in time for Chinese New Year — a season centred on togetherness, warmth, and belonging.

More than just a sponsorship, this effort reflects a deeper commitment to uplifting communities and creating meaningful impact where it matters most.

Extending this spirit of giving, the public is invited to be part of the journey. Through the purchase of the **#SPARoseHandLotion**, where **100% of the proceeds** go towards supporting dōTERRA’s Healing Hands initiatives, every contribution becomes a step towards bringing hope, care, and joy to those in need.

Together, through small acts of kindness, we can make a lasting difference — and bring more hearts home.



Caring for Our Elders: A Gesture of Compassion and Support

dōTERRA Malaysia contributed **RM13,000** to Pertubuhan Kebajikan Orang Tua Shan Xing, supporting the essential living needs of its elderly residents – a reflection of its ongoing commitment to care for vulnerable communities with dignity and respect.

During the visit, the dōTERRA team and Wellness Advocates spent meaningful time with the residents, offering gentle essential oil massages to help relieve physical discomfort and promote emotional well-being. These simple yet thoughtful moments brought comfort, joy, and a sense of connection.

More than a donation, the initiative was a reminder that true impact lies in presence, compassion, and the willingness to care.



**Because true wellness
begins with
community**

Giving Hope, Sharing Love: dōTERRA Malaysia at Dual Blessing Charity Bazaar 2025

For the third consecutive year, dōTERRA Malaysia proudly participated in the Dual Blessing “Giving Hope & Sharing Love” Charity Bazaar 2025, held on 6 July 2025 at SJK (C) Lai Meng, Bukit Jalil, Kuala Lumpur.

This meaningful initiative brought together communities with a shared purpose – to raise RM250,000 in support of persons with disabilities, focusing on accessible transportation, operational support, and computer skills training to empower greater independence and opportunity.

With the unwavering support of our dedicated members, dōTERRA Malaysia contributed RM10,000 through the purchase of the beloved SPA Rose Hand Lotion. This collective effort reflects the power of community – where every act of giving creates a ripple of positive impact, uplifting lives and strengthening futures.

Beyond the event, this spirit of generosity continues. Through the SPA Rose Hand Lotion, where 100% of proceeds are channelled to dōTERRA Healing Hands initiatives, and Hope Touch, with RM40 from each purchase contributed, every small act becomes part of a larger mission to support those in need across Malaysia.

dōTERRA Malaysia extends heartfelt appreciation to Dual Blessing for the opportunity to be part of this inspiring movement – one that reminds us that together, we can create meaningful change.

Together, we give hope



Together, we share love



A Day of Connection: dōTERRA Malaysia Visits Dual Blessing Center

In a meaningful gathering filled with warmth and heartfelt connection, dōTERRA leaders and members came together to visit 双福升维发展协会 (Dual Blessing Center), creating moments that went far beyond the ordinary.

The day unfolded through a series of engaging experiences – from joyful games that offered a glimpse into life from a different perspective, to sincere sharing sessions that fostered understanding and empathy. Gentle moments of relaxation with essential oils brought comfort, while laughter and lighthearted conversations during a small shopping session added a joyful close to the visit.

Each interaction reflected a deeper purpose – not just to give, but to connect, to listen, and to share in the beauty of human experiences.

dōTERRA Malaysia extends its heartfelt appreciation to the Dual Blessing Center for their warm hospitality, and to every member of the dōTERRA family who showed up with compassion and kindness.

More than a visit, it was a reminder that true impact lies in the connections we build – through presence, care, and the simple act of sharing.

Together, we share more than wellness – we share humanity.



dōTERRA Malaysia at Relay for Life 2025: A Touch of Wellness and Compassion

In a heartfelt show of support, the dōTERRA Malaysia team participated in Relay for Life 2025 – standing alongside the cancer community through compassion, connection, and wellness.

At the dōTERRA booth, participants were invited to experience moments of comfort through soothing hand, neck, and leg massages, thoughtfully paired with essential oils. These small yet meaningful touches offered a sense of relaxation and care throughout the event, creating a space where individuals could pause, recharge, and reconnect.

A special highlight of the day was the presence of Duli Yang Maha Mulia Raja Permaisuri Perak Darul Ridzuan, Tuanku Zara Salim, who graciously presented a token of appreciation to Ethan Wong, General Manager of dōTERRA Malaysia. Her Royal Highness also experienced the aromatherapy hand massage firsthand, marking a memorable and meaningful moment for the team.

The event was made even more impactful with the support of dedicated dōTERRA Wellness Advocates, whose presence and contributions reflected a shared commitment to giving back to the community.

Relay for Life Malaysia is a significant annual event that brings communities together to honour cancer survivors, remember loved ones, and support the efforts of the National Cancer Society Malaysia (NCSM) in raising vital funds for cancer prevention and support services.

More than just participation, this initiative reflects dōTERRA Malaysia's ongoing commitment to making a difference – extending care beyond products and into the lives of the communities we serve.



