

LEADERSHIP

Annda Lee

Presidential Diamond



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Ask The Expert:
Which Deep Blue



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Product Highlight:
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	50-51	Phartchai Rueansit
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New	56	Andrea Chin
Diamond	57	Angeline Nai Eng Choo
	58	Angie Ong Yoke Hun
	59	Candy See Cul Wei
	60	Catherine Kong Yii Sing
	61	Chong Seow Yin
	62	Chua Kwee Lee
	63	Clarie Ong Ho Sin
	64	Connie Choo Siew Kim
	65	Dennis Koh Eng Koon
	66	Eng Zee Lin
	67	Fanny Chu Pei Fun
	68	Fanny Tan
	69	Jacob Loh Jaw Horng
	70	Janet Lim Pei Yin
	71	Joyce Low Sui Ting
	72	Kong Jia Wei
	73	Lee Shi Wen
	74	Lily Tieng Li Li
	75	Ninart Kasemsai
	76	Pakkaporn Sirimethapol
	77	Rae Chow Chia Lih
	78	Somthawin Sa-Nguansap
	79	Tan Siew Ley
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91-95	Diamond
96-98	Platinum
99-106	Gold
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Message From The Founder

Dear Leader,

Happy New Year to our dōTERRA® friends and colleagues in Southeast Asia. Your efforts to share the healing gifts of essential oils is changing the world for the better. Thank you for all that you do. The year 2022 is going to be tremendous for dōTERRA, and we are excited to partner with you.

dōTERRA continues to experience tremendous success, particularly in Southeast Asia. We are excited for what we accomplished last year, and optimistic as we look forward to the future. In 2022, dōTERRA celebrates several milestones, including Malaysia's five-year anniversary and the completion of Thailand's first year of operations. We also celebrate dōTERRA Singapore's seventh and the Philippines second anniversaries.

Even as we celebrate these anniversaries, we feel we are just beginning in these markets and within Southeast Asia. With the opening of India within a few months and then following with Indonesia and Vietnam in the coming years, Southeast Asia is certainly a focal point for dōTERRA's significant growth in the years ahead. There is so

much more that we can do to bring wellness and healing to people all around the world. Whether it's supporting our growers, customers, family members, friends or business colleagues, there are lives we can touch and opportunities for even greater impact.

Dave, Emily, and I, along with all key executives and market staff, believe in you. We are committed to your success and the success of dōTERRA across Southeast Asia. Throughout the coming year, you'll hear more of our plans to "triple our impact" around the world by the year 2030. This is an ambitious goal, but we know it is something we can achieve together. There is too much good yet to be done to rest now! So, join with us in tripling our efforts to triple our impact!

Warmest Regards,

Corey Lindley

Founding Executive & CEO

Which Deep Blue®?

Take a look at the Deep Blue line, and chances are you might be surprised by the number of ways that this blend is offered. Learn more by reading what each product is made for below:

3 Basic Options

Three choices in the Deep Blue line that have been popular from the beginning are the Deep Blue® Rub, and the newly-launched Deep Blue® Skin Care Stick + Copaiba.



Deep Blue® Skin Care Stick + Copaiba: The Convenient, Soothing Solution

Infused with dōTERRA Deep Blue® containing CPTG Certified Pure Therapeutic Grade® essential oils, plus the beneficial properties of Copaiba, the Deep Blue Skin Care Stick + Copaiba is powerful, targeted relief in a fast-acting solid. Formulated with plant-based menthol, methyl salicylate, and camphor, this easy-to-use stick penetrates deeply and creates a cooling sensation on skin.



Deep Blue: The Original Blend

This is your best option when you want a more intense way to soothe tired muscles after exercise for a long day. It is a useful part of the AromaTouch® Technique because of its immediate tingling and warming effect on the skin. We recommend using it for more intense Essential Oil of the body than any other version. We also recommend diluting it with Fractionated Coconut Oil to your level of comfort.

Deep Blue Rub: The Athlete and Massage Therapist's Friend

A long-time dōTERRA favorite, Deep Blue Rub contains all the oils found in Deep Blue with the addition of Eucalyptus leaf oil and other moisturizing ingredients. It delivers the oils in a rich topical cream with the added benefit of being moisturizing. Like the blend itself, putting Deep Blue Rub on your skin will give you a comforting sensation that is both cooling and warming.

If you already love the blend, the rub is an excellent way to utilize it. The cream gives you the ability to cover a larger area in a way just as powerful, but a little less strong than Deep Blue oil on its own. If you do want a more intensive treatment, you are welcome to apply the Essential Oil Blend to your skin first, and then layer the Deep Blue Rub over the top of the area.



*Product availability is subject to the individual market's launch timeline. Please contact local staff for more information.



Keep Moving With That Next Step

dōTERRA Singapore

No matter which part of your journey you are at, there is always one step further to take. This goes for everyone. Everyone has progress to make – to become a better person, to be better at what they do, to be closer to their dreams – the possibilities are endless.

The common misconception is that you need to figure out everything needed to take the next step. The truth is, you don't have to have it all figured out to move forward... just take the next step and keep moving!

As long as you keep moving, you will discover opportunities and solutions to help you with your personal development, business journey, and to build a positive team culture. Are you taking that next step towards a better future?





Nourish Your Mind

What are you feeding your mind? Just like how we take care of our physical health with healthy food and daily supplements such as the dōTERRA™ Lifelong Vitality Pack, we need to watch the information we consume to maintain good mental health.

Intentionally seek out resources and positive feedback to help you grow. Attend dōTERRA® events, conventions and leadership summits, where you are surrounded by like-minded people that encourage growth and positivity.



Practice Healthy Habits

Habits of positive reinforcement can help us to take the next step by reducing the fear or doubts we have. Start by doing these four things every morning – expressing gratitude, setting goals, positive affirmations and reflection – and make it a habit! They will help you to see the good and stay motivated to achieve what you have set out to do.



Make New Connections & Cultivate Your Community

Put in effort to connect with new people. These experiences will add excitement to life, help to broaden your perspectives, and keep you inspired. Next, always stay connected with your community. You can get creative with that! Finally, take initiative to support everyone in your community and help propel them to success. When your community is helping each other to grow, you too grow holistically as an individual.



Together, we are in this fulfilling journey of bringing quality oils to every home. We believe in YōU, and now it's time for you to believe in yourself too. Remember, the best version of you in both life and business aspects, is closer than you think.

Take charge of your life, make a habit of always taking that next step, and be happy!

Warmest Regards,

Geraldine Toh

General Manager, dōTERRA Singapore

Impact Lives, Empower Others

dōTERRA Malaysia

Here we are, going into the second quarter of 2022. We've learned to be agile and adapt to the new norm during this pandemic. As diamonds are made under pressure, so are we. This kind of adversity will only makes us stronger as dōTERRA Malaysia continues to grow and impact lives around us.

In conjunction with dōTERRA Malaysia's 5th anniversary celebration, our theme "IMPACT" resonates with our corporate mission of tripling our impact by 2030. For the past 5 years, we have impacted many lives through Co-Impact Sourcing, Healing Hands (Life), new products (Needs), and our business (Financially). These elements are like dots that link us together, giving us the opportunity to connect and impact more lives.





Impact on Life

dōTERRA Malaysia Healing Hands have helped many underprivileged communities affected by the pandemic. I'm extremely grateful for our Wellness Advocates who went above and beyond to donate a myriad of necessities to Dual Blessing in January this year. Moreover, through our Co-Impact Sourcing initiative, we aim to develop long-term, mutually beneficial partnerships that help to create sustainable jobs and provide reliable income in underdeveloped countries. With that in mind, we are able to impact millions of lives around the world.

Impact on Satisfying Needs

Our popular trio essential oils of Lavender, Peppermint and On Guard offers a myriad of benefits, most importantly, supporting our body protection. The latest edition to the essential oil family are Gardenia Touch, Copaiba Touch and Helichrysum Touch which help our complexion to have a smooth and healthy glow, not forgetting our one-of-a-kind proprietary blend of Yarrow|Pom essential oil. In addition, we also have our healthy beverage range of TerraMix FB, TerraStix AO and TerraStix DX. We believe our products satisfy your needs and we will continue to expand our range in hopes of giving a positive impact to our customers.

Impact Financially

Besides improving lives and satisfying needs, dōTERRA Malaysia offers a rewarding business platform for everyone to realize their true potential. From attractive compensation plan to incentive trips, we want to motivate our Wellness Advocates to build their network. These elements encourage our leaders to continue to grow their dōTERRA® business, as well as leading their business partners to grow. This creates a positive ripple effect and ultimately impact their finances for the better.

Further Appreciation

I would also like to take this opportunity to thank all of our Wellness Advocates and Wholesale Customers for continuing to believe in dōTERRA and what we stand for; to provide pure and safe essential oil products to our customers to improve their quality of life.

A million thanks to dōTERRA Malaysia's staff for their hard work and dedication to ensure products are delivered quickly, customers' expectations to be met constantly, and to go over and above every day to hold themselves to the highest standards. For that, I thank you.

Ethan Wong

General Manager, dōTERRA Malaysia



dōTERRA Thailand 1st Anniversary & Grand Opening Celebration

dōTERRA Thailand

First, thank you to all the leaders who helped make the grand opening of dōTERRA Thailand so successful. With everyone's hard work, we can accomplish our initial goals and dōTERRA Thailand will grow in all areas, including sales volume, the number of new customers, and the number of Wellness Advocates. With our Expansion in Thailand, we will also be able to help support the Thai community through our Healing Hands initiatives.

We had an amazing 1st anniversary and grand opening event on March 12, 2022. More than 1,000 people participated in the event, this successful event is a proof that dōTERRA Thailand is ready to grow and empower change.

dōUBLE IMPACT IN

Thailand



To move forward. In 2022, we developed solid strategies and tools to empower Wellness Advocates to go out and share dōTERRA Essential Oils. We will expand our Will Call Center another 150 square meters to make sure we can accommodate the growing numbers of visitors at Will Call. dōTERRA Thailand also plans to launch more than 30 new permanent products to increase our product portfolio and to meet the growing needs of our customers.

Our Sales Support program is one of the key factors to help our Wellness Advocates achieve their goals. dōTERRA Thailand will launch several programs, including Diamond Club and Silver Club, to enhance enrollment activities. We will also introduce an incentive trip program to motivate leaders and their teams to engage and participate in the program. And last but not least, we will kick off our Roadshows to introduce dōTERRA® to all major areas in Thailand to further build positive brand awareness.

dōTERRA Thailand's goal is to support dōTERRA mission to change the world one drop, one person, one community at a time. We are confident that we can bring positive change to Thailand as we increase new members and grow leaders who can help the Thailand community.

Niti Wattanachongkol

General Manager, dōTERRA Thailand



Nature's Care For Your Hair

Your hair goes through a lot each day—from blow-drying to styling, to getting whipped by the weather. Give your hair the tender and loving care that it deserves. The dōTERRA™ Hair Care Line offers clean, safe and natural formulas that is free of harsh chemicals such as sulfates, silicones, phenoxyethanol, phthalates, parabens and artificial fragrances so you can have peace of mind when you wash and treat your hair. The line that is suitable for all hair types includes the dōTERRA™ Protecting Shampoo, dōTERRA™ Daily Conditioner and dōTERRA™ Leave-In Conditioner that works as a heat protectant and detangler on top of conditioning. Are you ready to learn more about them?

First in line, we have the dōTERRA Protecting Shampoo. Safe even for color-treated hair, this gentle cleanser can be used daily to remove dirt, impurities and build up. Infused with pure Peppermint, Eucalyptus, Tea Tree, and Spearmint essential oils, the dōTERRA Protecting Shampoo also contains quinoa protein to help strengthen and protect hair. Its naturally refreshing formula will cleanse and revitalize with each wash, giving you a healthy-looking scalp and restoring hair's body and shine.

Next up, we have the dōTERRA Daily Conditioner. This lightweight and color-safe conditioner helps to smooth and detangle your hair while restoring softness, volume and natural shine. Just like the dōTERRA Protecting Shampoo, this conditioner is also infused with fragrant and nourishing pure essential oils of Peppermint, Eucalyptus, Tea Tree and Spearmint. As the second step after shampooing, the dōTERRA Daily Conditioner gives your hair a flawless finish and silky texture without any buildup.

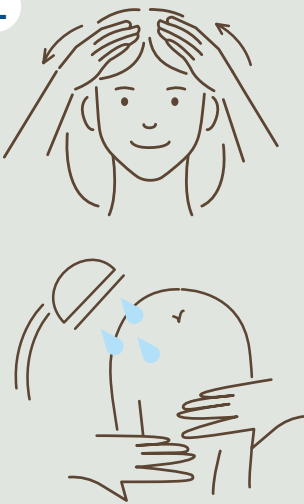
Finally, we have the dōTERRA Leave-In Conditioner, that contains pure Wild Orange, Lime, Blue Tansy, Magnolia essential oils along with Osmanthus extract. These natural ingredients not only lock in moisture, detangle, soften, and protect your hair, they also provide a citrusy and inviting fragrance. With its easy-to-use spray, a few spritz of this leave-in conditioner is all you need to revive your hair and shield it from damage.





How to Use the dōTERRA Hair Care Trio:

1



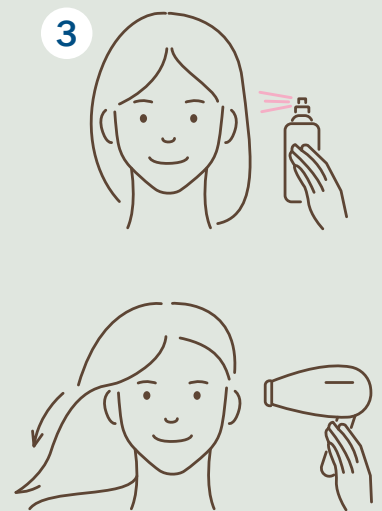
Apply a small amount of dōTERRA Protecting Shampoo to damp hair and massage into the scalp. Rinse thoroughly.

2



After shampooing, apply dōTERRA Daily Conditioner to wet hair, concentrating on the ends. Rinse thoroughly.

3



Spray dōTERRA Leave-In Conditioner onto your hair after shampooing, conditioning, and towel-drying your hair. Do not rinse. Use before blow-drying or heat-styling your hair for heat protection.

Take the leap towards the perfect hair day with the dōTERRA Hair Care Trio now!

abode™

Essential Oil Blend

15 mL

The signature blend of the dōTERRA™ abode home product line is a dynamic combination of CPTG® essential oils including Distilled Lime, Litsea, Cassia, Lemon Eucalyptus, Tea Tree, Arborvitae, Kochii Eucalyptus, Cilantro, Lavandin, and Lemon Myrtle.

Added to water, this formula makes a great cleaner and can be used on surfaces throughout your home. The abode is high in cleansing constituents like limonene too.

Aromatic Description:

Camphoraceous, Citrusy, Sweet

Fun Fact: Kochii Eucalyptus, found only in the semi-arid interior of Western Australia, has the highest concentration of 1,8-cineole, or eucalyptol, of all eucalyptus oils available.



Brightening Gel

30 mL

dōTERRA™ Brightening Gel is formulated with CPTG® essential oils of FCF Bergamot, Juniper Berry, and Melissa combined with natural extracts, vitamins, and cutting-edge ingredient technologies.

This gel is gentle and effective to noticeably brighten the skin by reducing the appearance of dark spots and hyperpigmentation without the harsh chemicals used in other brightening products.

Key Ingredients and Benefits:



Daisy Extract - A natural, skin-brightening agent that acts by promoting even skin tone and reducing the appearance of dark spots.



Ginger Root Extract - Promotes even skin tone and radiant-looking skin.



Vitamin C - Helps keep the skin looking youthful while providing skin-brightening benefits.



Microencapsulation Technology - Protects Vitamin C from breaking down due to oxygen exposure, ensuring both the stability and efficient delivery of the vitamin to the skin.



Deep Blue® Skin Care Stick + Copaiba

Infused with dōTERRA™ Deep Blue® Essential Oil Blend containing CPTG® essential oils, plus the benefits of Copaiba, the Deep Blue Skin Care Stick + Copaiba is powerful, targeted relief in a fast-acting solid.

Formulated with plant-based menthol, methyl salicylate, and camphor, this easy-to-use stick penetrates deeply and creates a cooling sensation on the skin. An indispensable addition to your bathroom cabinet or gym bag, it is quick drying, so it can be applied before, during, or after a workout. It is soothing, convenient, and effective.



Key Ingredients and Benefits:



Include Deep Blue Essential Oil Blend, Copaiba, and other natural ingredients



Deliver temporary relief of minor aches and pains of muscles and joints



Include moisturizing emollients that leaves your skin soft and non-greasy



Create a cooling and soothing sensation

Bubble Motion-Activated Diffuser

This Bubble Motion-Activated Diffuser takes aromatherapy to a whole new level. The Bubble Motion-Activated Diffuser operates without water, making every burst of natural, undiluted essential oil more profound and inspiring. Its exquisite design makes it a subtle addition to your home décor, while still allows your room to welcome any guest with the fragrant aroma of your choice during the most meaningful moments.



*Product availability is subject to the individual market's launch timeline. Please contact local staff for more information.

ALL ABOUT *Rose*

Rose essential oil is one of the world's most recognized fragrances in both personal care products and perfumes, and it's no wonder why. Known as the "Queen of Oils," Rose oil's exceptionally elegant aroma is the epitome of romance and beauty. Though Rose oil is most known for its fragrance, it can also be used to powerfully enhance your skincare routines by helping balance moisture levels in the skin and giving skin a glowing, healthy-looking appearance. Being one of the most work-intensive oils to produce, Rose essential oil is a true labor of love whose many benefits make it a must-have addition to your essential oil collection.





Personal Fragrance

Rose oil makes the perfect personal fragrance with its indulgently sweet, floral aroma.



Midday Aroma

In the middle of a busy day, apply dōTERRA™ Rose Touch to your neck and pulse points and inhale the scent of Rose for a calming aroma.



Skincare Routine

As part of your daily skincare routine, add one drop of Rose oil to desired areas to promote healthy-looking, radiant skin.



Diffusion

Bring a romantic, uplifting atmosphere into any room by diffusing two to three drops of Rose oil during special occasions for a beautiful, floral fragrance.

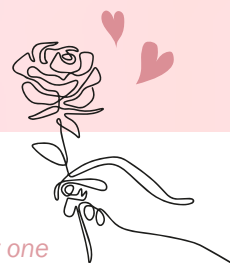


Bath Soak

Give yourself the gift of ultimate, indulgent luxury when you need it most by adding one to two drops of Rose essential oil to a warm bath.

FUN FACTS

It takes more than 10,000 freshly picked rose petals to produce only one 5mL bottle of Rose essential oil.



What essential oils blend well with Rose oil?

Floral essential oils that can pairs harmoniously with ROSE



Neroli



Magnolia



Jasmine



Lavender



Geranium





A Year Of Healing Through Hope

After walking out of her marriage of 9 years with a 7-year-old daughter in tow, Jess*, a victim of domestic violence, was overwhelmed by the uncertainties she faced ahead.

Through the recommendation of a social worker, she began her journey of recovery and empowerment at the Star Shelter. Jess's tale is one of the many survivor stories that Star Shelter has witnessed since March 1999, when the shelter opened its doors to women and their children who are victims of family violence. Apart from providing meals and lodging to the victims, the Star Shelter also provides support in the form of child caretaking, financial aid, counseling, and upskilling.

In order to help the victims, the Star Shelter receives a grant from the government to defray some of their costs. The rest of the costs will then be covered by the funds raised through fundraising projects and the goodwill of various individual donors.

April 2021 marked the beginning of the fundraising collaboration between dōTERRA Singapore and Star Shelter, as part of our Healing Hands initiative and we began the

*Name has been altered to protect the identity of the victim.

collaboration with the goal of raising awareness about domestic violence and helping victims in their recovery through fundraising.

dōTERRA Singapore pledged to donate 100% of the sales proceeds from every dōTERRA™ Hope® Touch purchased to Star Shelter to help the victims. As at 31 December 2021, we have raised a total donation amount of S\$29,260.40 with support from our customers, which also includes an additional top-up amount of S\$9,960.40 from the dōTERRA Healing Hands Foundation.

To show their support for this Healing Hands initiative, the Wellness Advocates have stepped up to spread the word and some even organized their own charity events. We are truly heartened to witness this show of support that demonstrates the philosophy of gratitude dōTERRA® is deeply rooted in.

As we venture forward in 2022 and continue our collaboration with Star Shelter, we hope you will join us in changing lives through your kind donations. With each donation you make, you pass on hope to the hearts of the women and children recovering from domestic violence.

Freedom To HOPE

End modern slavery in communities in Thailand

Human trafficking is one of the most disturbing crimes facing our modern society. People in every region of the world are trafficked into physical labor, sex slavery, or armed conflict. The problem is complex, and the consequences are far-reaching.



Fortunately, there are organizations around the world working to end modern slavery. Your donation helps to protect our most vulnerable, rescue victims, and restore hope for survivors.

