

Live Your Most Powerful Life

A family of four is captured in a joyful moment, running through a lush green field. The father, wearing a light blue t-shirt and khaki shorts, is in the back, leading the group with a playful expression. The mother, in a peach-colored t-shirt and white shorts, runs in the middle, holding hands with the children. A young boy in a white t-shirt and khaki shorts is running in the foreground, looking back with a wide smile. To the left, a young girl in a blue t-shirt and grey shorts is also running happily. The background is filled with dense green foliage, creating a vibrant and healthy atmosphere.

In our modern world, average life expectancies are higher than ever, and with continual breakthroughs and advances in the fields of science and medicine, they'll likely continue to rise. Are the many years we're living filled with wellness and vitality?

The MetaPWR System

is a collection of simple supplements that help you transform your metabolic health. Optimize the effects of your healthy choices with MetaPWR Essential Oil Blend, MetaPWR Assist, and MetaPWR Advantage. Now go live your most powerful life!

Primary Benefits

Your metabolic health and biological age are inseparable. As you age, so does your metabolic function. Your metabolism influences your energy, weight, body composition, and cognitive performance. The stronger and healthier your metabolic process, the better you feel from the inside out.

The 3-Step MetaPWR System

Here's how to maximize the powerful products in this system:

Step 1

Eat a well-balanced, whole-food diet and add MetaPWR Essential Oil Blend to your daily routine to support overall metabolic health.

Step 2

Take MetaPWR Assist with your largest meal of the day for optimal cellular energy*.

Step 3 (Coming soon)

Consistent daily use of MetaPWR Advantage, with marine collagen and polyphenol antioxidants, can support a healthy metabolic age, helping you feel great and look younger.*





MetaPWR Essential Oil Blend

Developed with dōTERRA clinical researchers, MetaPWR Essential Oil Blend is a proprietary balanced ratio of CPTG® Cinnamon Bark, Ginger, Grapefruit, Lemon, and Peppermint essential oils. The MetaPWR Essential Oil Blend can be important to a daily healthy metabolic regimen.*

The citrusy, spicy, and minty aroma of MetaPWR creates a stimulating, uplifting environment. MetaPWR Essential Oil Blend is created to promote a positive atmosphere and support healthy lifestyles.

MetaPWR Assist

MetaPWR Assist is a powerful addition to a metabolic health regimen when taken daily with the day's largest meal.* Each sachet contains standardized Mulberry Leaf Extract, Lemon Bioflavonoids Complex, Brown Seaweed Extract, and the proprietary MetaPWR Essential Oil Blend.*

Developed with dōTERRA clinical researchers, this blend uses a superior process to maximize the active component in mulberry leaf extract: 1-deoxynojirimycin (DNJ). More confirming research is needed, but preclinical studies suggest DNJ may help regulate and stabilize postprandial (post-meal) blood glucose levels, reduce the absorption of carbohydrates and sugar, and contribute to healthy fat metabolism.* The potent bioflavonoids known as Eriocitrin deliver a multifunctional approach to addressing increased blood sugar levels with proven clinical efficacy.* MetaPWR Essential Oil Blend inhibits fat cell maturation to support a healthy metabolism and curb hunger.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Results



Brown Seaweed Extract

BLOCK Carbohydrates & Fat

- Significant Reduction in Abdominal Fat
- Significant Improve in Body Shape



Lemon Bioflavonoids Complex and Mulberry Leaf Extract

REGULATE Blood Glucose

- 40% Blood Glucose Lowering
- 41% Improve in Insulin Response Significant
- Improvement in Insulin Resistance (HOMA-IR)



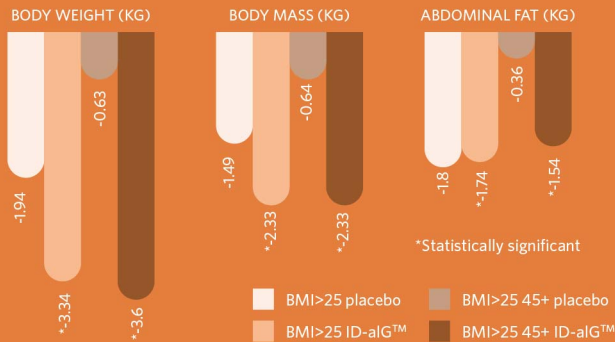
MetaPWR Essential Oil Blend

Curb Cravings & Fat Burning

- Curb Hunger Feeling
- Promote Mindful Eating
- Inhibit Fat Cells Maturation

Supported By Clinical Evidence

BODY COMPOSITION 16 WEEKS (KG)



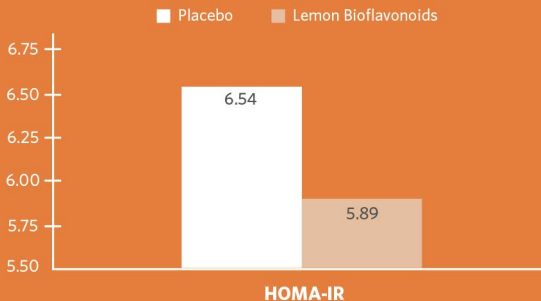
Brown Seaweed Extract is beneficial for overweight women & more specifically for those 45 years & over.

64.7%

of body weight loss is closely correlated to fat mass loss.

Bicentric, randomized, placebo-controlled, in a parallel, double-blind study, run in 2014-2015 on 88 women using 200 mg ID-aIG™ twice daily for 16 weeks.

Effect on HOMA-IR (Insulin Resistance)

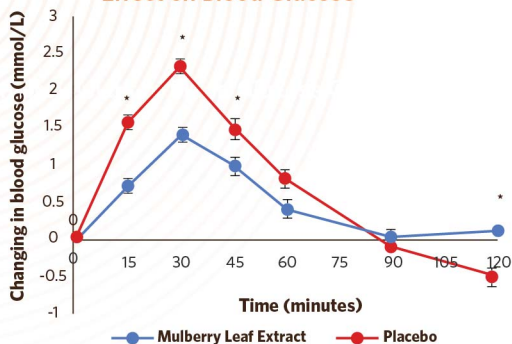


improvement in HOMA-IR after 12 weeks of **lemon bioflavonoids** intake

*Homeostatic Model Assessment for Insulin Resistance (HOMA-IR) is the measurement of insulin sensitivity

Cesar, T. B., Ramos, F. M. M., & Ribeiro, C. B. (2022). Nutraceutical eriocitrin (Eriomin) reduces hyperglycemia by increasing glucagon-like peptide 1 and downregulates systemic inflammation: A crossover-randomized clinical trial. *Journal of Medicinal Food*, 25(11), 1050-1058

Effect on Blood Glucose



-40.0%

improvement in peak blood glucose levels after 15 minutes of **mulberry leaf extract** intake

Thondre, P. S., Lightowler, H., Ahlstrom, L., & Gallagher, A. (2021). Mulberry leaf extract improves glycaemic response and insulaemic response to sucrose in healthy subjects: results of a randomized, double blind, placebo-controlled study. *Nutrition & metabolism*, 18(1), 1-9.

Vegan



*Recommendation:
15 minutes before meal

How to use

Take 1 sachet daily. Mix 200 mL of water with your largest meal* daily.

Cautions

If you are under 18, pregnant, nursing, under a doctor's care, or about to start an exercise or metabolic health program, consult your physician before use.



Scan for more information!

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