Thailand Healing Hands Story:

"One Drop, One Heart, One Life"

Celebrating 3 Years of Peppermint Healing Hands, Healing Heart



At dōTERRA Thailand, we believe that true wellness goes beyond individuals, it extends to communities. Since our establishment in Thailand in 2021, the Healing Hands Project has been a key initiative in creating meaningful and lasting social impact because at our core, we help the world heal.

In our first year, we donated approximately THB 1.2 million (USD ~36,000) to support the purchase of essential medical devices for children in need. Building on this commitment, we launched the Peppermint Healing Hands, Healing Heart initiative in 2023, inviting our community to be part of giving in a simple yet powerful way. For every purchase of Peppermint Essential Oil (15 ml), THB 30 (USD~1) is contributed to the Children's Hospital Foundation.

Through this initiative, we have donated over THB 400,000 (USD ~12,000) to date and have supported more than 100 pediatric patients each year, helping provide access to critical medical care and treatment. What may seem like a small contribution becomes a powerful force when combined across our Wellness Advocates and customers nationwide.

Healing Hands represents more than a donation, it reflects compassion, unity, and the spirit of giving that defines dōTERRA. As we look ahead, we remain committed to continuing this initiative into 2026 and beyond, expanding its impact and reaching even more children and families in need.

The more you share, the more you uplift lives from the other side of the bottle. Together, we help the world heal with one drop, one heart, one community at a time.



Rise: dōTERRA Singapore Celebrates 10 Years

In 2025, dōTERRA Singapore marked a major milestone – 10 incredible years – with a vibrant anniversary celebration themed Rise. It was a day filled with energy, gratitude, and momentum as the community came together to honour how far we've come and where we're heading next.

Before the main stage event began, attendees were welcomed into Wellness Wonderland – an experiential showcase designed to bring the dōTERRA lifestyle to life.

This interactive space allowed guests to explore and experience new and existing products firsthand, engage with wellness education, and gain deeper insight into our new products. It set the tone for the day: immersive, engaging, and rooted in education and discovery.



Rise kicked off with a high-energy drum performance featuring our Blue Diamonds, Diamonds, and professional performers on stage. The rhythm, unity, and presence brought the room alive – symbolising a decade of rising together as one community.

A heartfelt highlight of the celebration came through a surprise segment featuring birthday wishes from dōTERRA Founders and executive leaders.

Their messages of appreciation and encouragement honored the Singapore community's 10-year journey, acknowledging the dedication, impact, and commitment of leaders and members alike. The surprise brought a warm and emotional moment to the celebration, reinforcing the sense of global connection within the dōTERRA family.

A major highlight of Rise was the introduction of new innovations that strengthen our foundational wellness journey – VMG+, EO Mega, and PB Assist Stick, designed to support daily core health, alongside the exciting Frankincense line expansion with Frankincense Boswellic Complex and Frankincense Stick, bringing even more depth to our wellness offerings.

We were honoured to host amazing leaders from around the world:

- Elena Yordan (Blue Diamond, US)
- Lee He Rong (Presidential Diamond, MY)
- Lee Pei Xuan (Blue Diamond, MY)
- Steven Hsiung (Triple Diamond)

Their presence brought inspiration, experience, and celebration energy to the stage.



Rise was more than an anniversary – it was a celebration of community, growth, and belief. Ten years behind us, and an even brighter future ahead.

We don't just celebrate milestones – we rise from them.

Reclaim Anniversary: Celebrating 8 Years of dōTERRA Malaysia

Reclaim Anniversary: Celebrating 8 Years of dōTERRA Malaysia
A truly memorable milestone, the dōTERRA Malaysia Reclaim Anniversary marked eight incredible years of growth, connection, and impact.

The celebration brought together a vibrant community united by purpose — from powerful messages that inspired and moved hearts, to joyful reunions that rekindled meaningful connections. Exciting product launches and uplifting moments throughout the event created an atmosphere filled with energy, passion, and possibility.

Every smile shared, every embrace exchanged, and every cheer echoed the strength of a community dedicated to making a difference — a reminder of the greater mission to help the world heal, one drop at a time.

More than a celebration, this anniversary was a reflection of how far we have come — and a powerful step forward into the future.

As we look ahead, we continue this journey together — embracing growth, wellness, and lasting impact.

Together,
we RECLAIM our power.



Shine Post Convention 2025: A Community That Shines Together



On 25 October 2025, dōTERRA Malaysia brought the spirit of Shine to life at the prestigious Sunway Resort Hotel, gathering leaders and members for a day of connection, inspiration, and forward momentum.

Echoing the energy of the global convention, the event featured impactful sharing sessions that offered fresh perspectives and renewed direction. A key highlight was the exclusive launch of the Frankincense Stick + Naio Wood and Naio Wood Essential Oil — innovations that drew strong excitement and reflected the brand's commitment to quality.