Join the fight against human trafficking in Thailand

dōTERRA is determined to be part of the solution.

One of the ways dōTERRA maintains integrity within its supply chain and fights human trafficking is through Co-Impact Sourcing®, a supply chain initiative that seeks to create shared value throughout the dōTERRA's global botanical network.

dōTERRA Thailand also offers a generous donation program, in which all revenue generated from HOPE TOUCH (after VAT) in Thailand will be donated to local Thai organizations. This program will have a significant impact in Thailand and Wellness Advocates can play an important role by sharing and promoting HOPE TOUCH to the public.



Hope Touch's inviting scent is only one reason why this blend is truly unique. With each application of dōTERRA Hope Touch, you can be uplifted by its aroma while knowing your purchase is part of a much bigger cause. The full purchase price of every bottle of Hope Touch is donated to dōTERRA Healing Hands for the purpose of fighting human trafficking and other forms of child exploitation in Thailand.

Introducing HOPE TOUCH



dōTERRA Hope Touch is a distinct essential oil blend combining the fresh scent of Bergamot with Ylang Ylang and Frankincense, then sweetened slightly with the warming aroma of Vanilla Bean Absolute.

Topical Use

Apply to desired area.

Malaysia Healing Hands 5-Year Journey

To date, dōTERRA Malaysia Healing Hands has donated RM745,000 to the organizations in need. We aim to transform more lives and to empower more people.

Transforming Lives with
over RM745,000

2019

- The National Autism Society of Malaysia (NASOM) - dōTERRA Malaysia first Healing Hands project was supplying a new van.
- Tenaganita - Partnered together to fight against human trafficking.
- Walk for Autism - Participated by providing free essential oil product experience to the public.
- MessYear2.0 - Wellness Advocates and staffs took part to create awareness on autism.
- Adopt A Shelter - Donated RM60,000 to support the Recovery and Empowerment program for victims of human trafficking.



2020

- Be My Angel Campaign - Celebrated Chinese New Year with orphanages and fulfilled their wishes.
- EngageInGood - Joined local NGOs to distribute over 1,200 food packs to the underprivileged during the Covid-19 outbreak.
- Adopt A Shelter - Continued our annual donation of RM60,000 to support the Recovery and Empowerment program.

2021

- Dual Blessing “Fusion of Love” Online Concert - Donated RM50,000 to Dual Blessing, an organization that caters the needs of Persons with Disabilities (PWDs).
- National Cancer Society Malaysia (NCSM) - Raised RM50,000 to support the Play Therapy Recovery program for underprivileged children with cancer.
- EngageInGood 2.0 - Joined Hope Selangor by donating RM50,000 to provide food aid to underprivileged families in Selangor and Klang Valley during the pandemic.
- On December 2021, we have participated in the Sanaag Specialty Hospital Global Fundraising Campaign to support Sanaag Specialty Hospital in Somaliland, whereby we raised more than RM128,000 to support the Hospital.



2022

- Dual Blessing (Penang and Kuala Lumpur) - Donated RM5,000 and RM10,000 respectively, partnered with our Wellness Advocates who donated gifts to fulfill the organization’s wishlist.
- Global Shepherd - Donated RM30,000 to Global Shepherd to support the Recovery and Outreach programs, provide care, welfare and all forms of intervention to those in poverty, victims of gender-based violence, abuse, neglect and exploitation.



We made it! We’ve achieved our pledge of raising RM30,000 for Global Shepherd to help fight against human trafficking in Malaysia, as pledged during Post Convention Event 2021.





Jasmine

A Co-Impact Sourcing Story

Regarded as the “King of Flowers,” Jasmine is prized for its highly fragrant aroma. The plant has dark green foliage and delicate white flowers. To ensure the highest quality aromatic compounds, it is necessary to pick the flower and extract the oil right when it blooms. Jasmine flowers bloom early in the morning before the sun rises. They are carefully harvested by hand before dawn (usually around 2:30 a.m.) about six months after planting. Harvesters are given a certain number of plants to pick from each day. The harvest season starts around June and can last for several months.

Where Does Jasmine Oil Come From?

Although native to the tropics, jasmine is cultivated in gardens around the world, thanks to its beautiful blossoms and exquisite fragrance. The aroma of Jasmine essential oil has an almost universal appeal. Intensely floral, it is warm, sweet, musky, and exotic. It has been associated with joy, happiness, love, and splendor. These dainty white blossoms are popular in bridal bouquets around the world. They are also associated with religious ceremonies and are used to adorn shrines at Buddhist and Hindu temples.

Jasmine You Can’t Get Anywhere Else in the World

The revolutionary new dōTERRA Jasmine essential oil is unlike any version of jasmine that’s been seen before. Where most jasmine products use an absolute, we’re bringing you the first-ever steam-distilled Jasmine essential oil!

What is the difference between the Jasmine 2.5 mL and the Jasmine Absolute?

The jasmine flower is lovely and fragrant, but also extremely delicate. Historically, a multi-step extraction method separating the waxes, resins, and volatiles from the delicate petals results in a final product, called an absolute. Steam distillation has never been an option due to the delicate nature of the jasmine petals. After decades of research, one of our key sourcing partners has discovered a way to successfully extract the pure and natural essential oil of jasmine flowers through steam distillation. The aroma of dōTERRA Jasmine Essential Oil is sweet, floral, fresh, and new; exquisitely capturing the essence of the flower as it opens.

FUN FACTS

“It takes about 20,000 blossoms, hand-picked one-by-one to produce a 5mL bottle of Jasmine absolute”



There are over 200 varieties of Jasmine, most of which are native to warm climates in Northern Africa and Southern Asia.

dōTERRA Jasmine essential oil is sourced in Egypt from Royal Jasmine flower petals (*Jasminum grandiflorum*). Royal Jasmine is the most sought-after fragrance in the perfume and aromatherapy industries, thanks to its superior aroma. dōTERRA's standard takes that to the next level with added health benefits.

Why Egypt?

“The warm, temperate climate of Egypt produces fragrant Jasmine flower.”

dōTERRA is committed to the ethical treatment of its suppliers by providing on-time payments at fair prices. Through dōTERRA's Co-Impact Sourcing® initiative, dōTERRA strives to meet the needs of individuals working in the Jasmine supply chain.



**Silver Club**

dōTERRA Malaysia 2021

Congratulations!

Graduates

Agnes Tan Siew Ling
Aileen Loh
Anugerah Bumi Legacy
Bay Choon Guat
Buddies Enterprise, Buddy Up
Buddy Up Wellness Enterprise
Ch'Ng Keow Lang
Choo Siew Hui
Christine Seng Jyn Qi
Dionne Tan
Hen Pei Ting
Ho Kuok How
James Wong Kee Liang
Jetlian Beauty House
Josephine Pereira @
Josephine Adeline
Karen Kho Chui Khim

Karen Wong May Yuan
Kh'Ng Weng Shan
Lee Hui Yee
Lee Ngan Kuon
Lee Yan Ru
Lew Siew Mei
Liau Khai Ching
Lim Guat Foong
Lim Hui Mien
Liong En Kian @ Michael
Loh Bun @ Lau Bun
Loh Ing Hoe
Ng Xue Qi
Noor Shahlawaty Binti
Mohamed Zubir
Ong May Lee
Phoebe Ting Fu Ning

Regina Bong
Sim Chijia
Soo Kiau Hwa @
Soo Chai Pun
Soong Siau Jian
Su Mei Sieng
Tan Boon Shee
Tan Chuan Hock
Tan Sin Hoe
Theresa Ng
Tiew Lan Sei
Ting Lang Ding
Vivian Sim Xin Yee
Wong Khoi Yeen



**Silver Club**

dōTERRA Singapore 2021

Congratulations!

Graduates

Chan Kei On
Erni Soesanto
Grace Lim
Hazel Cheong
Ivy Yeo
Joy woon
Lim Lai Geok
Sabrina Lau





Annda Lee

Presidential Diamond



The very basic form of dōTERRA's business model is ultimately dealing with people. We are not just selling a product, we are also providing a service; therefore, consumer relationship is a very important aspect of running a dōTERRA business. Every day we will meet different kinds of people that we have to serve and communicate with, which requires lots of patience.

Furthermore, I also have a team that I work together with, and as my team grows, I also have to help plan and educate my downline to ensure that they understand how dōTERRA works and to ensure that their passion and desire to

grow with the team never dies down, especially during the pandemic. Sometimes it can be a challenge to make a decision that will make everyone happy. I have to remind myself to stay open-minded and be willing to listen and talk to people without judgement.

Foremost, ask yourself this question: "Do you really want this rank?" Becoming a Presidential Diamond is no small feat, and it requires a lot of perseverance and determination. If you don't really want it, you will find yourself giving a lot of excuses to delay the work that needs to be done. But if you want it, the thing that helped me the most is setting clear goals and having

a solid plan for achieving these goals. Sometimes things may not go as planned, but what is important is to remember to stay on track and that you're working towards your goals.

Another piece of advice is to stay confident in yourself and your team. According to the law of attraction, you attract what you think and want. Therefore, trusting yourself and your team and manifesting positive thoughts will ultimately lead you to success.



For me,
dōTERRA is not just a job;
It is a *Lifestyle.*

dōTERRA has helped me a lot, and I want to help others too. Throughout the past couple of years, the pandemic has taken a toll on many people, including myself. Without dōTERRA, I would be struggling to make a living too. I hope to help others build their own dōTERRA business from the ground up so that they will be able to reach financial stability and autonomy.

This business does not require one to be a genius or an expert in order to start. As long as they are willing to learn and grow, to not stay idle, and with the right guidance, anyone can succeed. I never imagined that I would have found a group of friends from around the world, nor that I'll be able to pass my career down to my children, and dōTERRA has given me this opportunity. I mean, both my daughters are now part of the dōTERRA family too! The experiences I've made aren't something that could have been bought by money. The bond between my family and friends, and that towards nature, are much stronger, all thanks to dōTERRA ~

By incorporating dōTERRA into my life, it has provided my family and me with a healthier option to be able to stay away from medications and chemical substances. Of course, when it comes to balancing dōTERRA and my family, open communication is key. For example, if I'm trying to pursue a higher rank that requires me to focus more time on work, I will let my spouse know. He has always been very understanding and supportive of me and told me not to worry, that he will take care of most of the family matters for me. He is my backbone, and I know that I can always rely on him.

rank, I can see that it also motivates and empower them to not be afraid to step out of their comfort zones and learn together. The satisfaction in igniting the burning passion within them to work towards a better, healthier lifestyle is what fuels me to continue working hard. I wouldn't be here today without them, and I am very grateful for them.

Whilst there is a lot of stress in trying to reach this rank, there are a lot of rewards too. The most obvious reward is that you'll be earning much more, but there are others as well. One of them was the enthusiasm and growth I can see within my team, how everyone was happy to support each other, and their willingness to fight and work together towards achieving our goals. As I climb higher in





Forest Chew & Steven Teh

Presidential Diamond



There are different challenges on the journey to each rank. We reap the reward when we successfully overcome or complete a challenge to achieve a higher position.

When I achieved my Blue Diamond rank in 2019, I started making plans to achieve the Presidential Diamond rank within two years, i.e., by 2021. However, I was overwhelmed due to the COVID-19 outbreak in early 2020, as my main marketing activities were home parties and offline social events. I was inundated due to the following reasons:

As the team leader, I needed to promptly develop a new strategy so that my team and I can continue our operations and share about essential oils.

I have minimal knowledge about social media and barely post anything, even on popular sites like Facebook.

A big adjustment was required in terms of time allocation (working from home requires one to work and do house chores).

I am incredibly grateful that dōTERRA Malaysia immediately converted the online nature of several events. In early 2020, the events were carried out online. I believed that I should follow the company's direction. Thus, I started learning to lead the team in adapting our existing offline activities to the online platform. Below are some of the methods implemented:

- 1 Invitation to online one-to-one/group sharing sessions
- 2 Organising online events via Zoom and Facebook Live
- 3 Recording instructional videos for essential oils
- 4 Posting stories about essential oils on Facebook / Instagram every day

Apart from that, it is important to have regular contact with your significant leaders and meet regularly to discuss your plans for each week. This is crucial as we were not able to meet people physically. Despite the gathering restriction, we were able to support and encourage each other through online sharing and teaching. To add, it became easier for essential oil members or advocates from different regions to attend online courses from the comfort of their own homes. The convenience and accessibility of online courses allow people to learn anywhere.



Hence, we started promoting the idea of posting our own experiences and testimonials on Facebook or Instagram to document our experience with essential oils. As such, our team's performance increased dramatically. When we realised that many were happy to share their experiences, we quickly launched a course to train essential oil trainers, so that the team could expand. With that, we won half the competition in the Presidential Diamond rank.

just do it 😊

It may seem difficult and far-fetched to achieve the Presidential Diamond rank. However, it is possible if you continue to share the basics faithfully and pass them to your lower advocates. Nevertheless, when imparting these basic skills, one must communicate effectively with the advocates in the team. It is a must to conduct weekly meetings. As most of the sharers or advocates are only running it part-time, the weekly meetings are to keep

them updated with the team's progress and pace.

Moreover, team events and parties must be held consistently. By "consistently", I mean that even though I have reached a remarkably high rank, I still organise team parties since the sharers or advocates will follow my lead. Once I stop, they will stop too. This is the power of multiplication.

My husband is running his own business. He has always been there for me and provided me solutions that I would have never think of. In this career, I often need to go on business trips. My other half would then take care of the household to give me peace of mind. Sometimes, he also joined the team or company activities. He mingled with all the members, had meals and fun together, and put in the effort to strengthen the team's bond.

Our roles are complementary. I am responsible for leading the team's growth. Meanwhile, my husband is responsible for keeping the team's tight bond.

It is certainly difficult and stressful to achieve the Presidential Diamond rank. I think that most people disregard this achievement as they are already in their comfort zone—are financially well-off and felt that they already succeeded. As such, once they achieved Diamond rank and Blue Diamond rank, they just stay at where they are.

But, what is the motivation for those who aspire to achieve the Presidential Diamond rank?

Perhaps we share the same motivation, that is, when I am already [financially well-off] and [successful], I hope that every sharer and advocate in my team will share the same success one day. Therefore, we continue to lead our team to move forward. As you lead your team, you will discover more people who are willing to learn and change their lives. They will come to learn and achieve their goals with us.

As I strive to achieve the Presidential Diamond rank, I realised that I had become humbler. Then again, I also discovered that we often forget the reason we started this business after becoming successful for some time. Walking on the path of the Presidential Diamond rank, I re-discovered my initial purpose and led my team to follow it. Thus, my team grew stronger and more competent.

Of course, my leadership skills have improved immensely along the journey. I recall my transformation from a homemaker to a leader over a period of 10 years, and I am truly emotional when I think about my growth. This was possible because of dōTERRA, and I will not stop growing.



Patricia Yeo

Presidential Diamond



My life motto is,

If you cannot give up on something you love, you have to work harder to prove yourself.'

When I was younger, I used to look up at the sky and imagine myself flying freely like a bird and seeing the world. I believe that everyone has a dream embedded in their hearts, a dream to be outstanding, but most dreams just stay as dreams. As a child, I was weak and frail. Playing volleyball was my only skill, yet, I was not that good at volleyball either. I still remember being called on to the court during a match just to get substituted after two minutes of play. It was later revealed that the coach's main objective was to give the regular players a breather.

Subsequently, I began re-evaluating my worth, whether I deserve to be entrusted, and how I should be recognised. From then on, I started seeking a life with extraordinary elements. I believe that being acknowledged by others is a way of achieving self-worth in life. Whenever I saw those confident, influential leaders on stage, I aspired to be one of them.



Now, after all these years, I would like to thank dōTERRA for enabling me to be an influential figure and a motivating leader for others.

Thus, if you ask me about my motivation of becoming a better leader at dōTERRA, it is simply because I want to realise my self-worth. As you influence more people, you will have the chance to impact someone's life and show them that they are not lost and that there is hope.

Let's talk about the qualities and challenges of becoming a leader. I believe dōTERRA does not only offer a career, but also a place for us to learn and grow. It is a place where someone

who does not know anything about essential oils can transform into an expert or an aromatherapist. dōTERRA transforms a salesperson into a leader by educating them on how to lead an organisation. These developments offer a once-in-a-lifetime excitement.

Despite the arduous journey, I repeatedly tell myself that the most important trait of a leader is courage. The courage to confront adversity, the courage to admit when you are at fault, the courage to rise again, the courage to be stronger with every failure, and the courage to do the impossible. It takes time to improve, and one must endure challenging events. As such, dōTERRA can be a platform where everyone can learn, grow and become a better person.

Now, let's shift the topic to direct selling. Many people perceive that it is an embarrassment or a disappointment to participate in the direct selling business. Indeed, one would be the subject of ridicule if one were to join the direct sales industry straight out of university. However, I believe that every profession brings value to society. Would it be good if you become a doctor with an ulterior motive? Here's a question: What is your perception of someone who pursues their career as an aromatherapist? If you have not found the answer, you may need to explore essential oils and experience them yourself.

Also, have you realised that you can achieve your goal while running dōTERRA

business? For instance, I wanted to be an interior designer as I believe homes are our sanctuaries. I wanted to design cosy homes that people long for, a place where one can relax and be healed. While I did not become an interior designer in the end, I am able to fulfil my goal as an aromatherapist. I was able to help change household dynamics as I continued to educate others on how to use essential oils on their family.

Recently, my friend's husband and I were talking about a collaboration, and he revealed how essential oils helped improve his interaction and communication with his children. I am convinced that if you use essential oils wisely, you can change your home's ambience. My friend's husband is an opinionated person. When he told me about essential oils years later, I knew I had done the right thing.

I gave my all to get into a good university, but I eventually became an invisible and insignificant person when I entered the workforce. Although I was reluctant, I even handed out flyers on the streets. Had I ever needed to hand out flyers on the streets after joining dōTERRA? No. Compared to other companies, dōTERRA treats their people with respect.

I believe this profession requires one to be more trustworthy, more caring, and more



professional. The way others perceive you in years to come depends on how you define yourself today. You are the only one who can choose if you want to get by perfunctorily or to put in the effort. If you are confident, you can influence the lives of others and shine wherever you go. In fact, being involved in direct selling is not embarrassing; we are just afraid to challenge ourselves. Most of the time, we just want to take the easy way out, hoping that the things in life can be achieved without much effort. After some time, I realised that the only way to live a quality life is to work hard.

I absolutely love the world of essential oils. After watching Wintergreen's co-impact sourcing video, I decided to start making an impact on the world with essential oils and love. This is not just about essential oils. It is about care and love. You can connect with people via essential oils.

Lastly, let's discuss the concept of financial freedom for women. Like many other women, I wish to get married before turning thirty, have a warm family, have a loving husband, and ideally goes on a trip

abroad once a year. That scenario would be the best thing in life for me, and it is a pity that I have not experienced such a blessing yet.

Having said that, I have come across many women who are afraid of being alone. Perhaps I was destined for an extraordinary life. I have learned in primary school that we can accomplish our goals even when we have no one else to rely on. When I went overseas to further my studies, I needed the courage to leave my comfort zone. When I returned home, I worked away from my hometown and had to be independent. After being forced to live on my own for a long time, I became a better and stronger woman.

Recently, I have met a few people who are facing the challenge of living independently. I would like to say, do not be afraid. We should all learn to live by ourselves and make our lives better, to be more confident and attractive. When you become the better version of yourself, God will bring the right person to you.

I hope that we are not just excellent advocates of dōTERRA essential oils, but also are excellent people. I passionately hope so. May you become a better version of yourself in 2022.

I would like to thank all the leaders of the EOA Family for their continuous support, as well as the partners and clients of "You Touched Scents". With your trust, Patricia Yeo becomes an extraordinary person. I love you. I hope you too will become an extraordinary person in the future.





Sunny Wong Bee Kim

Presidential Diamond



*#Spread Essential Oils
to Spread Love
is my lifelong mission*

I come from a beautiful small town located at Pekan Nanas, Johor. I am a true “kampung” girl. I came from a simple family. My parents ran a traditional coffee shop. My family faced an economic crisis when my mother fell ill. We tried all our means to raise money for her treatment. Because of this, I realised the importance of “earning money and health” since I was young.

I majored in LCCI accounting after I finished secondary school. As soon as I graduated, I worked in Johor Bahru. But deep down, I was looking for a chance to change my life. As such, I got to know my first multi-level marketing (MLM) company. I was convinced that without any background or financial support, MLM was my best choice. It was also during this period that I met my significant other. We worked hard together for 10 years. After

having three children, I chose to give up my career to be a full-time homemaker.

In 2017, my saviours, Jack and Pauline, came to my hometown to talk about doTERRA’s essential oils and career. At that point, I felt like my whole life was dedicated 100% to my family, and I had no interest in a career. Thus, I rejected them on the spot and became just another consumer.

So, how did I start my career with doTERRA? It was because my eldest son had nose allergies. Every day, I would use the Easy Air Touch Oil on him. And soon enough, we noticed that his allergies became better, and there was no need for surgery.

I was overjoyed! I excitedly shared this story on Facebook. This resulted in many enquiries from friends. I then realised

many of my friends’ children were also having respiratory problems. The turning point when I decided to study essential oils was when my father almost went into a coma twice. During that critical moment, I used the Boswellia Essential Oil, and a miracle happened! My father went from having breathing difficulties to being able to breathe normally with the help of Boswellia Essential Oil. He massaged himself with the essential oil every day. I felt the power of essential oils through this incident. So, I decided to get licensed as a botanical aromatherapist. I wanted to study and understand plant essential oils.

So even with three children, I still learned and shared with the team online every week. Before I knew it, I started to have a lot of customers and friends who supported me. I bravely challenged myself to join my first diamond club in 2019.



At the time, I even sent my little girl, who was just over 2 years old, to a nursery just so I could participate. During the day, while my children were in school, I would share about my career with essential oils. I would rush home in the evening to look after my kids and prepare dinner. Sometimes, the kids had to follow me to the diamond club. Thinking about it now, the process was very tiring, yet it was worth it. I kept reminding myself that “an imperfect start was better than not to start perfectly.”

Reflecting on those 6 years as a homemaker, my whole life was dedicated to my children. I did not have any self-confidence or personal goals. It simply started with my belief in essential oils, and then I slowly started with my friends.

Then, I had to learn about online live streams. At that time, I did not have a beautiful background that could be used. I started learning about FB live streams on the corners of my humble house. With that, I regained my self-confidence and my team started to form one step at a time.

These 4 years with dōTERRA was my biggest turning point in life. My husband lost his job when the pandemic started in 2020. Thankfully, I was well prepared before this happened. I said to him confidently on the phone, “Come back. I will try my hardest in everything I do. If all else fails, then you can go back to work in KL.”

We changed our perspective and accepted God’s arrangements. In the end, we turned a crisis into an opportunity. I worked hard to overcome my weaknesses and enrolled myself in courses to increase my knowledge. I learnt from my mistakes repeatedly. I trained my patience and improved my weaknesses. I completed my goals and challenges with a grateful heart every time.

The year 2020 was my biggest breakthrough:

I achieved Platinum rank in February and Diamond rank in July. In the same year, I achieved the Blue Diamond Rank in December.

Miracles will happen when you hold on to your beliefs.

Although I was already on the Blue Diamond rank, I still had to keep moving forward. In 2021, the biggest goal was to help my downline achieve Diamond rank. And just like that, my core partners and I had the same goal and direction. Our goal was to achieve the Diamond and Platinum goal in 2021. Everyone was all in and giving their best. With everyone’s cooperation, determination, and encouragement, we witnessed a miracle. We led four people to Diamond rank and one to Platinum rank. This moment gave me the greatest feeling when your partners reach their goals before you.

A PD (Presidential Diamond) is a combination of Platinum and Diamond.

Many people supported me in my journey. First, I would like to thank the teachers of EOAFAMILY team. Thank you to my customers and friends who supported me all along. I am grateful for my partners in Sw Team, who were always willing to help. There are no perfect person or team. Most importantly, it is to have a complete team. I share my glory with all of you. I love you guys. I would like to thank my husband and kids for their unconditional support and help.

I am not as capable as anyone. But I am brave and hardworking, and I believe that I will work hard to be proud of myself. Lastly, I would like to say the pandemic had taught me that as long as my loved ones can be together, it is the biggest wealth and happiness. I would like to thank the company, dōTERRA, again for giving me the chance to have all these.

In the future, always remind yourself of your original intention. All the best! Dearest EAO Family and family members, I love all of you. I would not be here without any of you. Thank you.





**“Don’t Ever Let Someone Tell You,
“You Can’t Do It”.
If You Got A Dream, You Got To
Protect It!”**

Ting See Ling

Presidential Diamond



A dream is like a seed that is planted in your heart. Although it is small, it can be rooted and blossom.

I am a simple girl, just like everyone else. I have clearly known what I want and what I do not. It may be because of my personal experiences. I know that my dreams can be realised here at dōTERRA!

There were countless times when I doubted myself and wanted to give up while I was making my way to the Presidential Diamond rank. There were even many little voices that were fighting against me! The only thing that I had to overcome was myself. Our only enemy is always ourselves! Success depends on your determination and your courage to dream. It is only through actions that your dreams will become a reality.

I am very grateful for what I have achieved today. All the glory is the grace of God, 100% support and encouragement from my family, and most importantly, I am thankful to have a group of like-minded partners moving forward together. There is only us, with you and me!

Everyone can achieve something. We should not limit our capabilities or deny and doubt ourselves! As long as we are breathing, there is hope. Dare to imagine, dare to dream, and dare to do it! Even if you feel that your dreams are at a distance now, but with dreams, we have pursuits and goals to strive for.

With dreams, we are motivated, and it will keep us moving. I believe that no matter how high the mountains are or how long the journey is, it is nothing compared to our persistence. As long as we

have the correct mentality and be practical about it by dividing one big problem into small parts, you can solve them one by one and soon, achieve what you want!

Everyone has a different life that they want. Perhaps many may think that the Presidential Diamond rank is out of reach. I used to have the same perception. But since we have decided to make a career out of this, we should do it with all our hearts. It does not matter whether you have big or small goals, just strive for them, and you will not have any regrets! You will undoubtedly be faced with rejections, snarky remarks, being looked down and even experiencing all kinds of difficulties, challenges, frustrations, and pressure. At the same time, you try to share with other people. And the real goal and meaning of life is the journey of running toward it. Enjoy the process! These will become invaluable lessons in life that cannot be bought with money! While you would grow because of your experiences.

There is something called “The Duck Theory” regarding stories of successes. When we see a duck swimming on top of the water, they are graceful and gliding through the water, but under the water’s surface, you will realise that their little flippers are flapping away furiously without stopping.

The philosophy of life is mentioned in the duck theory, Life is just like a duck on the water’s surface. But behind every bright and beautiful thing is perseverance and hard work that you cannot imagine.

That casual ease and comfort, Behind the lives that we looked up to, Those moments that looked effortless, We cannot see their hard work and how they made their way step by step to their goals.

We started in the year 2017 with just four of us, We did not know anything; we fell along the way. We shared our ups and downs and witnessed each other’s growth.

The rank we achieved today is not the end but a new start! At the same time, it meant that the mission and responsibilities were greater now. We hope that everyone who chose LuminousFamily, that decided to believe in us, will find their value here, create their achievements and affect lives with yours!

Every time I open the bottle cap and a drop of essential oil is passed from my hand, it made me think of how a small contribution of mine will help a person, a family. And it is such a joy to see them become happier and healthier.

*Success
is like a ladder.*

Those whose hands are in their pockets can never climb. Only those who made their efforts to climb will reach the top!

Whenever you feel like giving up on your dreams, Just tell yourself to hang in there! Hang in there for another day, another month, and another year and you will realise the brightest part of your life comes after the hardships.

My turning point in life was when I got to know dōTERRA. A drop of essential oil changed my family and my life! I was not born with talent and ability, but if we are willing to learn, and to work hard, I believe that you can achieve this too!



Vanni Ling Kuok Ee

Presidential Diamond



The road to Presidential Diamond is not easy to navigate, and it poses many challenges on the way to reaching it. It requires hard work, drive, and passion. Ever since Vanni joined dōTERRA, she has fallen in love with the aromatic qualities of essential oils and has experienced their amazing benefits first-hand. It has become a habit for Vanni to use the essential oils every day and everywhere she goes. Her firm belief and passion are great motivators of success in maintaining her dōTERRA business.

Vanni shares that the biggest challenge she faces is herself. She needs to believe in herself that she can leverage in Presidential Diamond rank. We all

know that Presidential Diamond will need 6 Platinum partners. We need to ensure that our partners are willing to achieve their own goals together with us. It takes time to cultivate a tacit understanding between each other. So, you must pay attention to all the small details in the process, and actions speak louder than words. Teamwork, co-operation, and unity are the core elements in all great teams. She quickly established a trusting relationship with all her core builders and shared her goals with them. Therefore, communication and proper planning are important elements as well. During her Presidential Diamond journey, a lot of her plans could not adapt to the changes. After doubting herself at the start, Vanni feels grateful and decides that she can

accept this challenge, bringing everyone closer and strengthening the team's relationship throughout this journey.

Vanni understands that Presidential Diamond is difficult for one to achieve. She strongly suggests that you need to make a mental commitment to yourself, think positively, and spread positive energy to your team.

"As a leader, one must lead by example. I continued giving my team confidence and constantly producing many more new and capable leaders. Balancing my time for work and family is always the hardest."

Balancing my time for work and family is always the hardest." My partner and I are

in different fields. But I always share my experiences with him. I will also seek his advice to see if it applies to my team. Because of our communication, he slowly became my backbone. He gave me a lot of directions and affirmations, and he also made me a more confident person."

As Vanni rises in rank, she has also learned how to balance running a business and spending time with her family. When she first started to run dōTERRA, she neglected her family. She could not balance between family and dōTERRA business. She is grateful that she have always been taught to give her children the freedom of speech. Once every week, we will have one-on-one time with our children. To give them a safe space to talk about what they have encountered for the week and what needs to be communicated. At first, Vanni complained about how inconsiderate her children were of their parent's hard work, but Vanni changed her attitude and perspective to get along with them with a grateful heart. Things have changed since then. Although arguments are inevitable, when it happens, she will hug her children to assure them that everything is all right. Vanni know that everyone has their own reasons, even children have their own thoughts."



Of course, she would not have achieved this if it were not for her strong team spirit and the support of team members. She is very grateful that her family members are her pillars, especially her spouse, who gives her necessary advice and lead her the way to overcome all the challenges she faces. It thoroughly had moulded her into becoming the better version of herself.

In addition to Vanni changes, she saw that the lives of her partners improved because of their experience with dōTERRA. This enhanced her mission to help more people while indirectly bringing benefits to herself. Even though there were a lot of challenges in this business, it helped her to be a better version of herself and live life differently."

Throughout the journey of building her dōTERRA business, the independence and freedom have allowed Vanni to continue experiencing more life where she can arrange her time freely without hesitating much, which leads to a better-quality life. Listen to people who motivate you and improve yourself to be a better person.

She truly believes that to achieve success. Everyone will need to keep growing and learning new things.



*As long we have the courage to do it,
changes and success await you*

Deborah Wong & Fabian Tan

Blue Diamond



Since I made a decision to build dōTERRA seriously in Nov 2017, I set my eyes on Presidential Diamond, initially it was just a direction to move towards to, but as time evolve the desire to reach there grows. I may not be there yet, but I'm determined to get there.

dōTERRA is the second direct selling company I joined. Through my experience with the first direct selling company, I learnt the habit to dream big and aim for a big rank. A dream that excites me that keeps me awake at night. So big that any sacrifice now would be worth the reward that would benefit the generations to come.

With our eyes set on the end goal, the strategy and execution plan begins with the end in mind. Any ranks in between are just pitstops, much like the amazing race. In my case it's the amazing race to reach Presidential Diamond before the ALS condition that I'm facing deteriorates.

Journey to blue Diamond so far seems to be a real life personal development and leadership course. I meet different types of human personalities, face rejections, made mistakes and more importantly, found a tribe of oil lovers who chose to trust me and standby me to move towards a vision to empower more people and to share hope and love, just as how my mentors, Elizabeth and Seang Looi had shared with me.

I give thanks to God for sending this gift to me and blessing me with the people and resources to make things happen.

One of the biggest hurdle I had to overcome to reach blue Diamond was to develop a system that can attract and



engage members and encouraging more to be sharers and builders amidst the covid climate. I believe strongly in nimble pivoting and just try different ideas and strategies as change is the only constant. I have to keep improving and leveling up my ability and find ways to make building dōTERRA easier for my team.

I have to understand the challenges my team is facing and work together to overcome the adversity. I know they are all doing the best they can to make things work. I have to hear the truth from the ground and make the best of each situation laid before me without my ego blinding me.

Thankfully I have a team of core leaders who are open to give me honest feedback and are committed to work together and support each other. I then have to be take their feedback, assess and see how we can gel things together. Often times, the best ideas come from the team leaders, not me! They make my journey so fulfilling,

I'm willing to what it takes to see to their success,

give my best together.

My mission started out as a desire to share hope and love through dōTERRA, evolved to empowering women. I have a goal to support and nurture 100 diamonds in my team in the next 10 years and so they too can be inspired to support and nurture 100 more.

Deep in my heart, I truly believe that dōTERRA is a vehicle that can bring holistic success to women and families. Looking back at my childhood, being a daughter of a single mum, I saw how my mum suffered, working shifts at factory and weekends as a cleaner. I experienced how hard life was from a young age when my mum got retrenched and I had to be the breadwinner at 20 years old. So financial security and having a spare tire during good days is deeply engrained in me.

Perhaps I have benefited from the oils, or the ease of how doterra can be built as a business compared to the previous direct selling company I was in or it's how I saw the business transformed the life of my team member, I have absolute faith and love for what I'm doing.

I remember someone ask me, what do I do besides dōTERRA. I said nothing I only do doterra. I'm so truly, madly, deeply in love, it's almost addictive. There's a fire in my heart that just draws me to wake up and keep going out to share. My family believes that besides the therapeutic effects of the oils and supplements it's the business that also slowed down the progression of the ALS condition that I'm facing.

The greatest support in my journey came from my family. My brother would help me deliver oils, attend business networking events with me and help me speak. My helpers would help me pack samples and take care of me and my kids. My kids get to play and occupy the young children so the mums can have peaceful discussion with me. Last but definitely the most, is my rock and pillar, Fabian. He went from someone who hates oils, to someone who knows the oils and business better than I do, and helping me in sharing after his working hours.

I often get asked why do I work so hard to make doterra work for me and my team.

Many of us would have different goals and priorities, for me, besides being a heart's desire. It's also a responsibility to show to my team it's possible. We can achieve it, as long as we plan for it and execute the work required to get there.

The practical part in me also did the math of how beneficial it is to go Presidential Diamond as soon as possible. Assuming going Presidential Diamond takes meeting X number of new enrollment, \$Y of investment in samples and Z number of hours to do classes, mentor team etc. I can spread out the work to achieve my goal in 5 years, 10 years and 20 years. If I choose 5 years, it's additional \$6 Million and \$18 Million in addition to doing the work in 10 years and 20 years. And I love money, why I love money so much?

Because having the money means that I can :

- Build my dream home for my Children so they will always have a roof and be free to pursue their hearts desire.
- give my mum and my in laws a better retirement.
- Have more ability to reinvest for my team members to grow faster.
- Reach out to capable single mums and sponsor them as they are building doterra and lift them up.

I know I'm not alone in this journey! The whole dōTERRA family is cheering me on! I'm grateful to have a great team of warriors who goes out to share with a heart to serve and help more families.

I hope after reading my story brings you hope. I'm really just a normal person, which a physical challenge, doing my best with a passionate heart. I believe anyone can go Blue Diamond too if you truly want it.

Being blue Diamond is not my end destination. I will not stop until I reach presidential Diamond.

*I look forward to walking the purple carpet with you!!!
We can do this!*





Dr Tan Kui Chin

Blue Diamond



Having a background in education and counselling, Dr Tan Kui Chin has always been passionate about promoting personal development and emotional well-being. She started using essential oils 20 years ago as she found them to be a powerful tool in emotional healing. As there is a wide range of essential oil qualities in the market, the search for high-grade essential oil was one she was always after. This pursuit ended when she was introduced to dōTERRA. With dōTERRA, she works toward duplicating her services and raising leaders in her team.

Besides being loving and having a sense of servitude, building a strong team also requires one to be versatile and extroverted. One of Dr Tan's biggest challenges was adjusting herself- from being someone who enjoys having time alone to becoming a team leader. She had to change from being individualistic and selective to taking a more proactive approach and accepting opportunities to work as a team with members of diverse backgrounds.

With the world having to adapt to a new normal in daily life, she learned the importance of educating friends and the community about the significance of self-care and how to support one's immune health. Dr Tan also started online classes for members. She and her team diligently reached out to their friends through social media to promote and bring awareness to essential oils. Dr Tan finds meaning in helping her friends and family members learn about essential oils and how they make a difference to family dynamics. She is grateful that dōTERRA has essential oils that help support mental well-being and strengthen family bonding.

**Sharing dōTERRA with compassion,
building a better world and
community for our next generation.**

A big hurdle for her was the country lockdown. Due to the pandemic, people could not travel, and she was unable to meet her members in person. During those times, Dr Tan and her team tried different ways of sharing essential oils, such as online sharing and social media sharing through Facebook and Instagram.

Dr Tan thinks that there is always a solution to every problem. She states that one should not be afraid of challenges when working towards a goal. Indeed, perseverance is the key to success. By believing in themselves and their team, one shall reap the fruit of their hard work.

She is fortunate as her children were mature adults when she started her dōTERRA business. They helped and supported her work, and even joined in by promoting and sharing dōTERRA with their friends. Nevertheless, when serving and helping others, one may unintentionally neglect their family. Dr Tan still remembers when she often travelled to Singapore and East Malaysia to get products and help her builders. Her son, who came back for the summer holiday, commented, "You are not even home when I came back, I will not come back



next year!" The sentence struck her as she realised she was too busy and burnt out.

She regretted her actions and began setting her priorities straight by balancing helping her builders and spending time with her family.

Dr Tan asserts that dōTERRA truly transformed her life, and she is grateful for her character and career development. In dōTERRA business, she learned to network with different people and developed good friendships with her team. As a leader, she takes the lead to ensure her team achieve their vision and mission.

She is grateful to her uplines for introducing her to essential oil. Her gratitude also goes to her builders and members who work hard in sharing dōTERRA. She and her team members firmly believe that hard work pays off, and they are validating their belief with every rank achievement.

Dr Tan envisions herself growing, progressing and eventually enjoying the synergy of togetherness. She plans to empower many to achieve their goals with the vision of sharing how one drop of essential oils, one person at a time, can eventually change the world.

*As the old saying goes,
'good deed starts from home'.*





Jenies Seow

Blue Diamond



Jenies considers herself a guardian of her husband, children, and home. At the same time, she is helping out with her husband's business. By this, Jenies demonstrates that a woman is more than just the 'queen of the household'. She is able to 'sway' seamlessly in and out of different areas of her life.

At the beginning, although the essential oils were great, Jenies didn't give much thought about building up a business with it at that time. As a dōTERRA essential oil lover, she always spread love to those around her about the goodness of essential oils. Unknowingly, more and more people started looking for her and seeking her advice, and asking her where they could buy the oils. Something clicked in Jenies' mind and she started to think, "I should give it a try". That was how her dōTERRA entrepreneurial journey thus began.



Step by step, she invested time in learning about the products and increasing her knowledge. She got to know the different benefits of the oils and learned how to present in a more professional manner. Her persistence paid off when she saw her pay check increase month after month, and more and more people benefited from her sharing. Their quality of life was improving. Now, helping others and empowering others are Jenies' biggest motivators. She throws herself wholeheartedly into her dōTERRA business with the hope to create positive transformations in everyone she meets.

On her path to Blue Diamond rank is not easy. Jenies encountered many challenges and she changed her mindset to see challenges as opportunities. She believed she can't stop the challenges from coming, but she can control how to live with it, face them and be tougher. This is how she grew and learned when she refused to be defeated.

Team togetherness is another reason of her today's success. The unwavering support from her team members gave her motivation and encouragement to achieve better results.

Last but not least, Jenies wants to extend her sincere appreciation for all the support from her husband and family. They are the reasons for her smiles and her happiness.

"Creating Positive Transformation"



Kong Jia Ling

Blue Diamond



After achieving Gold rank in dōTERRA, I took a break to focus on my family. However, I was worried about becoming too relaxed in my comfort zone. Therefore, I set a goal and posted it on my social media in February 2020 – to achieve Diamond rank while taking care of my two children. I am thankful that I achieved my goal in November 2020, just one month after my confinement. I am also grateful that I challenged myself to achieve Blue Diamond rank before the arrival of my third child in 2021. One challenge that I had to overcome on my journey to achieve Blue Diamond rank was striking a balance with my family.

Perhaps, many mothers may perceive their children as an excuse to hold them back from success, but success can be strategised! In fact, even the universe itself will help you if you have a strong will. I have brought my newborn with me during the sharing of dōTERRA essential oils. I have also completed my sharing while my baby was crying and during breastfeeding (of course, I took care of my professional image by using a nursing towel, it worked.)

I am grateful for my family's unconditional help and support. For instance, my husband drove me to various places to deliver essential oils and meet customers. Even if it was a long journey, he never once complained! Undoubtedly, the conventional beliefs of what makes a good wife and mother can sometimes lead me to personal guilt. However, my husband often reassures me by saying, "your happiness is the only thing that matters!" In regard to child care, my husband never takes it for granted. Instead, he always does his part and believes that it is not just the mother's responsibility.

dōTERRA has contributed a great deal to elevating our relationship as a couple. Do not underestimate the difference an essential oil can bring to a family!



If you are still hesitating, think about your original aspiration and how you got here in the first place! You will realise that you have managed to overcome the difficult hurdles that seemed so hard to conquer and achieved impressive results. As such, why are you holding back your journey to a higher rank?