Guests experienced a thoughtfully curated programme, from Terra Talk sessions and hands-on Essential Oil Experiences to meaningful connections at the Do Café. Wellness activities, DIY sessions, and the AromaTouch hand technique added a personal and engaging touch throughout the day.

With moments of excitement from lucky draws and exclusive promotions, the event reflected a community growing stronger together

More than a gathering, it was a celebration of progress — and a shared journey to continue shining.



Sharer Club 3.0 Graduation Trip 2025

A look back at the unforgettable moments from our Sharer Club 3.0 Graduation Trip, held on 18–19 July 2025 — a celebration of growth, connection, and achievement.

From an engaging team-building treasure hunt thoughtfully organised by the dōTERRA committee team, to a rejuvenating getaway paired with inspiring corporate sharing sessions, every moment reflected the spirit of collaboration and success.

More than just a trip, it was a meaningful milestone — honouring the journey we've taken and the community we continue to build together.

As we move forward, let's carry this momentum with us and continue building a sustainable, thriving dōTERRA business.

See you in the next chapter
Silver Clubs Awaits



Silver Club 2025 Graduate Celebration Dinner: A Night to Remember



On 7th March 2026, we came together to celebrate an incredible milestone — the Silver Club 2025 graduates.

The evening was filled with excitement, pride, and powerful stories of growth. These leaders didn't just complete a program — they showed consistency, courage, and commitment to level up their business and leadership. And behind every success story stood their mentor uplines, guiding, supporting, and cheering them on every step of the way.

It was a beautiful reminder: no one succeeds alone.

But this night wasn't just about celebrating the past — it was about igniting the future.

The graduates proved one thing clearly: this is possible. And now, it's your turn to SHINE.

Ready to grow?

Ready to lead?

Ready to be celebrated next?

Say yes to your next level. Commit to the journey. Join Silver Club — and we'll see you at the next celebration.



Wellness Made Simple: Turning Everyday Habits into Lasting Change

In 2025, dōTERRA Malaysia hosted three Wellness Made Simple workshop sessions, each designed as a two-day experience bringing people together to learn, share, and grow.

The workshops focused on helping participants better understand their bodies through simple health insights and body data awareness. With this foundation, they gained clarity on what their bodies truly need and how to make better daily choices.

Nutrition was introduced in a practical way, making it easier to build habits that fit into everyday life. Participants also learned how to incorporate dōTERRA wellness products and essential oils into their routines.

A key highlight was the opportunity to connect closely with speakers, whose real experiences made the sessions more engaging and relatable. The workshops also celebrated leaders for their progress in both wellness and business, creating a strong sense of encouragement within the community.

More than a workshop, it was a starting point — where small steps lead to lasting change.



dōTERRA Thailand Event: "A Time to Connect, Update, and Celebrate" dōTERRA Thailand Postconvention 2025

In November 2025, dōTERRA Thailand Post-Convention brought the energy of SHINE Connection 2025 to life sharing future direction, the latest clinical insights, and scientific advancements. We also gained valuable insights from Thailand Blue Diamond Pornpavit Wongpresert and Dr. Phartchai Rueansit. We proudly celebrated 63 Australia SEA Incentive Trip winners, 38 Silver Club graduates, and 5 dedicated coaches.

Thank you to our Wellness Advocates for your outstanding commitment and hard work, driving strong momentum and a bright future ahead.





Celebrating Connection and Growth: dōTERRA SEA Leaders Day 2025

dōTERRA SEA Leaders Day 2025, held on 20 – 21 June, brought together leaders from across Southeast Asia for two inspiring days of connection, growth, and shared purpose.

Through powerful sharing sessions by corporate speakers and invited leaders, attendees gained fresh insights, practical strategies, and inspiration to fuel their dōTERRA journey. More than just a learning event, it was a meaningful gathering where leaders from diverse backgrounds connected and grew together.

United by a shared mission — to help the world heal, one drop, one person, and one community at a time — the event was filled with passion, authenticity, and heart.

Thank you to every leader who showed up and made this gathering truly special. Until next time —

keep shining and sharing!



Shining Together: dōTERRA SEA Leaders Day 2026

dōTERRA SEA Leaders Day 2026, held from 6 – 7 March, brought together leaders from across Southeast Asia for two inspiring days of connection, growth, and shared purpose.

The event began with an energizing and heartfelt opening, as leaders gathered for a meaningful day filled with reflection and powerful conversations. Through impactful sharing sessions and personal stories, attendees were encouraged to “shine inward” — to reconnect with their purpose, clarify their “why,” and embrace how their unique journeys can inspire and uplift others.

As the event unfolded, the momentum continued to build. Leaders explored what it means to shine not only inward, but also outward and together. Through insightful strategies and authentic exchanges, they gained new perspectives on empowering their teams, strengthening their leadership, and creating a lasting impact in the communities they serve.