In setting a goal, remember to be audacious, take baby steps, and be grateful for its sheer splendour. Even if you do not have any inherent advantage, it does not mean that you cannot succeed. As long as you stay on this path, you will reach your destination. Find your purpose and mission. Run this business with your heart instead of your head. Nowadays, we are not just selling products—we are serving people. The clients can feel it when we pour our hearts and souls into this business.

Initially, I encountered a lot of difficulties and setbacks when running dōTERRA business. When I had no achievements, I

heard many unpleasant comments, such as, “You are beginning your career as a housewife right out of college?” and “What a shame for an undergraduate to be doing direct selling!”. I met with even more ridicule when I posted a picture of me applying essential oils on social media. A person commented, “As a university student, you are applying oil onto someone’s feet...”.

There were times when I cried and doubted my choice. Still, I will never forget this particular incident when I was taunted. I hugged my younger sister and asked her in tears, “Are you embarrassed of your sister’s job?”. My cool younger sister reassured me that every profession brings value to society. What would our society be like if there were no garbage collectors? These words served as a reminder to me. The inferiority of my career is not in the mouth of others but in my heart. As long as I know I am doing the right thing and something that can help others, then it is worthwhile!



This business is a tedious and arduous process, and it is not as glamorous as it looks. However, it is all worthwhile! As a mother, the thought that I can help more children grow up healthy by sharing essential oils brought me so much joy, that it is enough to drive away all my frustrations! Furthermore, I can be by my parents’ side when they need me, without any restrictions. When my siblings are in need, I can support them financially, so that they can pursue further education. I can also provide my children and husband with the best things in life. Thank you dōTERRA, for giving me so many benefits.

I am not on this path because I have no options. I am here because I chose to be! You have to sow before you can reap, and time will not wait for you. I have always believed that women display their most attractive side when they work hard to experience breakthroughs!

To all ladies, the pursuit of success may be hard and distressing, but you beautifully glow when you are committed and passionate. Believe that you will definitely have a better future! To all mothers, your children would want you to be confident and happy. They do not need you to make sacrifices or compromise your potential! Happy mothers raise happy children, and happy women raise happy families.



Share essential oils and share love with dōTERRA. Unleash yourself to be a woman filled with limitless *Love and energy!*



Lee Hui Ling & Ng Say Leong

Blue Diamond



Hui Ling has always prioritised having a better health and lifestyle quality for herself and her family. Her firm belief and passion are great motivators of success in maintaining her dōTERRA business. Since joining dōTERRA, she fell in love and was amazed by the culture and sharing. Eventually, sharing essential oils with her close friends and even strangers became one of her habits.

Hui Ling is immensely grateful for dōTERRA as it led an ordinary person like her to run an organic business to live an extraordinary life. dōTERRA has brought even more happiness into her life and thus, transformed her life for the better. After being in the Diamond rank, Hui Ling planned out her roadmap and took a 2 years road patch to reach Blue Diamond.

She has faced many difficulties throughout her dōTERRA journey. During her Blue Diamond journey, Hui Ling's most challenging moment was the pandemic, which ruined all her offline events planning. She was struggling with technology and had to learn from the bottom up. However, she was determined to challenge herself out of her comfort zone, and her resilience proved that it was all worth it.



She asserts, *“Challenge yourself and do something outside of your comfort zone. You will thank yourself later.”*

She also believes that when you are doing things that you love, it exudes a magical feeling.



Hui Ling enjoys learning everything about dōTERRA, from the essential oils to the culture, as it further strengthens her confidence in continuing her journey. The culture of caring, loving, and connecting, brings everyone closer together and ever.

Besides that, Hui Ling encourages everyone to have a good heart and be honest in sharing the goodness of essential oils. She states that one does not have to be good at the start, but one needs to be willing to learn and improve themselves. To reap the benefits, one must be patient and hardworking.

Hui Ling is grateful that dōTERRA enables her to expand her social networks and

skills. dōTERRA encouraged Hui Ling to transform herself, have a better quality of life and help others as well. She is also grateful for having a fully-supportive husband who supports her physically and mentally.

She continuously looks forward to spreading the goodness of essential oils and at the same time empowering more people to live a better life free from financial burden. Through the benefit of dōTERRA, she is eager to guide more people on attaining a better quality of life and health.



Max Lee

Blue Diamond



"Just do it, since one can't explore from it!"

It might sound slightly shocking at first, but the motto, "Just do it, since one can't expire from it!" has been Max Lee's motto since he started his business in dōTERRA. Max worked in various sectors and held different jobs- until he discovered the direct selling industry. It is the one thing he professes to have injected excitement into his life.

Max's journey is one of learning. Previously, he had worked in insurance, telecommunications, and even tourism. Hence, he thought it would be a breeze to succeed in dōTERRA since he had a plethora of experience. He soon found out pretty quickly how mistaken he was, but he never gave up. Max pushed on, learning and re-learning, stumbling and picking himself up. The taste of success was all the sweeter every time he overcame a challenge.

Max's journey is not a solo one. He has a team that always strives to keep unity and harmony. Encouraging and motivating one another are the norms, and Max feels blessed to have been given opportunities to attend various dōTERRA events. He treasures meeting individuals who are more than willing to share their stories.

The one thing that Max has gleaned from all these encounters is that these individuals are simply ordinary folks who have done well for themselves. It is all about persistence, resilience and having a generous spirit of sharing the love with others. Once Max discovered that he was over-relying on his past experiences, and all he had to do was to have an "empty glass" mentality, he could then start afresh and begin reaping the success that previously eluded him.

For Max, the basis for everything was the company- he feels dōTERRA is the best company he has ever come across and that his team members are wonderful, friendly, and attentive. With these supporting Max's back, it is no wonder that he set his goal for Diamond in 2019 and Blue Diamond in 2021. Max feels



that to advance in his rank is a must, and he communicates that to his team so that one and all are working toward the same goal and headed in the same direction.

Max is unfazed even as he faces the truth about the journey in achieving his dreams. He might be scared or have to make difficult choices, but he resolutely says, "So what?". Indeed, it is just a shorter version of his motto - "Just do it, since one can't explore from it!"



Phartchai Rueansit

Blue Diamond



I started a business with dōTERRA in 2021, which was in the middle of the global COVID-19 viral outbreak. People were more anxious because of the challenges created by the pandemic, but at the same time, a great opportunity came into my life: dōTERRA, which led to one of the most important decisions of my life. After questioning everything, I started studying the business. Once I had enough information, I was able to make the decision about starting a business. The next question to ask was, “What is the best time?” and “Will we decide to go with dōTERRA?”

Doing business with companies that have not yet officially launched in Thailand has many challenges, such as applying to become a member under a foreign code. Products must be ordered from abroad, which means waiting for a period of at least one month to receive them. Products from abroad can also be more expensive, whether it is because of the international shipping costs or the import taxes we have to cover.

True success...

best opportunity





Moreover, forming a team or holding a meeting is inconvenient. We had to find a meeting venue, convince the team of dōTERRA's brand and vision. There were many factors that indicated we might not be ready, but personally, I thought the time was right, so I decided to work with dōTERRA without hesitation. We can say it was the "right decision" because although there were questions, dōTERRA was ready to help us succeed. Our team receives excellent support from the company, whether it is the location, the company's management who work closely with the team, or holding meetings.

dōTERRA provides excellent information to reassure our team. Only at dōTERRA can you find such dedicated support. I firmly believe that success often comes with the words "opportunity" and "readiness," and I decided to join dōTERRA in just two weeks after studying the business data because of the opportunities and readiness presented by the company.

"Pornpavit (Danu)", who sees and believes the same way that I do. On that day I met Danu, we spent hours discussing dōTERRA, which gave me confidence. At that point, I had only experimented with one drop of Peppermint essential oil. As a result, one more Blue Diamond is formed today.

The proverb *"every crisis
always has a chance"*
is true to me.

Every decision that is made is in what we see and think about it. I see a clear opportunity to create value in us and to help others; taking care of ourselves and helping others create freedom. The launch of Thailand is a bright opportunity because essential oils are still new to our country and have many opportunities to expand. I remain committed to studying the use of essential oils, build my business, plan with my team, and take serious action so that we can create opportunities to grow with dōTERRA. Success will surely happen, not just me but as a team, we will get this opportunity of freedom together.

If success happens and you experience it every day, you will be thankful and proud of yourself, because you worked hard and opened your heart to the opportunities for success.



Ratchadawan & Pornpavit Wongprasert

Blue Diamond



During 2021, the COVID-19 pandemic hit Thailand. People all over the world suffered from health and economic problems. In a crisis, however, we're indomitable. We worked to stay focused and find a way to overcome this crisis.

Finally, we were lucky to find dōTERRA, a manufacturer of CPTG Essential Oils, which helped our whole family with better health and wellness. When we looked at the company's history, and the stories behind each essential oil, we immediately decided to join as a dōTERRA Wellness Advocate.



We are impressed by dōTERRA's natural and fragrant products, and we felt it was important to share the business opportunities and the products with everyone to support their health and wellbeing.

dōTERRA has a far-reaching vision, and its essential oil are 100% natural, and are excellent substitutes for chemicals and the additive-filled products on the market.

dōTERRA has mission to work with members too with a commitment of sincerity, integrity, and fairness to all members. It also has a marketing plan that supports the fair work of Wellness Advocates.

The principle of our work is that we will help all teams work together, sincerely, and provide them with the right information. dōTERRA has a good model that provides teams with all the tools and materials we need to have a simple understanding of the company's products.

A particular favorite characteristic of dōTERRA is teamwork. All the teams and departments work together to help each other and the world, one drop, one person, and one community at a time.

Thank you to Allyse Sedivy, Dan Hillstrom and Will Ashcraft who recommended the dōTERRA business opportunity to us.

Thank you
to the dōTERRA Thailand team
and thank you to *all my team.*



Rosy Tang

Blue Diamond



One of the most important things in leading a team is to be there and listen attentively.

My name is Rosy, and I am from Kuching, Sarawak. This is my fifth year using dōTERRA essential oils, and it has been more than three years since I started my career with dōTERRA. During my journey of running this, there were a lot of firsts and uncertainties. I am grateful for the support and cooperation of my team and leaders. The team's culture is well maintained, too, upholding the relationship that we are partners and family in business

to cooperate to complete the affairs of their respective positions.

It takes several leaders to work together to bring the team up simultaneously because everyone has their strengths and capabilities. When together, the force is unbeatable. Not only will it boost the whole team's morale, but it also benefits all our partners.



Everyone can be independent. They are independent in running their dōTERRA business. Timely encouragement works like a booster shot that will increase their confidence and motivation to move forward. And it is invaluable to listen to our partner's feelings and suggestions. Also, we will compile the challenges and dilemmas that we face today to discuss with the leaders in the team. Then we will help each other during the meeting. This allows our partners to feel like they're working in a team and not alone. We overcome challenges together. In expanding our dōTERRA business, we grow and break through with our partners. This will bring out everyone's inner desires. As the saying goes, desire creates power; these examples could go on and on!

If you like something, it can be a

brief period of enthusiasm.

If you hold on to it, *it must have its' charm.*



In this industry, I deeply feel the passion and love that each person has for what they are doing and sharing now. There is nothing more touching in business than seeing a person's smile and relaxed expression when applying essential oils to their hands. When the oil is used on them, it soothed their discomfort and made them feel more energetic. Our partners were willing to take their first step out in sharing about essential oils is because they figured out the goodness of essential oils and benefitted from essential oils themselves. It is indeed more exciting and touching when you share your own stories. You can be touched repeatedly by their stories to know how assuring it is to have essential oils on you. This is also why we are always enjoying dōTERRA and why we are determined to lead our team. We have also fulfilled dōTERRA's mission: dōTERRA is changing the world, one drop of essential oil at a time, starting with one person, one family, and one community.

The founder of dōTERRA, David Stirling, once said people who come to dōTERRA with the idea of getting rich overnight usually will not succeed. But those who are committed to serving others and helping them achieve, regardless of how much they give, always make the most money - both materially and spiritually. Income and wealth at dōTERRA come naturally when we are altruistic.

You do not need specific knowledge and skills to run dōTERRA. All you need to do is be willing to use essential oils, be ready to learn, take the initiative to share, share with a genuine heart, and serve with enthusiasm. May we become a part of dōTERRA's mission.

Andrea Chin

Diamond



After graduating from university, I became a teacher in a government secondary school. I was passionate about teaching as I loved seeing my beloved students gain knowledge and become successful. Fast forward 13 years, I decided to quit my job and pursue further education, in which I qualified as a beauty aesthetician.

Having my own beauty salon and beauty academy resulted in me becoming severely ill in my early forties due to the lack of rest, coupled with countless work stress. I suffered from menorrhagia (heavy menstrual bleeding), skin allergy, and many menopausal syndromes.

As an alternative, I opted for traditional Chinese medicine and was glad to resolve my menorrhagia. However, my skin allergy lingered on, and I was struggling from many episodes of skin rashes, which have caused sleepless nights. My face and body were swollen, and my appearance has affected my career to regain my health. Thus, I heavily studied nutrition, healthy cooking and natural medicines. Most of my ailments gradually vanished by consuming a nutritious diet, exercising, and working on stress management.

As a result, I became passionate about nutrition and natural therapies, and changed my business model to an integrative wellness business inclusive of a wellness academy, organic shop, and a health café.

dōTERRA came into my life when a student offered me a small bottle of Breathe (Easy Air) essential oil when she saw me sneezing as I was down with severe nasal congestion. After inhaling the oil and applying it to my chest, it eased my running nose within a few minutes! The CPTG standard of the essential oils further enhanced my confidence in the quality, purity, safety, and effectiveness of dōTERRA.

What's more, I was touched by Co-impact sourcing and the Healing Hand Foundation project videos. Through these initiatives, job opportunities are created, and the less fortunate (particularly the farmers, harvesters, and the workforce involved) can lead a better life.

Through sharing dōTERRA essential oils, I encounter many testimonials proving that they are indeed helpful in improving body wellness, mental alertness and calmness, purifying the environment, and many more. As I became more diligent in sharing the benefits of essential oils, I started to receive income and foster a strong faith in dōTERRA.

I am blessed as my team members have put full trust in me, and together, we work on the dōTERRA business. As we extend our love and concern to help our dear ones, we get to know each other's family members. Our relationship grows deeper and fonder as we share our success, challenges, setbacks, and experiences with each other.

I realised the power of participating in all the programmes organised by the company during my journey with dōTERRA. Programmes such as Diamond Club as Silver Club, incentive trips, In Bloom, BOGOs, LRP, and other training and classes have greatly helped my team and I expand our organisation.

By leading my team to actively invite relatives and friends to attend the Diamond Club events in March 2019, I moved up to Silver ranking in April. Three months later, I was Gold, and in another 4 months, I went up to Platinum ranking. I realised that my enrollment for the whole group increased greatly by actively inviting people and following up closely. In 2020, I participated in the Diamond Club programme and mentored 8 Silver Club participants. In November of the same year, I achieved Diamond ranking. To add, I also qualified for three incentive trips for three consecutive years.

As I began earning passive income, I am proud and happy that my team builders are beginning to earn better income. dōTERRA is a beautiful business where we can gain a win-win situation and achieve greater success by helping others grow.

Fostering mutual understanding and communication, effective follow-up and time management, and task prioritisation are some of the challenges my team members and I often encounter. By overcoming these hurdles, we gained satisfaction and the desire to strive for more. Having said that, I am grateful to have my uplines and dōTERRA managers giving me full support, motivation and encouragement at times of need.

The lessons learned during my dōTERRA journey brought invaluable growth in my personal development and financial breakthrough.

Life is beautiful when we work on the positive mindset of abundance.

Angeline Nai Eng Choo

Diamond



Courageously take one step at a time to find your
confidence and goal.

I went back to my old job disappointedly, that is, to be a beautician, and I immersed myself in the industry for a year. But I was unsatisfied with my current situation, so I took the leap of faith and went back to dōTERRA to build my career. The leaders in the company and my team have been a blessing to me and have given me the courage to embark on my transformation journey.

I am grateful for my team that led me. I went from being reluctant to take the first step to start over with a burning fighting spirit, all because I had a group of partners who believed in me and worked with me to build my career. On the climb to success, some people may have difficulty getting by, but they will reach the pinnacle of success if they are determined to.

Life is a long journey, do not feel defeated by a little setback. Never forget why you started and take a bold step forward to overcome challenges that come your way. I have also gone from a novice who did not know how to use electronic products to a person who conduct classes online. From this, I learnt that no matter what challenges we encounter, if you are willing to work hard, there is nothing that can stop you. That is also how I have been successful for a long time.

At that time, I wanted to be successful. I had no goals, but I bravely went ahead with them. I was trying to develop the market and give the Malay market a try, something that I was never exposed to before. Because of this, I went all over Malaysia. It was a tough journey.

I fixed my mindset to remember why I started in the beginning and restarted. I improved my skills and set personal goals. I know I still have my weaknesses, so I will try my best to change to be a better version of myself to bring my team closer together. Unity is strength. As long as my team and I work together, I believe we can achieve great results.

Fortunately, I have the support of my husband, children, and family. I think the support of my family is crucial for me so that I can balance both my career and family. My family is my strong support. As such, I can move forward without any worries.

In my opinion, a woman's career and family can be planned in phases. Having a different thing to focus on a different period is a good alternate pace. It is impossible to keep moving without stopping.

According to our different changes in a different period, finding time to stop and rest appropriately can allow us to adjust to the best state. Complete your stage goals and know your priorities. If you look at your life goals, in the long run, you will realise that challenges at different stages are just a milestone in life. Whether it is your career or family, if you can find the balance, you will have a smooth life and everything will turn out well.

Angie Ong Yoke Hun

Diamond



I feel blessed to be part of the dōTERRA big family. This sharing is about my dōTERRA journey. Throughout the formative years, I have experienced multiple ups and downs. When I first started 4 years ago as a builder, I doubted MLM and the direct selling business. I faced huge changes from a finance banker to housewife before transiting to whom I am today- a dōTERRA Diamond Rank Wellness Advocate.

Previously, I was more comfortable as a user and was hesitant to be a builder. Despite being a Premier rank at that time, it took me 6 long months of deep thoughts before I plunged head-on into dōTERRA.

At that time, financial freedom was not the main reason for my commitment to dōTERRA. When I finally decided to put all my efforts into it, the main reason was that this journey allows me the freedom of time; plus, I truly feel I can positively impact more people in natural therapy and wellness. dōTERRA allows me to take care of my youngest son, who has GDD (Global Development Delay), whom I need to send to OT (Occupational Therapy) and special classes. When one has made a decision, I certainly feel that one has to fully commit to it with determination and grit, without IFs or BUTs.

Laughters, sweet success, as well as tears and pain, accompanied my discovery of the dōTERRA world. Many may see it easy as a breeze, but as an MLM newbie, I was reminiscent of the Chinese saying,

“屡战屡败，越战越勇”

Stand up after each fall;

the more you fight, the braver you get

Everyone starts from zero, and I am no exception. At first, I had no network or experience, and everything seemed overwhelming. To increase my enrollment success rate, I began investing in my learning development — spending substantial time and money for classes, going to dōTERRA Taiwan and dōTERRA US, organising home parties, DIY classes, etc. These actions were important to enrich my experience and provided tons of great content and know-how to share with my team members. Rather than mundane and repetitive materials, for 2021, I have partnered with another sideline and my team to complete 48 mini talk series, which received overwhelming responses and results.

Building a great member network requires expanding beyond my comfort zone. One should never perceive anything as impossible or hurting one's pride. Looking back, I have even managed to enroll my neighbourhood wet market's poultry seller and fishmonger to become my members. I believe such a breakthrough requires me to try all means without feeling awkward or embarrassed. As long as I advocate a positive lifestyle, I should keep doing it.

My BIGGEST reward from building dōTERRA is that my family-like team has adopted the use of dōTERRA essential oils to take care of their daily wellness needs. My lovely team members are the backbone of my growth. They participated well, introduced potential enrolments, assisted my online training and shared my ups and downs. Thank you dōTERRA and all my team members!

Candy See Cul Wei

Diamond



I completed my architecture studies in Germany and returned to Malaysia at the end of 2019. I originally thought that I would make progress in life in an orderly manner: studying abroad - graduating - looking for a job - making money. I thought I would just live my life by working in a proper architecture firm after graduation and making a living out of it. After returning to Malaysia, I had to work overtime every day. The days became very mundane because it was just about working.

I started to think, "Is this really the life I want?"

I have already been having pressure from work. The pandemic changed everything. I was forced to work from home, and my monthly salary was also reduced. At first, I bought a set of dōTERRA essential oils just to help me release my stress at work. I have never thought of running this business.

Through dōTERRA, I discovered the power of plant essential oils. They improved the health symptoms of my entire family, such as insomnia problems, emotional problems, headaches, sensitive nose and so on. I started to get curious and build an interest in aromatherapy. I started looking for information on the Internet, and I worked diligently in class every day to learn the usage and efficacy of essential oils. I shared all the knowledge



I have learned with my friends and family around me, and shared every drop of essential oils generously.