The atmosphere was one of passion and authenticity, brought to life by speakers and leaders who took the stage with sincerity and heart. Each session served as a reminder that leadership is not only about growth, but also about connection, purpose, and service.



dōTERRA SEA Leaders Day 2026 was more than just an event — it was a celebration of unity and vision. As leaders returned to their markets, they carried with them renewed inspiration to continue uplifting others and helping the world heal —

*one drop,
one person, and
one community
at a time.*



A Journey Beyond Rewards: dōTERRA Southeast Asia Incentive Trip 2026 - Brisbane

Set against the vibrant skyline of Brisbane, the dōTERRA Southeast Asia Incentive Trip 2026 brought together leaders for a journey that celebrated achievement, connection, and growth.

From close encounters with Australia's unique wildlife — including feeding kangaroos — to an unforgettable evening at the Australian Outback Spectacular, each moment offered a meaningful blend of culture and experience. The journey continued with inspiring seminars, scenic yacht rides, and breathtaking helicopter views, creating memories that were both exciting and enriching.

Beyond the experiences, the trip created valuable space for leaders to reconnect, exchange ideas, and strengthen bonds within the community — all while gaining fresh perspectives for the journey ahead.

More than a reward, it was a shared milestone — a celebration of how far we've come, and the possibilities still to unfold.



Presidential & Blue Diamond Summit 2026: Where Leadership Meets Purpose

In the heart of Vietnam, the Presidential & Blue Diamond Summit 2026 brought together dōTERRA's top leaders for a journey that blended inspiration, connection, and meaningful impact. Surrounded by breathtaking landscapes, rich culture, and local experiences, every moment reflected a celebration of growth and achievement.

A defining highlight was the visit to the Ginger & Cassia distillery in Hanoi, where leaders experienced Co-Impact Sourcing® firsthand. From witnessing the meticulous distillation process to understanding the effort behind every drop — up to 1,000 kg of ginger for just 2-3 litres of oil — the experience offered a deeper appreciation of purity, sustainability, and the people behind it.

Beyond the experiences, the summit created valuable space for leaders to connect, exchange ideas, and engage with the corporate team — strengthening relationships and shaping the path forward together.

More than a destination, it was a journey of purpose — where leadership grows, and impact begins.





New Presidential Diamond - Dr. Phartchai Rueansit



Success Begins with a Decision Not Perfect Timing

From Seeing Opportunity in Uncertain Times to Helping Others Grow Along the Way. If someone asked me which day changed my life the most, my answer would not be the day I achieved the rank of Presidential Diamond. It would be the day I decided to start with doTERRA.

Back in the year 2021, the world was facing one of the most challenging periods in recent history. The COVID-19 pandemic had created uncertainty in nearly every aspect of life. While many people chose to wait for things to become clearer, I spent that time studying this business seriously. The more I learned, the more I realized that what doTERRA was building was far more than a product business or an income opportunity. It was about helping people improve their lives, discover their potential, and create new possibilities for themselves and their families. At that time, doTERRA had not yet officially launched in Thailand. Enrolling members, ordering products, and building a business all came with challenges and limitations. Many people chose to wait until everything was fully established. But I believe that if you truly see the future potential of something, starting early can become an advantage. So, I made the decision to begin.

I didn't start when everything was ready. I started when I saw an opportunity, and that decision changed my life forever.

As time passed, my belief only grew stronger. I witnessed people improving their health, families creating additional income, and ordinary individuals discovering strengths they never knew they had. Many of them grew into confident leaders capable of guiding and supporting their own teams. That became the reason I continued moving forward.

When I set my goal to achieve Presidential Diamond, I never viewed it as a title to pursue. My focus was simply on helping my team grow stronger and creating a stable foundation for long-term success. I believed that if we focused on developing people, the rank would naturally follow.

The qualification journey was one of the most demanding seasons of my career. I worked closely with my team almost every day – traveling, planning, solving challenges, and building together. There were months without real breaks. Of course, there were days when I felt exhausted and discouraged. But every time I saw my team continue to push forward, every time I saw people refusing to give up on their goals, I found a reason to keep going as well. My motivation was never the title at the end of the journey. It was seeing people discover their potential, develop into leaders, and build a stronger future for themselves and the people they love.

When I achieved Presidential Diamond, I didn't immediately think about the title. My mind went back to the people who had walked this journey alongside me – the leaders who never stopped believing, the team members who continued showing up every day, and the shared commitment that carried us through every challenge along the way.

That was when I realized that this achievement meant far more than a rank.

It represented trust. It represented teamwork. And it represented the growth of many people who had walked this journey together. I know this achievement was never mine alone. It was built through the belief, commitment, and determination of an incredible team.

For me, Presidential Diamond is not the end of the journey. There is still so much more to do, so many leaders are still growing, and so many people are looking for an opportunity to create something better for themselves and their families. Today, I may have reached the rank of Presidential Diamond, but what means the most to me is not the title. It is seeing the people who started this journey with me become stronger, more confident, and successful in their own way.

When I look back, that is what I am most proud of. **Because true success is not measured by how high we climb, but by how many people we help rise with us.**





New Diamond -
**Annie Ooi &
Tang Po Lee**

In the early days of this journey, I didn't set out to build a career out of dōTERRA. I was simply using essential oils for myself and family members, merely sharing their benefits with loved ones around me. But when I witnessed the tremendous benefits of dōTERRA essential oils, I realised the deep connections arising from the usage and became very certain that this is what I had always yearned for after watching the transformations from the usage. At this point, I have absolutely no doubt that this was a journey worth taking — and one worth staying on for all time. I then decided that this is it and followed my heart.

I decided to step out of my small comfortable world to embrace others and create new possibilities. I see a different version of myself — one that is empowered and luminous. And it all starts with a sincere, beautiful moment of giving coupled with lots of love.

I will never rush into making a hard sale. Instead, with lots of patience I continued my practice of giving out sample oils, offering companionship, and hosting free workshops. My goal is simply to make people feel cared for but this approach doesn't yield instant results; for a while, my contact list stayed stagnant and the numbers didn't move. I felt deeply discouraged and lost.

In those shadows, I doubted myself questioning that I'm not enough or maybe I don't belong to the essential oil world. During those tough times, my family, especially my husband, was my true anchor. They would encourage me and assured me that what I am doing is right. In their words 'Just do what you know how to do. Just take care of people.' That shifted everything.

When I stopped trying to be "impressive" and started focusing on being "true" for people, my power returned. Now, when I feel stuck, I slow down. I use my essential oils, I rest, and I return to my roots of faith and love. When the heart is steady, the world's storms feel small. Doubt isn't a sign to stop; it's just the growing pains of a soul in progress.

From the Power of Giving to
the Beacon of Success:

A Life Transformed

My journey with dōTERRA did not begin with financial ambition, but with a heart yearning to care for the ones I love. At a time when my father was facing challenging health conditions and reliant on numerous chemical products, I desperately sought natural alternatives to support his well-being. Around the same time, my best friend was looking for a way to comfort her sensitive skin. That was when I discovered dōTERRA. The results of introducing these products to my father and friend were nothing short of amazing; within just a few weeks, their overall well-being improved incredibly. That profound turning point compelled me to dive deep into understanding dōTERRA.

What truly unlocked my conviction in essential oils was their unrivaled purity, high efficacy, and the CPTG certification a gold standard that sets dōTERRA worlds apart from any other brand. Captivated by this absolute purity, I naturally began sharing it. Initially met with skepticism and misunderstanding, the narrative shifted the moment they experienced it firsthand. The essential oils worked beautifully to enhance their wellness, leaving everyone astonished and transforming them into lifelong users.

I fell in love with sharing so deeply that I realized this wasn't just a career; it was my true calling. In my 20 years of professional experience, I have never encountered a culture as beautiful as dōTERRA. It transcends commercial sales; it is a culture of genuine giving, elevating lives, and offering opportunities with a pure heart. This profound environment has unconsciously expanded and enriched my own soul.

dōTERRA products do not merely nurture the physical body; they comfort the mind and resonate deep within the spirit. Through this business, I have grown immensely gaining profound product expertise, mastering an exceptional compensation plan, and building a high-performing professional team.

I am just an ordinary woman, the sole pillar of my family. When the COVID-19 crisis struck and crumbled our financial stability, finding dōTERRA felt like a



New Diamond -
Chutinun Sukmak

guiding light. It became our vehicle through difficult times. Starting from humble steps, I committed myself to mastering dōTERRA systems and tools and began cultivating my team. dōTERRA acts as an elite academy, providing a world-class business pathway with a crystal-clear trajectory for growth.

Today, my faith is absolutely in the company, the products, the business plan, my team, and ultimately in myself. I fiercely believe that through dōTERRA, we possess the power to touch lives and change the world. This is a company complete in every dimension, offering not only limitless abundance and prosperity, but also fulfilling the hearts of those who dare to transform the world together.

Finding Balance: *My Journey* with Yoga & dōTERRA

“Wellness is not achieved overnight — it is a daily practice.”

For over 23 years, yoga has been at the center of my life. What began as a passion became my purpose — helping people understand their bodies and live in balance. My commitment to health was shaped early on by watching my parents struggle with chronic conditions like high blood pressure, blood sugar, and cholesterol. It reminded me that health should never be taken for granted.

I chose prevention through consistent practice, mindful living, and self-care — not just for myself, but for those I guide.

About 12 years ago, I was introduced to dōTERRA. Already a believer in natural wellness, I was deeply inspired by how essential oils supported emotional balance and relaxation. Over time, they became part of my daily routine — helping me reset mentally and physically.

Later, I experienced the benefits of dōTERRA’s wellness supplements. As a yoga instructor with an active lifestyle, I noticed improved energy, recovery, and overall vitality. It wasn’t about quick results, but consistent support. That was when I knew this was something worth sharing.