I just keep learning, experiencing, and sharing. I went from being alone to leading a group of people who love essential oils as much as I do. In the beginning, I simply loved to share. Without being aware, I earned my first income through dōTERRA because of my love of essential oils.

I also encountered setbacks, failures, and rejections countless times along the way. I appreciate team leaders Evon & Patricia, who always moved forward with me and never gave up on me. They told me, "Just hold on a little longer and you'll be fine". dōTERRA sells two products, essential oils and love. I love essential oils, the team, and this business, which is why I persevered.

I am a diamond rank leader now; I know it is just the beginning. I do not dare slow down or relax because the responsibility is

becoming bigger. I need to spend more time building the organization and leading my advocates, but I do not see that as a "sacrifice". I enjoy the process, I enjoy the moment, and I enjoy every stage.

Do not be afraid to take baby steps. If we can learn a little bit every day, we will improve a little bit every day. Completion is more important than perfection. This business is not built by one person, but a group of people.

If you are reading this article, I want to encourage you not to think that anything is impossible. There are infinite possibilities and miracles in life, as long as you want it to happen. Set your target and go for it. May all of us be able to overcome all the barriers and live the life we want. Remember,

*"You deserve
a better life!"*



Catherine Kong Yii Sing

Diamond



Never forget why you started,
and you can

accomplish your mission

I used to be an average employee who was satisfied with the status quo, so I worked in an audit firm for about 8 years. I wanted a higher income, but I am resistant to progress, so I desperately took on a lot of part-time accounting jobs while working as a full-time auditor.

I began to know dōTERRA because of its fragrance. When I first smelled the dōTERRA lavender essential oil bottle, I wondered about its unique smell, and the scent stayed on my nose that night. I decided to get a set of it.

At first, I did not put much thought into this. I just wanted to use inexpensive essential oils. When someone asked me about essential oils, I simply recount my experience or shared the daily usage of essential oils. When more and more people began to ask me, I took it as a part-time engagement. That was how I started my dōTERRA journey.

As mentioned before, I have a full-time job, and I also took on part-time accounting jobs and got involved in the

dōTERRA business. Therefore, I could only serve the members or clients in the evening, helping them do head, shoulder, and neck massages. When I started to have more members and clients, I had to reply to a lot of messages daily. My full-time job occupied most of my time, and it seemed that I was unable to focus on it anymore. Thus, I decided to resign to commit myself to dōTERRA business fully.

I believe that the biggest challenge faced by many leaders when taking this path is that they do not know how to lead a team at the beginning. They wanted to meet an advocate who could "get it right by just one hint", but the chance is very slim or even impossible. I am no exception. Whenever I encounter these problems, the only way I can think of is to learn from other good leaders. I know that it is not easy to meet with core partners every week, but I still do as it is the only way to make the team more cohesive.

As I began to dedicate all my time to my career at dōTERRA, it is inevitable that I will need to make sacrifices, such as

having lesser quality time with family and spending lesser time with my children while they are growing up. Hence, communication with family members is also vital. I believe that every leader needs family support, so that we can run our business without hesitation. Of course, you must teach yourself the importance of time management in these processes.

Rationally, a career in dōTERRA cannot be successfully completed by one person. It must be completed by a team of people, a team who love essential oils.

We often say that "we must not give up", but the so-called "do not give up" is not only in regard to buying and using essential oils alone but in terms of sharing the after-effects with others as well. There may be more challenges in the future, but I will continue to work hard with my team, because one person can go fast, but a group of people can go further!



Chong Seow Yin

Diamond



We do not work hard to boast
about our capabilities but to
*give ourselves
more options in life*
and the quality of life we yearn for.

I used to work in the service industry. I started as a part-timer and then worked as a full-timer in the same company for almost 9 years. There was only one day off a week, and I worked 10 hours a day. There was practically no quality time with my family, and I needed to take leave to have my precious family time.

During the MCO, I started to know about dōTERRA essential oils through the sharing of my sister-in-law. She has been using essential oils for three years. Through my sister-in-law's sharing about the application of essential oils, I began to have more confidence in dōTERRA products.

So, I tried to understand the career that came with dōTERRA's essential oil. I was attracted by the company's bonus system and culture. I found that this business gave me a chance to develop my career and helped many people and families in need.

I am a very dependent woman. I need a companion when I want to do something.

I found out that many people were just like me and wanted to improve themselves. I could see the participants were from a broad spectrum of age groups, from 18 to 50 years old. I met with full-time homemakers, mothers and even singles.

I sincerely felt that everyone was courageous and diligent. I was not burdened with much financial pressure, and I did not have much to worry about. I had no reason to short-change myself, so I should try my best to create a better life for myself. Thus, I planned to make a real career out of the essential oil business and worked hard for its success.

It did not take long for me to discuss with my family if I should make a breakthrough for myself. My family were supportive. My husband, especially, has always given me full confidence and support. My family's full support gave me the courage and audacity to take this step!

In my dōTERRA career, I have met many people choosing between working hard

on their careers and taking care of their families. You could only choose one of them. I used to face the same dilemma! I believe that this is not new to many mothers! I am no exception, except I switched my career earlier than many people. I choose to change my life. I do not want to be changed by life. After all, change is painful, but to have a better quality of life in the future, everything is worthwhile!

Now I have my own team, my own branch, and advocates to build our business together and share this gift of Mother Nature (dōTERRA) with more families in need.

The career with dōTERRA enabled me to unleash my potential to run my own business that I love and enjoy. I will thank my current self in the future for the efforts I put in now!

I am currently working in a private medical university and am responsible for managing the university's online marketing.

So how did I get involved with essential oils?

The reason is very simple; I have two adorable sons. The older son is a premature baby, who was born frail and weak. He has experienced various infectious diseases since he was a child, including hand, foot and mouth disease, dengue fever, influenza, etc. When he was at a very young age, my husband and I had to travel back and forth to clinics and hospitals all the time. My son is not the only one who felt tortured. As his caregivers, we were also terribly exhausted.

Hence, I have been looking for natural supplements or remedies to help him. In 2018, I was fortunate enough to walk into an organic shop and meet my upline.

Because of my trust in them, I soon started using essential oils to help my children condition their bodies. In just a few months, I felt a change in his physique. Of course, we are still mortal after all, so, inevitably, we will still occasionally experience discomfort. Because of this, I started to share the goodness of essential oils with my friends as a mother who simply likes to use essential oils.

I have always known that we cannot choose to stay in our comfort zone when we should strive, especially when we have the strength to do so.

I've always longed for passive income and financial freedom. But before I joined dōTERRA, I had no idea how to achieve this goal, except for some small investments. I think that was my best effort as a white-collar employee.

So, that's how I started my career at dōTERRA. I have close contact with several core advocates almost every day. This is the only way for us to become real confidants and partners. This kind of connection makes it easy for me to notice the subtle changes, emotions, joys, and sorrows of everyone when chatting

I believe that knowledge can make a person grow and become more confident. After comforting ourselves, we will find a better way to expand our comfort zone and circle of friends, and even try to enter our inner panic zone to challenge the work that we feel incompetent.



Chua Kwee Lee

Diamond





Clarie Ong Ho Sin

Diamond



I have gained and lost along the way. My journey is covered with both tears and surprises. I have turned from an average employee to having my own business. I got to know about dōTERRA due to the pandemic and MCO. I started from scratch, took all the baby steps, and learned how to develop in different fields.

I overcame each obstacle with a new strategy, explored at my own pace, took courses, etc., to better myself. I appreciate all my customers, friends, and family members who have faith in me. I am thankful that I have never given up and am grateful to the people around me for their encouragement and support. I am thankful to my team and partners for working together to make me who I am today. With the support of everyone, I was able to achieve the goals I set for myself repeatedly and break through the limit again.

Persevere, and you will win. If you are still passionate and believe that you can make your dream come true, you can continue the winning streak. There is no barrier that cannot be overcome. As

long as you are not afraid, as long as you are hopeful, you can break through the predicament and find your way to success.

I was fortunate to have participated in the Diamond Club for the first time last year, which brought me closer to my team. The Diamond Club event enabled us who were initially unfamiliar with each other to become friends. We discussed how to attract more people to join our team. We discussed organising events together, how to attract attention and reward strategy. By getting closer to each other and reminding each other about the course schedule, everyone supports each other.

We will inevitably encounter setbacks on the road to success, and learning from setbacks is also a major part of

*the journey that
allows us to grow.*

Connie Choo Siew Kim

Diamond



I am an advocate for environmental protection, and I am also a mother of three. Hence, I am a big fan of non-additive and natural products. I have been involved with essential oils for five years. I got to know dōTERRA because I wanted to deodorize and not want to be exposed to excessive chemicals.

At that time, a friend of mine said that his family members have been using essential oils to treat fever and cold, and it was amazing to see the effect very quickly. Later, I also bought a set of Family Essential Kit, but I only knew how to use Frankincense at that time. Some people even exaggeratedly told me that Frankincense could fight cancer.

Friends around me know that I suffer from hyperthyroidism (overactive thyroid). With the initial thought of try-and-error, I went online to find essential oils with Frankincense to soothe hyperthyroidism and tried my best to incense the air with Frankincense and other essential oils every day.

The amazing thing is that, half a year later, I saw some positive outcomes in the hyperthyroidism report, and there was an improvement.

I have tried many well-known MLM products in the past, but I have not seen significant results. After that, I was very resistant to MLM because I believed that MLM agents would keep selling blindly supported products.

dōTERRA is different, and I am a witness to its efficacy. There are also other testimonies from my children and family members. I will share them with you when I have the opportunity.

Therefore, I have always felt that I can help others by sharing good products with them. I do not think that I am selling products. I am just sharing love. I always think that the more dōTERRA products I sell, the more people I help. It's like doing a good deed. Personally, other than educating others about essential oils, the most important thing about dōTERRA is spreading love. I insist on sharing about the products and spreading the love.

The biggest challenge during this period was the disruption caused by COVID-19. I believe this is a worldwide challenge. I work in Singapore, and most of my advocates are in Malaysia. We are not proficient in using computer software as well as IT products, but we needed to conduct meetings, discussions, and activities over the internet.

dōTERRA is my part-time commitment. Of course, just like others, sometimes, I would want to give up too and felt that I do not have enough time. This is an excuse for many people who choose to give up.

What's more, through the Silver and Diamond club, I learned how to make effective use of my time, plan activities, and implement them one by one according to the arranged pace, and I have become who I am today.

I am incredibly grateful to have come across dōTERRA. I am grateful to my leaders for their selfless leadership, and I am grateful to my advocates for their full cooperation.

*Never give up!
You only got one life. Go for it!*

Dennis Koh Eng Koon

Diamond



The 6 steps of personal success

Hey everyone, I'm Koh Dennis! A yoga trainer, certified wellness planner, and registered Tuina Chinese Physician (Minister of Health, Malaysia).

I've been with dōTERRA for about 6 years, and this is my first time getting involved with this industry. I've personally never thought that running this business would bring lots of fun, glitter and big dreams in my life, especially during my later year of 52!

Simply because of the quality of the products where I had started my journey in dōTERRA. I love to share about essential oils while conducting yoga classes and always heard lots of good comments from my students, saying that essential oils were able to help them release stress! I love to share lots of information with my students, which urged me to look for the right path to start my new journey with dōTERRA.

Over the years, I would share what I knew about dōTERRA while conducting yoga training courses and workshops anywhere. Those simple sharing enabled me to enrol many people before realising there was an income option! Once I connected the dots, I became fully committed!

The success journey is the process of working through each step to arrive at the

next one, with each step motivating and inspiring myself to press on without fail.

Here are my 6 ways to take the first step of diamond journey:

1. Awareness

Always strive for more. Improving and expanding are the main concepts, not just doing it for success only. I believe the more you grow yourself, the more you increase your quality of life!

2. Action

To win, you have to begin! Map out your situations with where you need to get ahead in your life. If you cannot find them, make them! Seriously, if you don't see the door to your success, then build the door yourself by taking action in the direction of pursuing your goals. Take the initiative!!

3. Accountable

As mentioned above, you have to create ways by making yourself accountable and pushing habits of laziness and especially DOUBTFUL thinking. One of the ways you can do this is to share your goals with others who can help motivate you to stay on task.

Track every action that pertains to an area where you want to see progress, whether it relates to finance, health, career, or relationship. Remember, tracking your progress and missteps is the only way to build success!

4. Attraction

Once you have become aware of the steps mentioned above, are taking action, and are being accountable, you will begin to produce the behaviour you desire! You are producing a very powerful side effect on attracting like-minded people into your life and business ventures and ideas.

5. Accomplishment

Be willing to pay for your growth, financially and consistently. Keep your every thought, word and deed focused on accomplishment. Be creative!

6. Authority

If you have the feeling that it will be difficult or complicated when doing something, then you have to be the authority over your own emotions to make success happen.

Success doesn't mean an end. You grow each time you go through the process mentioned above. I believe the process of growing is based on the ideas you hold of yourself, your life, and your continued success.

Eng Zee Lin

Diamond



Before Zee started dōTERRA as a full time business, she was a senior portfolio manager in the investment industry for 14 years earning a comfortable income. However she did not find any fulfilment in her work and was looking for something meaningful in her life, that can impact and value-add to people's lives. So she made the decision to get out from her comfort zone. Zee was looking for something that can combine her passion in helping others to improve lives while receiving passive income. She explored many options and one day dōTERRA came into her life through a friend who was just starting her own journey in dōTERRA.

What attracted Zee into dōTERRA business is her personal family testimonial using the oils Zee saw the huge potential in essential oils industry, how it can cover both health and wellness that is beneficial for any age, from babies to elderly and even pets. At the same time she had a team of uplines who were all doing dōTERRA business full time. Since then she knew that she has a strong community of support and guidance.

From the beginning, Zee was very clear that she wanted to build a strong business foundation and aspired to achieve Diamond

rank from day 1 as her goal. She attended every classes and training that was organized by the company and the team, she learnt from various leaders so that she can better serve my team members. She is glad to gain a lot of friendships and trust along the years. The oiling community grew.

One of the life changing moments for Zee was during her first year in the business, a self paid trip to attend Doterra global convention in Utah. Having only been in the business for 6 months, Zee managed to walk the recognition stage as a NEW silver. The biggest take-away from that 1st convention was learning about Healing Hands Foundation. That's what rooted her faith and believed that doterra is the company that she wanted to partner for life. The Co-impact sourcing behind every bottle touched her deeply and was proud to be part of it. She remembers and loved what the founders said, We are in the business of empowerment and changing lives.

It was tough in the initial 2 years as she was drawing lesser income than her previous job, but she focused on building the business foundation by doing the right thing and never give up.

To succeed for rank advancement in dōTERRA, the important elements for Zee is duplication and team values, it is not personal achievement.

She believe in leading by example and to enjoy the journey of changing lives, starting with a drop of essential oils. She is thankful that her team leaders are persistent and didn't give up pursuing the dream together while changing lives to be better.

Route to diamond is never a sudden success but with a lot of hardwork, commitment, learning process, focus, strategies planning and teamwork.

She believes that there is no abiding success without commitment. Decide what we want, stay committed to the decision and we will achieve what we desire.

Zee's dream is to able to inspire more entrepreneurs to join her on this doterra journey that is full with love, humility and happiness while sharing the essential oils to the community. The gift of the earth needs to reach out to more people in the world.

Fanny Chu Pei Fun

Diamond



Have the right mindset and be

persistent to what you believe.

Prior to becoming a full-time at dōTERRA, I worked as a manager at a noodle shop. When the economic crisis hits, my boss had to let me go. At that instant, I became lost and I was unsure what to do. It was when I met Vanni, my upline, that she motivated me to start my dōTERRA journey.

For me, the most challenging obstacle in this journey was how to be a good leader or partner, how to lead my team and leading by example. There are no rules about what a leader or partner should look like. The most important thing is to have the right mindset and be persistent to what you believe.

In the beginning, I am not the best at expressing myself. I can be very straight forwards and saying things that may hurt others. All of this can be misleading and creates misunderstanding inevitably. So I have been working diligently to polish my communication skills and learning to express myself in the best composure. I have to present myself confidently and clearly in order to make others believe in me.

Each individual will make mistakes. One of the lesson I have learnt is not to keep everything to yourself when things goes wrong. Try to communicate with your partners and discuss together for the best possible arrangements. Learning to communicate is to avoid unwanted occurance and arguments. No one is perfect, but by working together, we can achieve every advantage we have and fit in a comfortable role in the team. A partner whose mind is always full of ideas is a partner who can analyze and solve problems quickly. Some have exceptional execution skills and the ability to work with each other to get things done effectively, while others are energetic and responsible for team cohesion. I cherished those who have been my leader, partner and teammates, they have taught me different things throughout my journey in dōTERRA.



Fanny Tan

Diamond



I am a mother of 5 and a full-time housewife. For my family's health, I chose the most natural aromatherapy such as essential oils to protect ourselves and our family.

In the time of Hippocrates, human beings learned to boil willow bark to prevent plague. The medical industry is even more developed today, so don't be panicked! Using essential oils is a healthy habit.

It is necessary to develop the habit of taking care of yourself and your family in your life. With that, you will not be panicked and fearful when you face the threat of disease.

I love to learn new things and acquire new knowledge, which will be pivotal to my growth in life. After joining dōTERRA, I have constantly traded my time to attend online classes, product knowledge classes, etc., to keep myself fully equipped the product knowledge.

I continued my pursuit as a builder mainly because of the support I received from my family members. Family support was fairly

important to keep me going as I know dōTERRA products would genuinely benefit my loved ones at home. Furthermore, I have always wanted them to lead healthier lifestyles and have alternative ways to keep them healthy and stress-free. It's a big achievement for me when I am able to empower my family members with health and wellness.

The biggest roadblock in being a builder would be finding and focusing on the people who have the same interest as me and want to receive my offer. My goal for my recruits does not change. It is to make them fully understand the potential, importance, and wellness values in dōTERRA products.

In addition, the economic consequences of the coronavirus pandemic created more resistance for the consumers to spend more. Therefore, I have to work harder to share my product knowledge and my personal user experience of the products. I conduct myself with utmost sincerity and integrity when I share my marketing efforts with them so that they understand the benefit of investing in dōTERRA products for our family wellness outshines the cost of the product.

Jacob Loh Jaw Horng

Diamond



I worked in Singapore for 7 years and decided to come back in 2018. After I came back, I met a friend who introduced me to investments. So, I invested my savings. Everything was great in the beginning. I did earn some money. In 2020, I got to know about dōTERRA. My friend told me the benefits of dōTERRA and how it can help us with our life problems. So, I bought an "Introductory Kit" from her to try. I prompted my other friends to give essential oils a try too. She did ask me to get into this business, but at that time, I was obsessed with investments and was not interested in dōTERRA business. When the pandemic worsened, I was in debt due to investments failure.

In 2021, I decided to give dōTERRA a try. I gathered my friends from before to start together. The pandemic in Malaysia was still in a serious state, so all our activities were held online. I was an amateur, so this was a challenge for me. My downline and I were in a dilemma. We were unsure if we should continue in this, because how are we supposed to let our customers experience the goodness of essential oils online? I then asked myself why was I was giving up even before I started. Furthermore, I did not have other choices.

The only thing I can do is to improve myself by learning continually. That was how I brought my downline to move forward together. We followed our upline and company in promoting online courses via Zoom. We were always inviting people to join as well. Surprisingly, I made it to Diamond rank by taking things one step at a time. I am grateful that I did not miss out on dōTERRA, and thankful that I did not give up when faced with challenges.

I would like to thank dōTERRA for bringing such a

significant change

in my life for the past year.



Janet Lim Pei Yin

Diamond



*"Change is Painful
and that's OK"*

Prior to joining dōTERRA, I live an ordinary life, from graduation, get a job, get married and have children. I've been a full-time housewife since my oldest child was born over 10 years ago. I am the mother of four children.

Like many moms, giving birth is just the beginning of a mother's complex and significant role in raising a family throughout her life. For the past 10 years, I am the manager of my family, a teacher for my children, a household nurse and being the best chef to fulfil my family's needs for proper gastronomy. To improve my nutrition knowledge, I took nutrition course to help myself and my family make healthier lifestyle choices. Family is my everything, my priority.

With every passing day, I invested myself to my family more and more into making them happy. So much so that I started losing sight of my dreams, goals, and individuality. And my self-confidence shrunk as I lost touch with my passion and life purpose. I felt I totally disconnected from society, and it made me felt depressed and anxiety.

By chance, I met my Upline who introduced dōTERRA to me. I bought a set of essential oils and use it on my children and my mom. Their condition improved and it amazed me. At that time, I knew dōTERRA not only has excellent products, but also an excellent business opportunity. I've tried numerous times and failed because I cannot adjust my family life for the business.

In one accident, I noticed I can't be like this forever and I wanted to support my family financially. I asked my Upline, Sze Lin, how can I earn an income of RM2000+ per month. She patiently guided me step by step and I decided to start my dōTERRA entrepreneurial journey in February 2020. But very soon, Covid-19 outbreak happened in March and made it more difficult for me to launch doTERRA business, especially my circle is so extremely small.

I took lots of time making contact list and reconnect with my friends. My strong desire for change motivates me reframing problems as challenges, taking opportunity to improve myself day by day.

I go further sharing dōTERRA with a sincere heart and surprisingly, there's lot of mothers like me are looking for an opportunity to support their families financially. I managed to turn my group into a true team who shared the same purpose. Thanks to my Uplines and team members. Without them, I wouldn't be where I am today.

I believed that we must first lead ourselves before we can lead others, helping others with a good heart and be the positive impact on someone's life. Then eventually, you will get what you deserve.

Remember, change and growth is painful, but it's so necessary for us to evolve.

Joyce Low Sui Ting

Diamond



I used to manage my family's restaurant for more than a decade. I first got to know dōTERRA in 2017, and it was because of my insomnia and my son's health issues. After a few months of using, we could see significant improvement. I decided to share this Gift of the Earth on my social media.

That was how I started my journey as a dōTERRA dealer. I am very grateful for the help of my husband and parents. Their support gave me more time to learn and to serve customers.

After running dōTERRA for 4 years, there are a lot of bittersweet memories. I am the happiest when my customers give their feedback after using the products and after getting recognition from my members.

The biggest challenge I faced while on the journey was not having a certificate. However, I have time, and I was able to make calls to America and help my customers order and solve

various problems. I never stopped learning and improving. In the end, I went from a clueless dealer to the leader I am today. If I could turn back time, I would still choose to join this big family in dōTERRA, learn and grow from leaders, and share more about essential oils with other people.

Due to Malaysia's pandemic situation in 2022 and the nationwide lockdown, it was impossible to physically meet our members, which was a situation for the whole team. But because of this, we instantly changed to online methods. We recorded short clips to share the knowledge of pandemic prevention measures, how to use the essential oils, etc.

We successfully attracted a lot of people to join us. This allowed me to successfully invite 30 new members to participate in July 2021. In the beginning, we were stiff and awkward in front of the camera. After a lot of re-recording and amendments, we finally completed our first video to share about essential oil.

Never stop learning and improving

Kong Jia Wei

Diamond



If I can turn back time, I want to tell
my older self that I am

grateful for my
bravery and *courage*
for making the Kong Jia Wei today



I am an assistant to a Chinese medicine practitioner. I am doing dōTERRA business on a part-time basis. I need to go to work, allocate time for training, provide services, meet new friends, and accompany my partners to organize activities. Time is the biggest challenge for me, but it is fair since everyone has only 24 hours. dōTERRA taught me how to plan my life. We will achieve our goals when we put in the effort.

4 years ago, upline Vanni invited me to run the business together. However, I did not have a good feeling about direct selling at that time, so I turned down the offer right away. I once complained about why I started, but a crisis is often the turning point for any situation. Due to the pandemic, I lost my income

and I genuinely understood the meaning of devastation. After I saw the achievements of my family at dōTERRA, I abruptly changed my views on direct selling. When I started running this business, I told myself that starting later was my choice and that I will try my best to recover the 3 years I missed. I used to feel frustrated and guilty about starting late. If I followed the steps and saw the opportunity, would I be different now? But maybe this is the best arrangement for me. Because of this, I know that I have no time to waste, I cannot slow down, and I can only run faster with all my strength. We cannot choose our background and talents, but we can decide whether to “work hard”. Since I have chosen to start this business, I have never thought of giving up. I believe that I should just do my best as I have already started this journey.

Lee Shi Wen

Diamond



I am Shi Wen, a working mother of three daughters. A woman normally plays several important roles in life. She is the granddaughter of her grandparents, the daughter of her parents, the daughter-in-law of her husband's family, her husband's wife, her child's mother, a company employee, and so on. Therefore, the biggest challenge you face as a working mother is "we have no time!". In addition to allocating time to our careers, it is also necessary to allocate time for the welfare of our children, which has exhausted all mothers' time. The little time left after the child goes to bed is the only precious "me time" a mother has.

What made me want to change? I want to change my "lifestyle" to bring a better quality of life to my family. As Bacon said, "Organizing your time is equal to saving time." I started to schedule and buy time to share about essential oils. As soon as I finish my work, I start thinking about what I will do throughout the day. While taking care of my children, I took some candid photos or videos of using essential oils and shared them on social media. I called and texted my contacts to invite them to the sharing party during my spare time. I am grateful that my

family has been supporting me all the time. My mom will help me pick up the kids when I have a home party.

There was a time when I almost gave up. I am very fortunate that my leaders and online coaches never gave up on me. They always encourage me, explore my strength, and provide many courses for my self-development. Since the beginning of the pandemic, I have been working from home, which has been a big turnaround for me. I used my time at home to constantly try new things, such as shooting videos, doing live broadcasts, online lectures, etc. I also enrolled myself in many professional courses. During this period, I started to hold handcraft classes. I have a group of loyal downline teams who accompanied me to build our team step by step. Because of the handcraft classes, I have a better connection with my advocates, and at the same time, we became more united.

*Knowledge
is limitless, and
everything is possible*

It just depends on whether you are willing to take the first step and make a choice. If you do not step out of your comfort zone, you stay as you are now, but as long as you are willing, everything can be made possible.

Finally, I want to encourage everyone and remind myself that goals are not achieved naturally. There must be a strategy, a plan, a direction, methods, courage, and determination to grow. With that, success is not far from us, 99% comes from preparation, and the last 1% comes from luck.



Lily Tieng Li Li

Diamond



I worked as a beautician in Singapore. Then, I moved on to a design and renovation company as a manager. I spent about 4 years in Singapore. I am an optimistic person, and I will always look at the positive side of things. I believe that many things in life are God's plans, and they are the best plans. It is to let us grow and become a better version of ourselves. I think the reason I joined dōTERRA was because I was fascinated by the stories of how the company helped others which has inspired me the most.

When I first started this business, I did it with women's rights in my mind. I wanted to empower more women, helping them make passive income and find their own value in this business. When I applied the oil on my parents, I realised that the back of my father's head was flat, and my mother had all these grey hairs. Suddenly, I felt sad. This was the first time that I took a thorough look at my parents' heads. If it was not because of dōTERRA, maybe I would never have had the chance to massage my family members' heads. It turned out that love for family can be conveyed differently with my hands.

Everyone is a leader, and they have the right to speak. When I find out that I have made a mistake, I will take the initiative to apologise and admit my mistakes. I think, as a leader, the courage to realise your mistakes and admit them is a strong characteristic. I will assist my team members in identifying their strengths and motivation to run dōTERRA and to reinforce them. This is to let them make effective use of their strengths with a career in dōTERRA. Thus, they can use their strengths to do what they love. If you find your value and enthusiasm in this career, you will fall in love with what you do, which will help you persevere for a long time.

The most struggling period in the recent past, I believe, was when I was in the final stage to achieve my rank, and I dare say that without the encouragement and support from my teammates, I would not have gotten to where I am now. As soon as the thought of giving up surfaced, they asked me if there was anything they could help. At that moment, I was very touched, and I told myself, I still have the chance to do it, I can do it. I remember that one of

my partners told me, is there anything else I can help you with? I might not be able to help much, but I am willing to do anything to help. I was so touched. I did not have the courage to give up. The goal is set to be achieved emotionally and rationally. I know that I must not give up. I must achieve my goal. I really appreciate my team members and myself.

Success is no accident. A career requires hard work, perseverance, continuous learning, willingness to sacrifice, and most importantly,

passion in what you are doing.

The day my family and I learned about dōTERRA essential oils, our lives changed forever. We are now healthy and have a lifestyle that makes us happy.

Falling in love with dōTERRA started with experiencing the smell of the company's essential oils, especially Peppermint, which has such a unique smell. After smelling the oils, we did our own studies and used Lavender with our children, which helped them sleep soundly until the morning. Then, I had the opportunity to share the essential oils with my mother, sisters, and friends around me. Everyone loved them.

I am constantly finding opportunities to share dōTERRA's with people. Over the course of one year, we have changed many people's lives with the knowledge of pure CPTG essential oils. Thank you to the seven co-founders, who had the vision and willingness to change the world with natural products. My secret to success is to "see the opportunity and take advantage of it." I'm proud to be working with a global company that is ready in every way.

Ninart Kasemsai

Diamond



Thank you, dōTERRA.

*Thank you with
all my heart.*



Pakkaporn Sirimethapol

Diamond



I have more than 10 years of network marketing experience. It has provided my life with good business opportunities. My experiences have also made me selective. I made a lot of choices until I met Somthawin, or "Nina" who introduced me to dōTERRA when the company opened in Thailand. After studying the company, I decided to join. From day one until today, even after four months, I have been very impressed with the products.

We're proud to share with people a better lifestyle, where dōTERRA's products are the main focus. When people try dōTERRA's products, they have good

experiences and are satisfied. In addition, the company has a good vision that started with the seven founders.

The more we learn about dōTERRA, the more impressed we are, particularly with the professional service, the tools to help build our business, and the people who are ready to help. I'm very happy today. We've shared good things with others and our team has worked well together. Let's build this together. In short, dōTERRA is the perfect company that I have officially chosen to work with. Thank you, dōTERRA for giving me and my fellow Thais something good.

Thank you,
dōTERRA, for giving me
something good.

Rae Chow Chia Lih

Diamond



I am thankful....

I am thankful that I come across dōTERRA,
I am thankful that I meet the right mentor for my career,
I am thankful that I meet the right business partners,
I am thankful for my customers who believe in me.

I am from Malaysia, Johor. Like most people, I was not born with a silver spoon. I have a good family because my parents and siblings gave me a lot of love and warmth. I feel secure in my family.

I am a firm believer that I must create the life that I want to have. Therefore, I have never complained about my background. I can accept changes with ease. I will seize the opportunity as long as I have the opportunity.

I worked very hard because I was afraid that my family would suddenly need money and I could not help. I used to work as a beauty consultant. I switched to operate this business because I realised that sales and marketing would give me a chance to earn a higher income. After changing careers, my income has indeed increased a lot. However, living in a big city also means higher expenses. I had to pay mortgages, car loans, children related expenses and support my parents. Therefore, to increase my income, I also executed my plan B, like selling insurance packages, doing micro-business, getting involved in direct sales, etc.

I want to let everyone know that I joined dōTERRA because of the products. I never knew that dōTERRA was a direct selling business because the person who

recommended the products never explained how dōTERRA could help one generate income.

I fell in love with dōTERRA essential oils because of my two daughters. My two baby girls were born with a hereditary sensitive nose. They missed a lot of fun when they were young, such as having ice cream, enjoying cold drinks, socializing with others and not being able to stay in air-conditioned rooms. It was all because of the nasal sensitivity when they were 2 years old.

When I came across dōTERRA, I did not have high hope; I just wanted to give it a try. I followed the upline method of incense and massage and saw gradual improvement in them after 3 months. After a year or so, their body's immunity improved. They can start to stay in air-conditioned rooms and take ice cream. They could also play with their friends without falling sick. I am incredibly happy that dōTERRA essential oil has enabled my children to enjoy their childhood.

So, after using essential oils for 5 years, I learned from Ranji Lau and Henry Fong that we could grow our career with dōTERRA. I was very excited at that moment because I am a huge fan of dōTERRA's products and would like to join

the direct selling business. So, I started to follow the team step by step to learn more professional knowledge. I even obtained my diploma as an aromatherapist to give more professional guidance to family, friends and members.

Along my dōTERRA journey, many people did not agree with me and demotivated me. Why do I still persevere in this journey? It is because I have made a promise to myself that I would share the dōTERRA product with 1,000 households, to change the quality of their life, and use my life story to impact them. Whenever I encounter difficulties, I will reflect on my original intention. This is the reason that I can persevere to the end. I am also incredibly happy that I did it and have my own team now. When we build others, we also build ourselves.

I am incredibly lucky and grateful for the opportunity that God gave me. I cherish it. My family and career have really undergone a fabulous change in the past 10 years. I will continue to use my life to impact other lives and pass on the legacy of essential oils to the next 1,000 families so that I can help the partners who believe in me recreate their life stories to discover their self-worth and seek achievement.



Somthawin Sa-Nguansap

Diamond



If I can do it,

*everyone can
do the same.*

I was attracted to dōTERRA because the natural products are interesting to me and to people who already like network marketing. I started by studying the company's story. The more I learn about dōTERRA, the more I get excited. We recognize that while we may not have all the talent or knowledge, we have the heart and desire and are ready to put in the work. During my first year with dōTERRA, I've worked alongside a leader who has systematically guide me to this point where I now have the confidence to tell everyone, "I can do it." In dōTERRA, we can work with a team of friends who love natural products and dōTERRA in the same way.

We have experimented and used pure and convincing products. Together, we share with others all of the good things that dōTERRA's founders have envisioned for the company, especially in the selection of natural, effective

essential oils. dōTERRA also wants to help others and do good things for the world through the Healing Hands Foundation. This vision and foundation confirm dōTERRA's identity as a truly ethical organization.

For me, dōTERRA is a gift that we can pass on through a small bottle, which contains pure, natural essential oils. We have the opportunity to obtain pure essential oils and also put good things back into the world, as well as preserve the environment to create a balance in nature. dōTERRA's commitment to sourcing the best and helping the most makes Wellness Advocates proud to share the company's story. I would like to thank all of dōTERRA's founders for allowing everyone around the world, including me, to be part of dōTERRA's mission and vision. Today, I'm an example.

I learnt to make magic oils eight years ago through a course conducted by a coach in Taiwan, and it was then that I learnt about essential oils. Ever since I was introduced to essential oils, I have been fascinated by their properties. After that, I started working on making magic oils. During the process, I have always searched for the best quality essential oils to make my magic oils. I am very particular about the quality of my essential oils rather than the price.

After the search, I used essential oils from a few familiar brands that I knew to make the magic oils. My magic oils are very popular in the market. Those who came across my magic oils were captivated by their effects. However, making magic oils was just a hobby for me.

I have been in the media and advertising industry for 25 years. In 2020, amid the pandemic, my company faced a major business obstacle. The newspaper advertising industry became a sunset industry, and I had to look for another career in 2019 to give myself another way out.

I got to know about dōTERRA directly through my upline, Dennis Tan. He shared a lot about essential oils and his career in dōTERRA. Hence, I decided to give myself a chance to try a new career path.

When I first started dōTERRA business, I knew nothing. I just did what I was told. After the gradual discovery and understanding of it, I realised the beauty of this career. I saw the scale and prospects of the company, which convinced me even more that I made the right decision.

Personally, the biggest challenge while running dōTERRA was devising how I should move forward with my team and how to co-operate with my upline. I have constantly been collaborating with my team and upline to make adjustments as we progress, and now we are moving forward together. Although there are still some disagreements among us, overall, we work well together.

I am grateful to my husband for his selfless support, my daughter for walking this journey with me, and my sisters for their support throughout my career with dōTERRA. I would want to thank my mother for helping me by taking care of the household and ensuring there was food on the table. Without their support, I would not be able to take care of my family due to my busy schedule.



Tan Siew Ley

Diamond



As a leader, I believe that the only way to achieve success is to keep putting in the effort and

never give up.



Tiong Sing Yee

Diamond



In May 2017, my leader brought me to dōTERRA's opening ceremony. That was my first encounter with the "Gift of the Earth". My first reaction is to reject essential oils. But as my sleep problems and health problems gradually worsened, I became helpless.

A drop of Clary Sage essential oil changed my life. I could see the improvement in my sleep and health problems. This was how I fell in love with dōTERRA. And because of the charismatic scent that essential oils have, I went from a user to a sharer and now a health advocate for dōTERRA in just one and a half years!

When I gave up my full-time job in the process, my family was against my decision and did not support me. I encountered many friends and customers who rejected me and was

sarcastic to me. But I put in my effort into sharing. While using essential oils, I tried my best to let my family see the beauty of essential oils. I worked hard to share with more people and let them know that dōTERRA is a loving and amazing company!

My family finally gave their approval after seeing how determined I was. Now, they're also in love with essential oils. Also, they always share the goodness of essential oils. I am overjoyed and very grateful to them.

When I first started, I ran into unhappy things and even unexpected problems. But I have my team with me, and our leaders were always by our side to face the problems together.

I took up the challenge for Diamond Club in 2021. Due to MCO, we had to organise

our sharing session online instead. Thanks to DC, my partners and I learnt more about online sharing, creating PowerPoint and how to use Zoom meetings for sharing sessions. These are all different kinds of breakthroughs. My partners and team grew a lot.

It is also thanks to DC for giving me the chance to achieve the Diamond rank. Of course, this is just the beginning. I still need a better transformation to keep becoming a better version of myself. At the same time, it also allows more partners to become better people that have the abilities to help others — Take the company, for example!

*To help more people
in need*

and let more people understand
the beauty of dōTERRA.

Tiong Yee Hoon

Diamond



Before becoming a full-time homemaker, I ran a small business with my husband. We operated a mobile phone shop. After that, I started to give birth to my lovely children, one after another. Later, I became a full-time homemaker to look after the five of them.

Our business started to decline gradually before the pandemic, and it became worse when the pandemic affected everyone around the world. I am thankful that I got to know about dōTERRA. Before starting my career with dōTERRA, I have already been using their products for many years. It never crossed my mind to run this business. One day, I was looking at my essential oils, and I thought to myself, why don't I try sharing such good products with everyone else?

With that, I called my upline to know more about the company's operation model. That was how I started my journey.

As I share with others, some immediately fell in love with essential oils, while some questioned their efficacy and gave snarky remarks. Fortunately, my family are incredibly supportive of my choice, and their support is my motivation. My children did not become the stumbling block in my career. Instead, they are my motivation to keep pushing on, to become better.

You either gain or learn something from everything you've experienced. Besides earning to help others, the greatest satisfaction of my career with dōTERRA is time flexibility. I can work while spending time with my children.



When leading my team, I have encountered various problems. I am learning together with them.

I learnt how to say,

"I can learn" instead of "I do not know",

"I need to calm down" instead of "I am so annoyed",

"I will learn better" instead of "I cannot do it."

"Can you understand what I am saying?" instead of "Do you understand?"

There are many times in life when we need to experience a breakthrough, just like an egg. If you break the egg from outside, it is food. But if it breaks from the inside, it is life.

"You chose your own journey; there is no winner or loser. The only thing you should ask yourself is; are these worthwhile?"

Just like life,

If you crumble outside, that is because of stress. But if it comes from within, that is growth. If you are waiting to be pushed

around by others, you will be under their feet. If you allow yourself to break from within to break through, you will find yourself growing.

Like a rebirth.

If possible, you should start an aromatic career as early as you can and learn how to love yourself and the people around you. Time has passed, and while I may not bloom physically in the earlier years, my initial intention bloomed slowly after getting to know aromatic essential oils. It was all meant to be, and everything was just right. I was given strength and guidance in times of need. The discovery of imperfection is the best gift. Continue walking on the path of discovering your better self.

All the best!

It is not too late to start!



Winnie Lim Wan Whee

Diamond



Before I began my journey with dōTERRA, I was an executive assistant to a CEO. I am grateful for my job, as it gave me the chance to cross paths with dōTERRA. My upline, who was also my employer, introduced me to this wonderful business about wellness and health.

Aside from gaining good health from essential oils, the biggest reward of being involved in dōTERRA is learning how to be a good leader. I believe that a good leader is someone who can help others grow. I used to have minimal knowledge of leadership. I was eager to learn and enhance my leadership skills. As such, I committed myself to learn how to grow with my team whenever I had the chance. The most significant part of this experience is learning the steps of effective communication and listening. By actively listening to the stories and aspirations of each of my team members, I became possessed with a greater desire to help them. Thus, I continually strive for self-improvement. I regard my team as my family, and I

appreciate each of them for giving me the opportunity to gain experience on this matter.

“The Best Way to Predict the Future is to Create It”! When I first started with dōTERRA, I wanted to make my life and those around me better through dōTERRA, be it in health, financial ability, personal development, and more. I hope that I can be an agent of change and help make a difference for the people around me. Hence, even though I was perpetually turned down at the beginning of my business due to the general lack of awareness of the products, I believe that if I focus on improving myself, I will eventually encounter those who understand and value them.

When I felt lost and anxious about the future, I reminded myself of my dreams. When I hit a roadblock, I know that I should find a way to overcome the problem instead of running away.

I am also thankful that this career has brought me closer to my family.

Simultaneously, I am able to take care of my family's health and mine, which offers me greater peace of mind as I continue to strive for excellence. From the experience I gained with my family, I have realised that I can also help other families. Many families need essential oils, and many people may need this career to change their circumstances or gain self-confidence. These facts serve as my motivation to persist and not give up. I always tell myself that it is a privilege to be able to give. After all, it is more blessed to give than to receive. Hence, I hope that I can be more capable, so that I can help more people in need.