I began introducing these tools to my students and saw meaningful changes — not just physically, but emotionally. When stress reduces, the body opens, and practice deepens. Yoga evolved into a more holistic wellness experience.

Of course, the journey came with challenges. Moving beyond teaching into sharing and building a business required courage. There were doubts, but I stayed grounded in authenticity. I shared honestly from my own experience, and over time, I learned that people value sincerity over perfection.

Through this journey, I discovered that true wellness is multi-dimensional — combining movement, nutrition, rest, and emotional care. Yoga provided the foundation, while essential oils and supplements completed the picture.

Today, my mission goes beyond teaching yoga. It is about guiding people toward balance — helping them reconnect with their bodies and take meaningful steps toward better health.

Looking back, I am grateful for every part of the journey. Because true transformation begins with a choice: to live well, to share sincerely, and to help others find their balance — before it’s too late.



New Diamond - **Darren** **Chen**



New Diamond -

Ratana **Praphakarn**

How dōTERRA Helped Me Reclaim Time, Family, and Purpose

For many years, my life revolved around responsibility. After separating from my husband when my daughter was only three years old, I became a single mother and the sole provider for my family. Like many parents, I believed that working harder was the best way to create a better future for my child. Because of work, I had to leave my daughter in the care of my older sister. My days were filled with work, deadlines, and responsibilities. Before I knew it, years had passed, and I had missed many of the moments that mattered most. As my daughter entered her teenage years, I began to realize something important: career success could never replace the time I had lost with her. More than anything, I wanted to be present in her life—not just as someone who provided for her, but as someone she could talk to, trust, and turn to when she needed guidance.

At the time, I was working as a factory executive, managing large teams and significant responsibilities. While my career was successful, it came at the cost of my health and personal time. Hoping to create a better balance, I eventually started my own beauty salon and spa business. Things were going well until the COVID-19 pandemic changed everything. That challenging season forced me to pause and reflect on what truly mattered. I began searching for something that could create meaningful value for people while giving me more time with my family.

During that journey, I was introduced to dōTERRA through Dr. Nammonthian and later had the opportunity to learn the business from Yarika and Thadasak. Their guidance, encouragement, and example of leading with a heart of service inspired me deeply. What truly drew me to dōTERRA wasn't the business opportunity alone. It was the difference I experienced in my own life. As I continued using the

products, I noticed positive changes in my overall well-being and quality of life. Those experiences inspired me to learn more and share what I had discovered with others.

Over the past two years and ten months, dōTERRA has taught me that success is about much more than rank or income. The greatest reward comes from seeing people regain hope, improve their quality of life, and discover strengths they never knew they had. Many people begin their journey simply looking for solutions for themselves and their families. With support, encouragement, and mentorship, they often grow into leaders who inspire and uplift others in meaningful ways. Reaching the rank of Diamond is something I am truly grateful for. However, it is not what I value most. The greatest gift dōTERRA has given me is time, the opportunity to be present for my daughter while helping others create healthier, happier, and more fulfilling lives. I believe that leadership begins with seeing potential in others before they can see it in themselves. When we choose to support one another and grow together, incredible things can happen.

Today, my mission is simple: to continue sharing the value of dōTERRA and help more people discover greater well-being, opportunity, freedom, and purpose in their own lives. I believe one drop of dōTERRA can change one life. And when one life is transformed, that impact can extend to families, communities, and countless others.

*One Drop. One Person.
One Community.*

From Stability to Significance: Redefining Success Beyond a Career

For more than 20 years, I lived a life that many would call stable and successful. As a registered pharmacist, I built my career from practice into corporate pharmacy management. I had a steady income, a clear direction, and professional recognition. Everything looked secure. But deep inside, I knew I was constantly trading time for that stability, especially time with my family.

In 2015, something shifted.

My youngest son had a weak immune system during his kindergarten years. He was often unwell, and as both a pharmacist and a mother, I felt torn. I understood medicine, but I also longed for something gentler and more natural to support his health. That was when I was introduced to essential oils.

I still remember the first time I used them. The change I saw may have seemed small to others, but to me, it meant everything. It gave me confidence, the confidence that I had found a safe and effective way to care for my family.

For the next few years, I simply used the oils. But in 2019, I attended a conference that changed my perspective. What I saw was more than products, it was a different way of living. A life with flexibility, purpose, and the ability to truly be present for my family. That vision stayed with me, and I knew I wanted more than just to use the oils. I wanted to share them.

The journey, however, was not easy.

My biggest challenge was myself. I was comfortable, and my network was limited. Stepping out meant facing rejection and doing things I had never done before. But instead of staying stuck, I chose to grow. I started attending networking events, becoming active in the community, reaching out through social media, and conducting workshops. Slowly, my confidence grew, and so did my connections.

In this business, I believe in simplicity. I follow the PIPES system, they are prospecting, inviting, presenting, enrolling, and supporting. There are no shortcuts, only consistent action. Over time, practice truly became progress.