If I have a chance to talk to my past self, I would say:

*“You will never know
your limits
unless you push yourself
to them”.*



I am a young mother. I married at a young age, and became a young mother. I enjoyed my life as a young mother, with the warmth and happiness given by my family. I enjoyed taking care of my children at home, enjoyed the love of my husband and the care of my parents, as if everything else in the outside world had nothing to do with me. My world changed when I first encountered dōTERRA. The dōTERRA Easy Air Touch Oil healed my youngest son and my health conditions. The unexpected change brought me into the world of aromatherapy.

In 2019, with the constant care of my leader, Sunny, I determined my direction and started my career with dōTERRA. From someone who loves to use it, I became a sharer and eventually the advocate. This entire process was very exhausting for me because I had not left my comfort zone at home for too long. I have never had colleagues or like-minded friends. Lucky for me, the continuous encouragement and leadership from my leader have strengthened my confidence.

Wynie Tan Boon Li

Diamond



The first problem I faced was communication. Because of my introverted personality, I felt that communication was not important. I would execute whatever I think is good for my downline partners and the organisation, and I would also impose such behaviour on them. But I overlooked the challenges they faced. I should not solve the issue with the organisation first, or strive hard to achieve sales target first, or resolve any potential problems, and I should have communicated and cared for my members more.

I remember an incident involving "communication" that led to an internal conflict between my team members and me. My silent treatment and the other person's nonchalance brought us to an awkward situation. I coincidentally received a phone call from my upline. For someone who does not talk much to her upline, I told her about what happened and started crying. I wiped my tears and thought to myself that the Diamond rank journey is full of challenges. But it was just like Monkey King and his master, they encountered problems on their way to get the scripture too. How can a diamond sparkle and shine without any pressure?

After that, I was constantly learning and improving my communication skills. I had the toughest days in the particular

month that I set my goal to achieve the Diamond rank. I looked at the organisational chart every day, had meetings and discussions on decisions, and constantly kept an eye on the sales record. I even dreamt of my organisational chart! Thankfully, with the help of the team and encouragement from the teammates, I was able to finish at the last minute with my strong determination. Looking at the word "Diamond" on my screen, I shouted in my heart, I made it here!

There were easy and difficult days on this journey, but I am grateful to have met such a good leader who led me here, step by step, without complaining that I was too slow. I am thankful for my family for giving their silent support when they knew I was trying to achieve the Diamond rank. I appreciate my children for being so understanding and taking care of the little things in life for me without minding that I was too busy.

"Uneasy lies the head that wears a crown", the journey to the Diamond rank was not easy.

*I am grateful that I persevered through.
I am looking forward to a better journey.*

Double Blue Diamond



Founder SGMV

Angie Ng (Monarch)

Presidential Diamond



Founder MY

Annda Lee



Founder MY

Forest Chew & Steven Teh



Founder SGMY

Henry Fong



Founder MY

Joshua Ang Dun Xin

Presidential Diamond



Founder SGMY

Lam Yee Mun & Stanley Ho



Founder MY

Lim Mian Foo



Patricia Yeo



Founder MY

Pauline Tey

Presidential Diamond



Sunny Wong Bee Kim



Ting See Ling



Vanni Ling Kuok Ee



Founder MY

Winnie Yeoh

Blue Diamond



Founder SGMY

Bryan Chew



Founder MY

Chok Sin Ee



Founder SGMY

Chua Hong Leong &
Law Shu Li



Deborah Wong &
Fabian Tan



Dennis Tan



Founder MY

Dr. Tan Kui Chin



Founder SGMY

Elizabeth Ho



Janet Kang



Jenny Wai

Blue Diamond



Jenies Seow Bee Ean



Katherine Yu Hui Khim



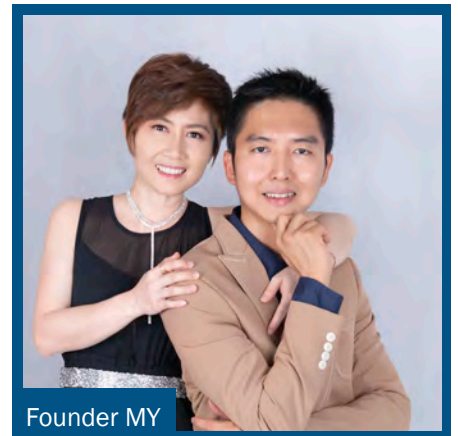
Ko Den Hong



Kong Jia Ling



Kweenie Ooi



Founder MY

Lee Hui Ling & Ng Say Leong



Founder SGMV

Lee Seang Looi



Lee Shiao Tao



Lee Sze Lin

Blue Diamond



Founder MY

Lim Bee Yong



Max Lee



Phartchai Rueansit



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Rosy Tang



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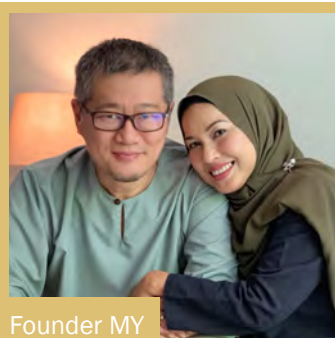


Tan Yoke Mui



Thitiporn Phoemthaweesuk

Diamond



Founder MY

Adam One Family



Alan Tay & Coei Choo



Andrea Chin



Andus Low



Angie Ong



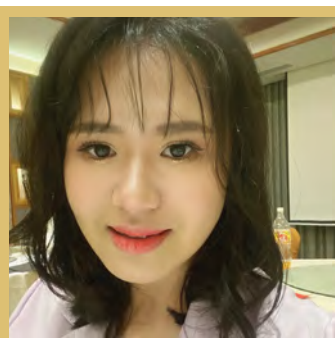
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Charlene Lu



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Chong Seow Yin



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Cynthia Woon

Diamond



Dennis Koh



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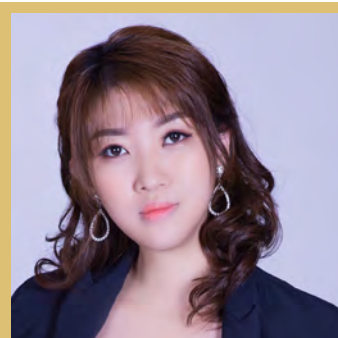
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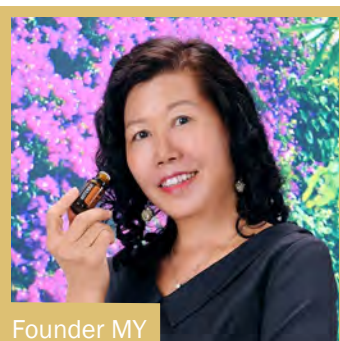
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Fanny Tan



Fion Loo Zhi Qing



Founder MY

Foo Siew Ping



Foong Jia Li



Ivy Loh



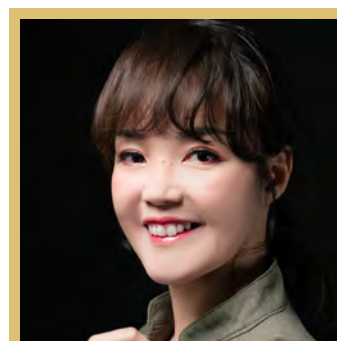
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Janet Lim Pei Yin



James Neo



Janice Choo

Diamond



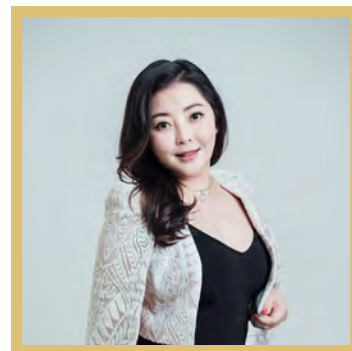
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Jimmy Foo



Jocelyn Teh



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Jyn Loi Li Chin



Karen Chang



Kong Jia Wei



Lau C Hun



Founder SG

Lee Eng Kiat



Lily Tieng



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Ling Xi Yuin



Liron Hee



Founder SGMV

Liu Wenhui



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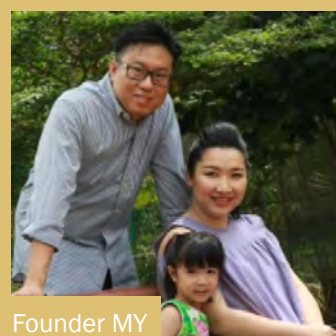
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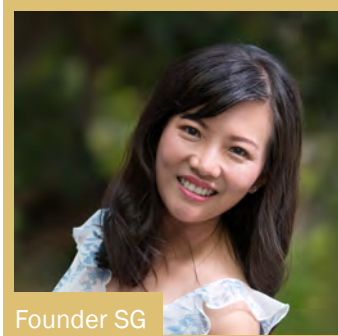
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Molly Kong



Ncsanda Wong & Derek Phang



Nicole Tay



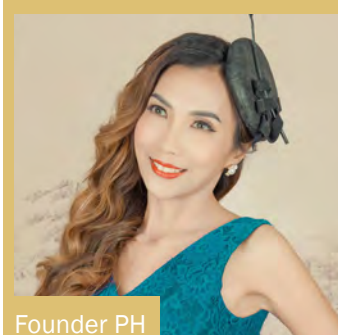
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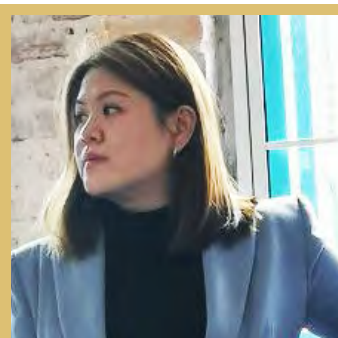
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Paulette Joy Go



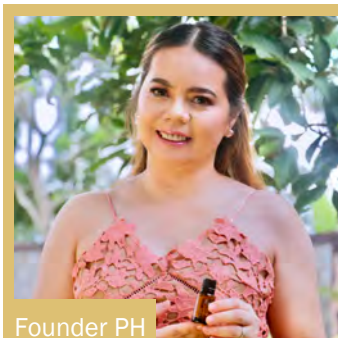
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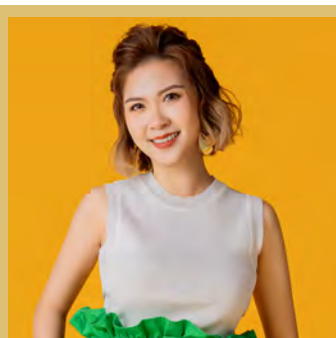
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Queenie Rosales



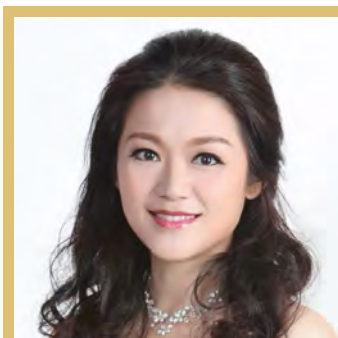
Rae Chow Chia Lih



Rassaporn Yanaprawalapat



Raymond Pan



Samantha Loh

Diamond



Sandra Lee



Somthawin Sa-Nguansap



Founder SG

Sri Mulyadi & Paul Filmer



Tan Jen Lee



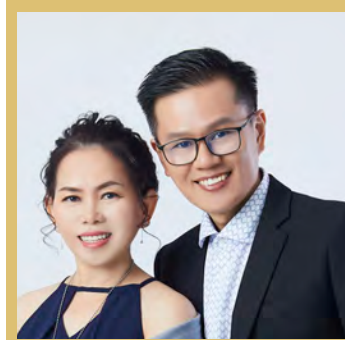
Tan Siew Ley



Tiong Sing Yee



Tiong Yee Hoon



Vecus & Vivian



Wilfred Loh



Winnie Lim



Wynie Tan Boon Li

Platinum



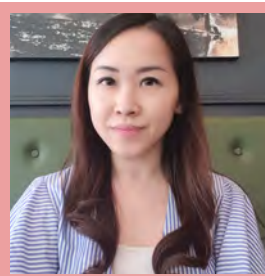
Aileen Loh CS



Albert Au



Ang Yean Khim



Angelina



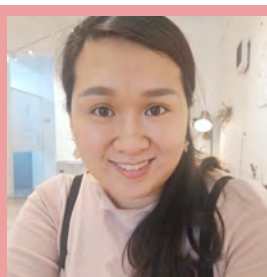
Angeline Th'ng



Apple Yong



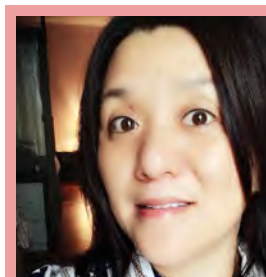
Cannan



Chai Bao Yi



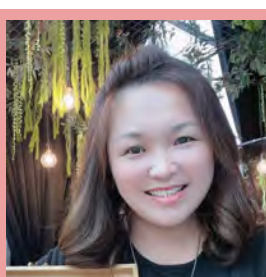
Chai Kee Mian



Charly Zhang



Chiew Geok Ping



Christie Tang Yah Chee



Chong Zhen Wan



Christina Gun



Chuah Ah Teen



Chuah Sai Peoh



Ding Sweet Si



Edmund Yap Hon Mun



Elaine Lim Ching Yi



Grace Phoon



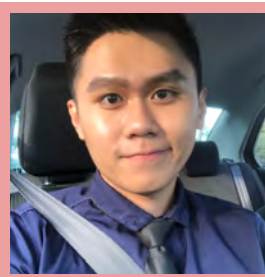
Irene Leong



Irene Ngiam



Jacki Lim



James Wong Yi Xiu

Jongruk &
Udomsak Pakinsee

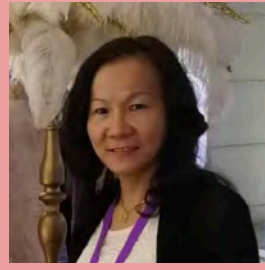
Platinum



Jovin Tan



Kang Xin Yen



Kong Hung Pui



Lau Pei Chin



Lee Chooi Lim



Lee Gen Jie



Lee Sai Guat



Leon Lee & Venice Tang



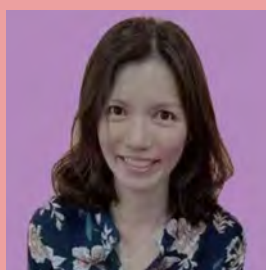
Lim Chin Yin



Ling Kok Hua



Ling Kok Siew



Ling Kuok Eng



Loh Wan Qi



Louisa Gomulya



Mandy Loh



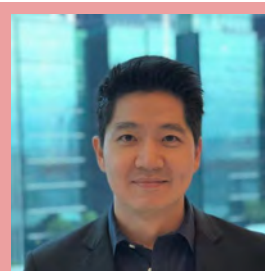
Nuthika Chongsawad



Nora Teu Pui Yee



Ong Poh Chin

Pongtanit
Thanasinwanishkul

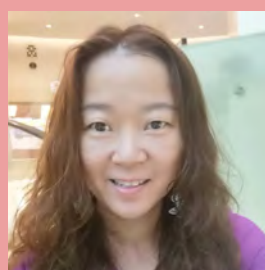
Ooi Lee Yin



Queenie Villostas



Rona Dharmali



Soong Suk Pui

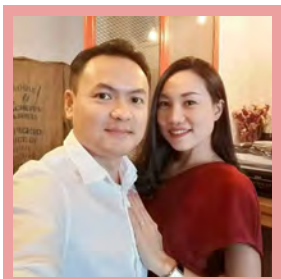


Sophie Soo



Tan Ken Ten

Platinum



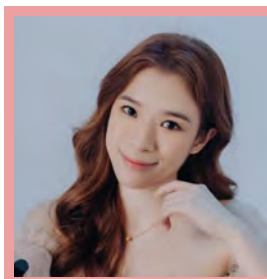
Thanyarat & Thinawat
Kawinphatthanaphonkun



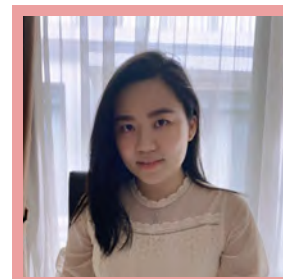
Ting Sie Hung



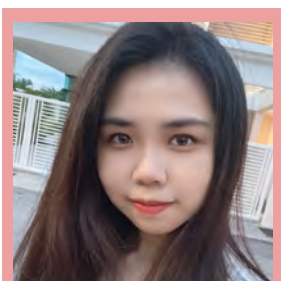
Veronica Chew



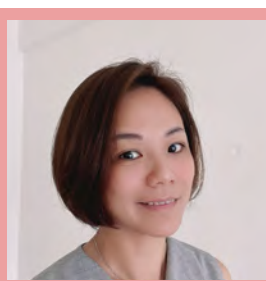
Vivian Sim



Yun J-Yu



Wong Si Chin



Wong Wai Kuan



Wong Yu Xuan



Yvonne Cheah

PLATINUM (WITHOUT PICTURE)

Chan Chee Weng
Chew Pek Yee
Hoe Chi Hwei
Jeremy Ang
Lai Sze Long

Law Kung Pui
Lee Qiau Rou
Liew Chan Yin
Liew June Hong
Lim Di Yang

Tang Tua Baa
Tey Chin Lian & Tey Chui Lian
Wong Kee Eng
Yeoh Jing Li
Yong Fook Leong

Gold



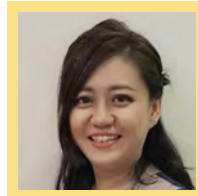
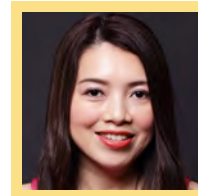
Abby Boo



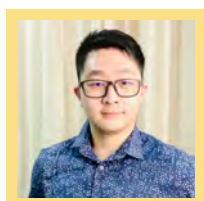
Adeline Wong



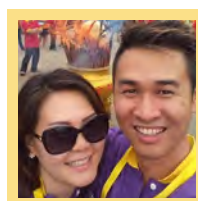
Alecia Foo

Alex Low
Choong MengAlice Ho
Choon Yieng

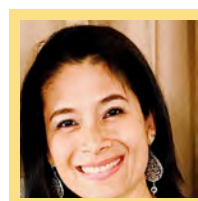
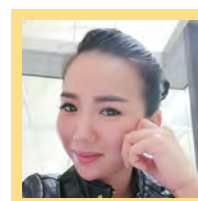
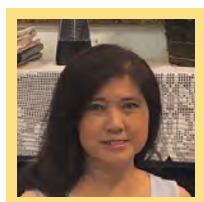
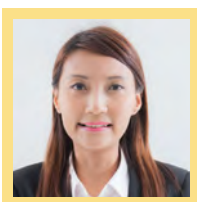
Amanda Quah

Andrew Wong
Ling Xuan

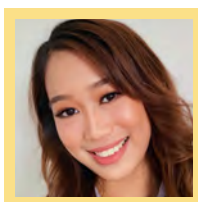
Ang Choon Cheak

Angela Wong
Fei Ping

Ang Chun Liew

Angeline Veloso
RosalesAngie Teoh
Ean KhengAnita Lam
Fong Mei

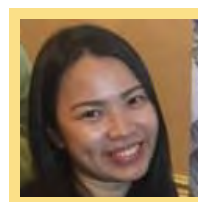
Ann Loy



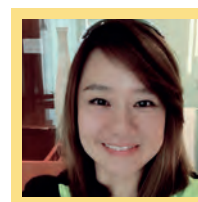
Arena Wan



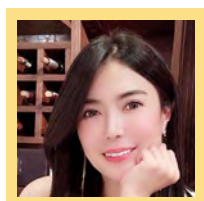
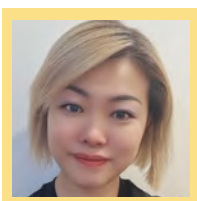
Bong Woon Lan



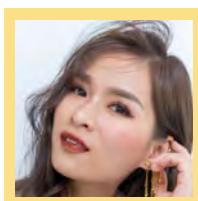
Callie Ng



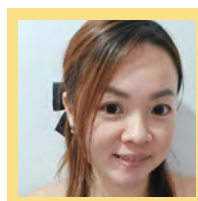
Carmen Tan

Caroline Yeoh
Win Nee

Celeste Goh



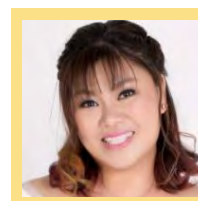
Chan Yan Lu



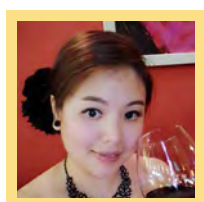
Chea Yuan Miin



Chem Wei Kek



Chew Koi See



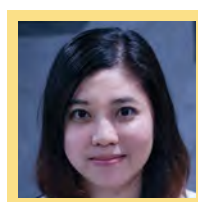
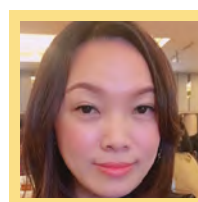
Cherry Lim