Today, the greatest reward is not just business growth, but life transformation. I have more quality time with my family and can be present as my children grow. Along this journey, I have also grown as a person, becoming more confident, stronger resilience and better communication with people. More importantly, it has given me a deeper sense of purpose, to care, to share, and to uplift others in a meaningful way.

This journey is no longer just about essential oils. It is about purpose, growth, and creating a life that truly matters.



New Diamond -
Tan Yee Chun

Hall of Fame



Double Blue Diamond
Angie Ng



Presidential Diamond
Annda Lee



Presidential Diamond
Dr. Phartchai Rueansit



Presidential Diamond

Forest Chew & Steven Teh



Presidential Diamond

Joshua Ang Dun Xin



Presidential Diamond

Henry Fong



Presidential Diamond

Lam Yee Mun & Stanley Ho



Presidential Diamond

Lee He Rong & Ng Say Leong



Presidential Diamond

Patricia Yeo Tee Sang



Presidential Diamond

Lim Mian Foo



Presidential Diamond

Pauline Tey



Presidential Diamond
Ting See Ling



Presidential Diamond
Winny Yeoh



Presidential Diamond
Vanni Ling



Blue Diamond
Bryan Chew



Blue Diamond
Chok Sin Ee



Blue Diamond
Dr. Tan Kui Chin



Blue Diamond
Elizabeth Ho



Blue Diamond
**Chua Hong Leong &
Law Shu Li**



Blue Diamond
**Deborah Wong &
Fabian Tan**



Blue Diamond
Joanne Kong Jia Ling



Blue Diamond
Kweenie Ooi



Blue Diamond
Lee Pei Xuan



Blue Diamond
Lee Seang Looi



Blue Diamond
Max Lee



Blue Diamond
**Ratchadawan &
Pornpavit Wongprasert**



Blue Diamond
Lee Shiao Tao



Blue Diamond
Lim Bee Yong



Blue Diamond
Rosy Tang



Blue Diamond
Wilfred Loh



Diamond
Alan Tay & Coei Choo



Diamond
Adam One Family Enterprise



Diamond
Annie Ooi & Tang Po Lee



Diamond
Candy See



Diamond
Andrea Chin & Teay Rui Xuan



Diamond
Andus Low



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Angeline Nai Eng Choo



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Angie Ong



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Chua Kwee Lee



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Chutinun Sukmak



Diamond
Darren Chen



Diamond
Dennis Koh



Diamond
Gee Wan Yin



Diamond
Ivy Loh



Diamond
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Evon Lim



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James Neo



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Janet Lim Pei Yin



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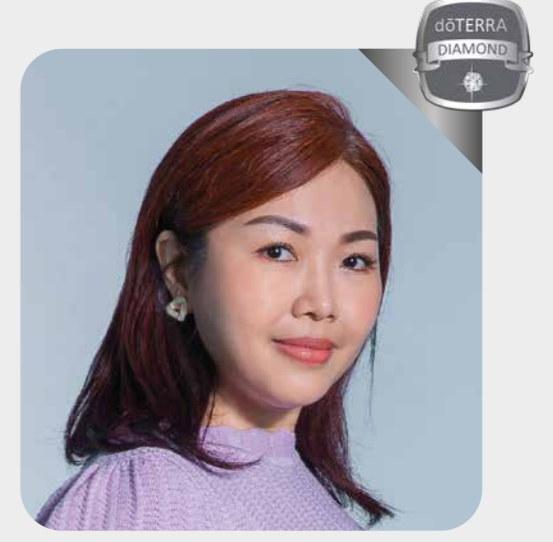
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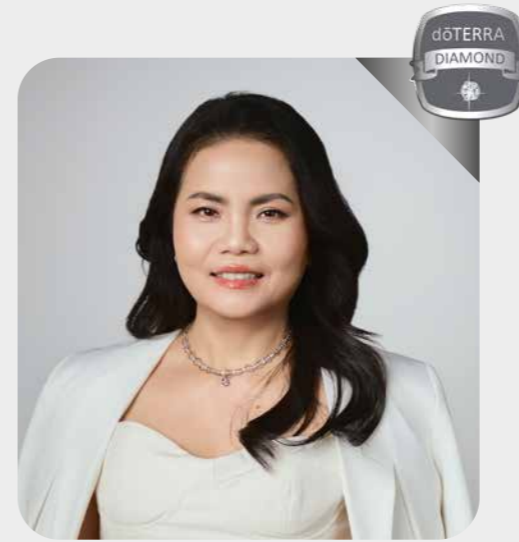
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Yee Woen Guey**



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Michelle Yong



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Nicole Tay



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Ratana Praphakarn



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Sophie Soo



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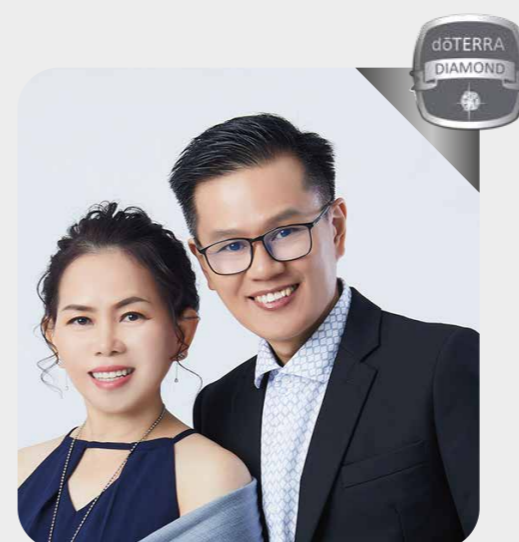
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Piteulia Foo



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Rassaporn Yanaprawalapat



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Vicky Kong & Grace Chiew



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**Vorkon Patrayanan &
 Hirunrasa Suwachirat**



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**Yarika Kruaboonma &
 Thadasak Thasurin**



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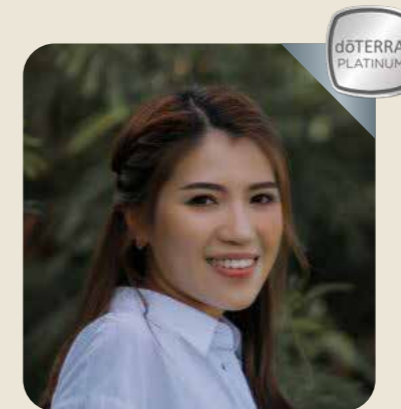
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- Kee Yen Cen**
- Shawn Poh Shao Wei**



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Adeline Wong



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Angeline Veloso Rosales



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Arena Wan



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Calicia Jasmine Lim



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Carmen Tan



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Chan Suat Ney



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Fraeda Seow



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Kathryn Lum



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Jayne Hee



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Joyce Law



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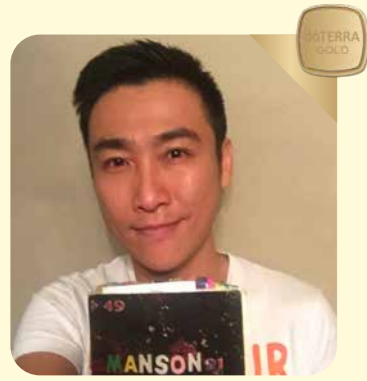
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Adam Wan Mun-Yu

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Catherine Chiang

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Hannah Tan

Hazel Cheong

Hee Hoay Yin

Hew, Yin Wee

Inga Bobrichenko

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Jeanie Chua

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Latchaporn Thamteerasathian

Lau Hui Khieng

Lee Saw Fang

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Lee Xin Ru

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Lily Tan
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Linda Wong Siew Ming
Lo Hui Chung
Loh Dancy
Loh Phek Lan
Loh Seow Huan
Low Chien Keem
Low Chien Tat
Low Eng Suang
Low Jong Jiang
Low Susan
Melany Ang
Michelle Ang
Mike Lee
Muhammatnordeng Arong
Nantaphon Tanoosilpa & Jairuck Pongprapat
Natharanbhorn Ananworanakorn
Neo Beng Hock
Ng Chee Boon
Ng Phek Lan
Ng Poh Gaik
Ng Poh Seah
Ng See Puay
Ng Ser Chian
Ng Xue Qi
Ng Yee Ping
Ng Yin Chun
Nipha Kasemchotiphan
Nirut Thaingoen
Nisakorn Praphakarn

Oh Yew Lin @ Ooi Yew Lin
Ong Yoke Meng
Ooi Sing Yen
Panfan Panyaparuru
Pang Hok @ Pang Hoe Hwa
Pang Kee Beng @ Phang Kee Beng
Pang See May
Papaorn Khantikittikul
Pavarisa Morgan
Pavinee Varataveesawat
Peh Ying Ying
Pemla Saigal & Ramesh Jaggi
Petchada Thinkarn
Phaksiri Pitipornsathipong
Phang De Ren
Phang Wei Ping
Pich Kongtiem
Pimpranit Luangprab & Phairatch Boonwittawacharoen
Pitchaya Thasurin
Poh Soo Mei
Pramonsri Patmayothin
Puan Hung Ling
Queen's Market
Quinnie Chan
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Sylvia Hakiki
Tan Ai Ling
Tan Choong Heng
Tan Eleen
Tan Moi Lee
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Tang Ming Luan
Tang Yen Ping
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Tay Yeok Tong @ Tay Geok Tong
Teay Rui Feng
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Wong Siew Kuen
Wong Yuk Kiew

Yak Siew Gim
Yan Jun
Yap Yah Fong
Yeap Yean Guan
Yeau Siew Moi
Yeoh Lee Kheng
Yeow Yan Wen
Yew Sau Ping
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