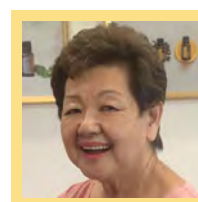
Chia Pei Woon



Chiah Seng

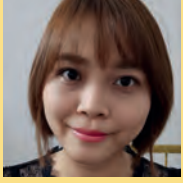
Chidchanok
Chaowanapong

Chin Siew Teen

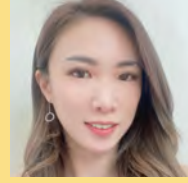


Chin Soon Khoon

Gold



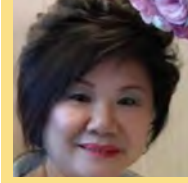
Chong Huei Ven



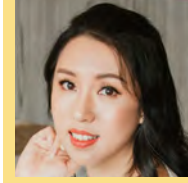
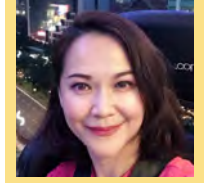
Chong Pui Sun



Choo Chin Mun



Chow Ai Lean

Christine Chua
Min Hui

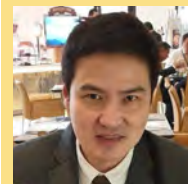
Chua Yew Year



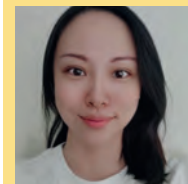
Chu Wen Jye



Claire Lau

Chutima
Sutaveesub

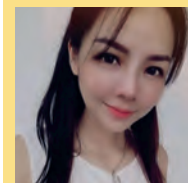
Danai Vanichyobol

Daphne Tan
Seu LeeDavid Yap
Nien SunnDerrick Koid
Wah Seong

Doo Zhi Xuan

Elaine Law
Yee Ling

Elaine Phua



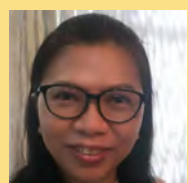
Elles Lim Hui Ling



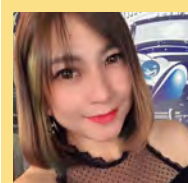
Eufhlyn Yeap



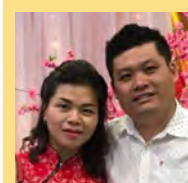
Fam Sze Sieng

Fion Tan
Yoke Tuan

Fraeda Seow



Gan Bee Bee



Gan Choon Lian



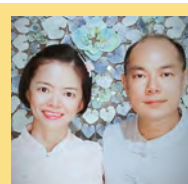
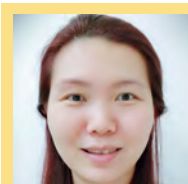
Gee Wan Yin



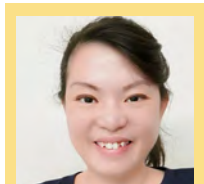
Geraldine Tan



Goh Suan Chin

Grace Chiew &
Vicky KongGrace Ng
Chee Wei

Grynne Chang

Gwen Beatrice
Teo

Gold



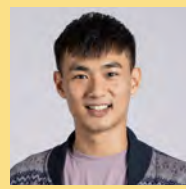
Gwennifer Toh



H'ng Kwang Khai



Ho Jeng Jeng



Ho Kuok How



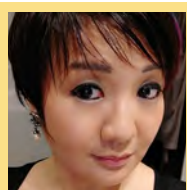
Huang Mei Ting



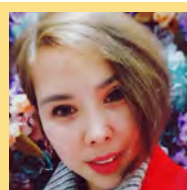
Ike Yuanita



Jacy Lim



Jasmine Ho



Jasmine Tay



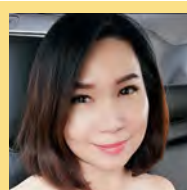
Jayne Hee



Jenny Liew



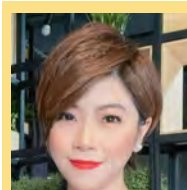
Jenny Loo Lay Yeo

Jessica Mok
Mei LuJisapat
Siriwattanawong

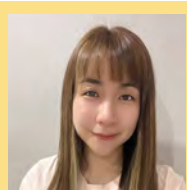
Joyce Law



June Sim

Kamon
Ketsawatsakun

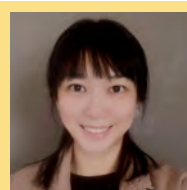
Kang Wai Thing



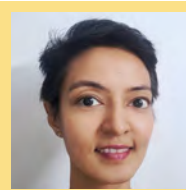
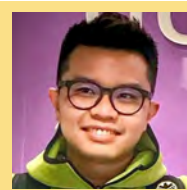
Karen Kho



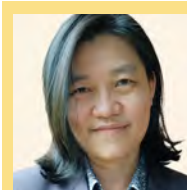
Kathryn Wong



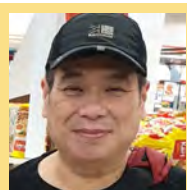
Kathy Seo

Kavitha
Kolandaveloo

Kennie Loke



Kesorn Chamswat



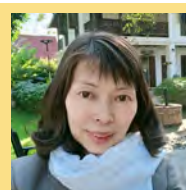
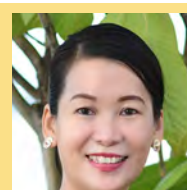
Khoo Boo Ai



Kong Chew Ngok



Kong Yuet Mei

Kornchanok
Siriratana

Kuak Moy Chin

Lee Chan Yuen
& Yap Li Teng

Gold



Lee Eai Luan



Lee Lai Peng



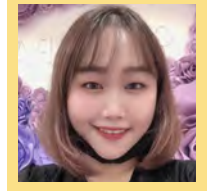
Lee Seow Yun



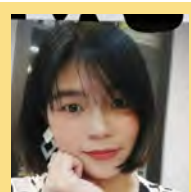
Lee Shui Fong



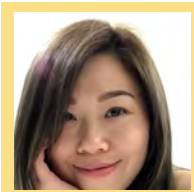
Lee Siew Bee



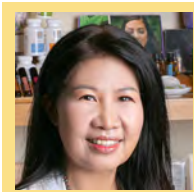
Lee Wei Mee



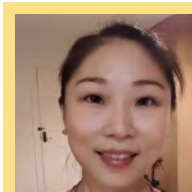
Liaw Chieh Yun



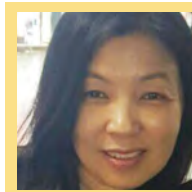
Liew Pooi Wen



Lily Aw



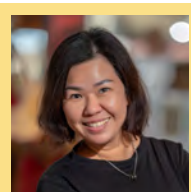
Lily Cheng



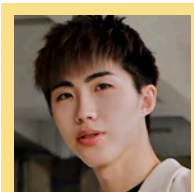
Lim Bee Ha



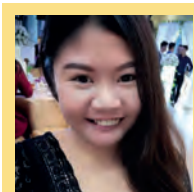
Lim Ean Ni



Lim Ee Ying



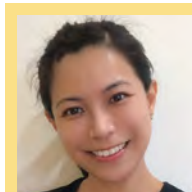
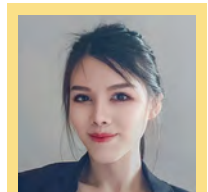
Lim Jia Yi



Lim Lee Xian



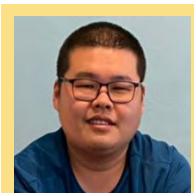
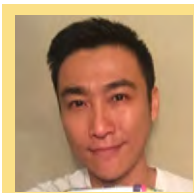
Lim Mei Xain

Lim Yang Kun,
Jàss

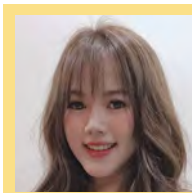
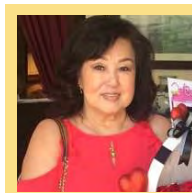
Lim Yin Sien



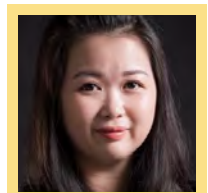
Loo Yen Ching

Mallance
Wong Lek Chuan

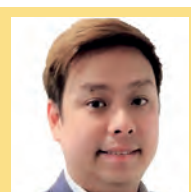
Manson Soo

Michelle
Tay Kah Lee

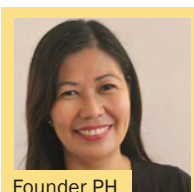
Low Chai Eng



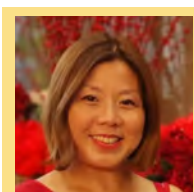
Maggie Liang



Marcus Yeo



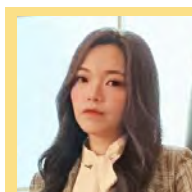
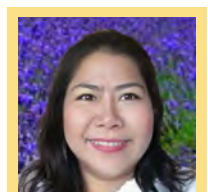
Founder PH

Marry Joan
Landicho

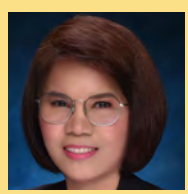
MelMel Hui



Michael Tay

Michelle
Ong Ho InnNaraporn
Chaiyamas

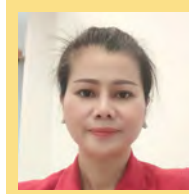
Gold



Natha
Methabutsayathon



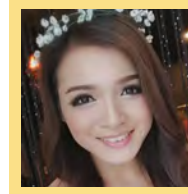
Nattanicha
Boontum



Natthira Baisri



Ng Chin Hwa



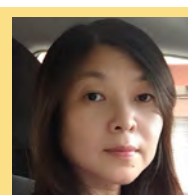
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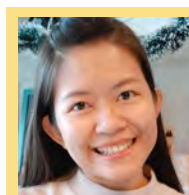
Ng Kim Yean



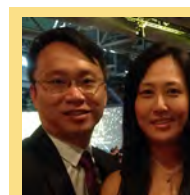
Ng Siew Len



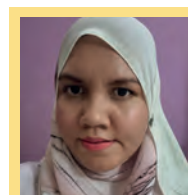
Ng Soh Ling



Ngo Siow Tong



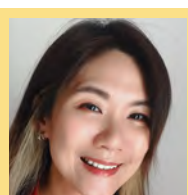
Nicole Tan &
Sherwyn Chew



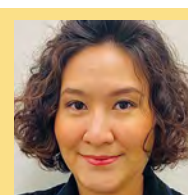
Nurul Yaqin Binti
Bahrum Azhar



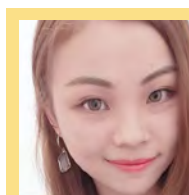
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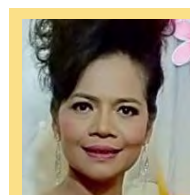
Ong Ying Soo



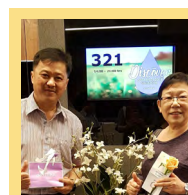
Onsuvisa
Koseelpeeragorn



Pang Ann Sia



Papassorn
Soun-oon



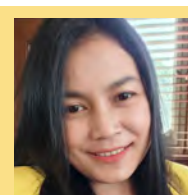
Pauline Yeo &
Vincent Kang



Phol
Songsirithanaphat



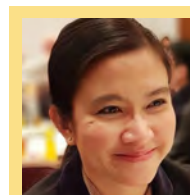
Phoebe Ting



Pimsorn
Mongkolapiboon



Potjane
Udomsartporn



Preeyawan
Mingmitolan



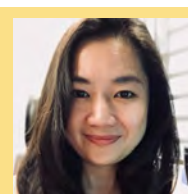
Puan Sri
Ginney Chew



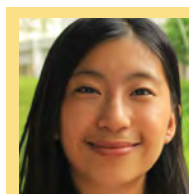
Priscilla Goh



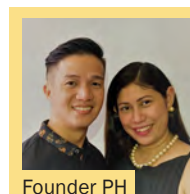
Puangpet
Thammasorn



Pung Hoi Hong



Rachel Lim Rui Qi



Founder PH

Raymond &
Shen Cayan Eng



Regie Pastera
Mendoza

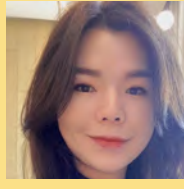
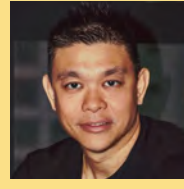


Ronnachai
Dachuyawat

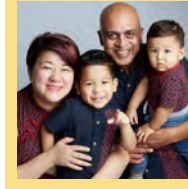
Gold



Rosalind Lim

Saffron Ng
Siah FumSasinat
Chittasirinuwat

Seaan Yew



Shelly Tan



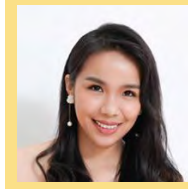
Sheum Choy Kuan

Shirley
Kong Kei Ying &
Tang Tung Hock

Simon Lew



Sirikorn Sukasem

Siripat
Phoemthaweesuk

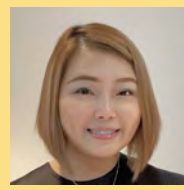
Song Swee Kuan



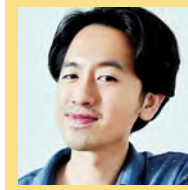
Stephanie Yi

Sutheepong
YonpramotsakulSylvi Agustina &
Tandriadi Chandra

Tan Chew Mooi



Tan Chia Sing



Tan King Hong



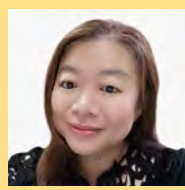
Tan Sheau Ling



Tan Shu An



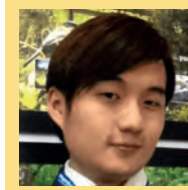
Tan Suan Bee



Tan Su Shyan



Tan Theam Chun



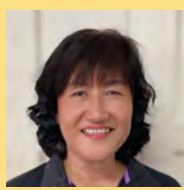
Tan Theng Han



Tan Yam Chuan



Tan Yee Chun



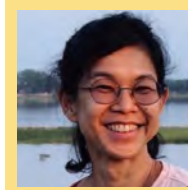
Tang Sew Ling



Tang Siew Kiong



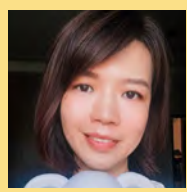
Tanya Lai



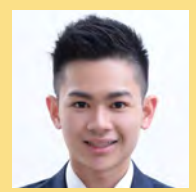
Tanya Sng

Tapalin
Charoensuk

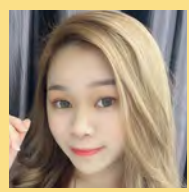
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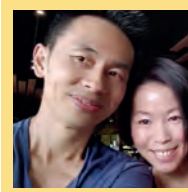
Teresa Boo



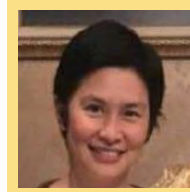
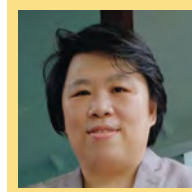
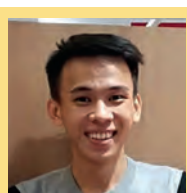
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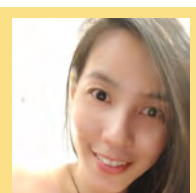
Tay Siew Bee



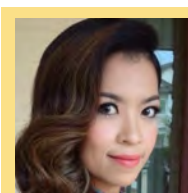
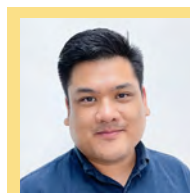
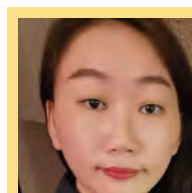
Tee Ai See

Thananrada
ThananartThwicha
Surattichaiyakul

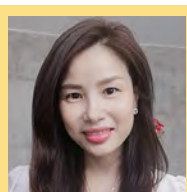
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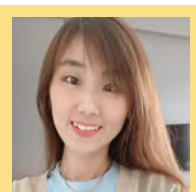
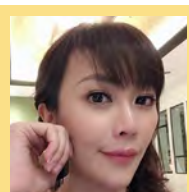
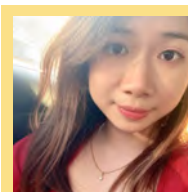
Vince Lean

Vorkon
PatrayananWaranpat
PhumpurinWarut
Chaijaraspong

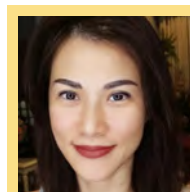
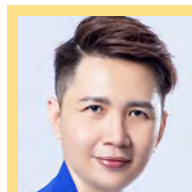
Wendy Lee



Wendy Ooi

Winnie
Choo Siew HuiWinnie
Tiew Lan Sei

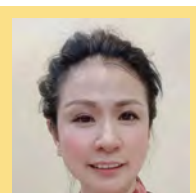
Winnie Tiong

Wiyada
Mahachavaroj

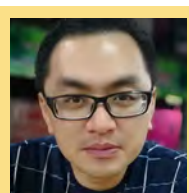
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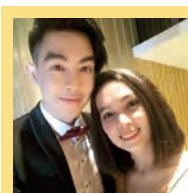
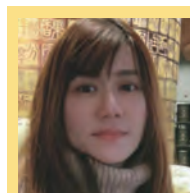
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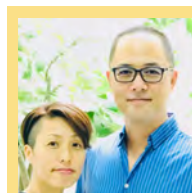
Wong Lay Hua



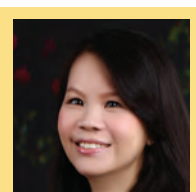
Wong Siong Bing

Yarika
Kruaboonma &
Thadasak
Thasurin

Yap Wan Chien

Yasuko &
Takamori
Uetsuhara

Yeannie Ng



Yit Li Ling



GOLD (WITHOUT PICTURE)

Bay Choon Guat	Lee Yoon Foon	New Chee Tiang	Teoh Ean Kheng
Bob Tang	Leong Xiu Quan	Ng Li Chuan	THERAPYWORKS1DERS
Brandon Chew	Lew Yoke Min	Ong Yin Tak	Ting Ley Yin
Bumijaya Nusa	Liew Choi Har	Precision Sales & Marketing	Wong Kee Eng
Cheang Pooi San	Lim Bee Ling	Pung Hoi Hong	Wong Mew Teng
Cheong Tong Hee	Lim Mee Hooi	Seow Jung Kun	Yan Chwee Chong
Chieh Yun Liaw	Ling Kuok Lee	So Lee Lee	Yap Khe Sin
Chin Kok Feng	Ling Kwang Yieu	Syenly Laurentia Lugiman	Yap Lan
Chong Yan Chwee	Ling Xi Gene	Tan Ah Boo	Yeoh Ah Hong
Ken Chong	Low Chai Eng	Tan Eng Hock	Yong Chuen Hoe
Koh Peng Fong	Ma Chee Kheun	Tan Lee Eng	Yu Hui Li
Kong Siew Ken	Mah Su Yin & Wilfred Liow Lye Jue	Tay Siok Keow	
Lai Kok Yong		Teo Joon Far	
Lee Boon Kiat	Michael Tang Lok Lee		



Abdullah Busera	Chai Pei Fen	Chew Weng Chuang	Christina Lau Hie Hee
Adam Mun Yu Wan	Chai Shu Ting	Chew Yean Leong	Christine Seng Jyn Qi
Adiba Barokah	Chan Ching Phing	Chia Aik Noi Joyce	Christine Soong
Adinoto Irza Martini	Chan Man Lay Kristy	Chia Lih Chow	Chu Yoong Chiang
Agnes Khew	Chan Quinnie	Chia Miao Zi	Chua Bee Ai
Agnes Tan Siew Ling	Chan Yeat Shim & Hoi Kong Chan	Chia Nyok You	Chua Gek Kim
Alice Au Steenson	Chan Yuen Lee	Chia Sin Ling	Chua Phaik Heong
Alisabeth Kim Loh	Chanyanuch Khumpruengdej	Chia Yee Ang	Chuah Mooi Suan
Allyssa Yap	Chang Chit Ann	Chiew Geok Siew	Chuah Siew Kee
An Bin Dai	Chang Kar Thiam	Chin Choo Ngo	Chuah Siok Koon
Andika Andika	Chang Sow Kham	Chin Chui Ling	Chuah Yew Hong
Ang Che Ling	Charmaine Leong	Chin Foong Ling	Chung Li Yee
Ang Le Ping	Chaw Xiao Hui	Chin Wen Qing	Chung Yee Thin
Ang Pet Mui	Cheah Kang Joi	Chin YW	Chutinan Achawakorn
Ang Shu Zen	Cheah Pui Leng	Chng Angie	Chye Lian Hwa
Ang Ting Ni Melany	Chee Bryce	Chompunuth Somluechachai	Cindy Woon Xin Rou
Ang Wee Lin	Chee Kean Wong	Chong Choi Lei	Coreen Keh
Ang Wee Ming	Chee Kiew Chong	Chong Fang Keat	Cunmin Lee
Aszarina Busu Leman	Chem Wei Keong	Chong Jun Woei	Dancy Loh
Audry Ancilla	Chen Wei Chyong	Chong Lee Theng	Daniel Ong Zhen Cheng
Audrey Leong	Chen Ya Wen	Chong Mi Mi	Danielle Rose Villostas
Aw Yan Tsuey	Chen Teik Yung	Choo Mui Fung	Darmadji Noviana
Aylyn Pon & Christopher Chiew	Cheng Han Wong	Chong Pooi Fun	Darren Quah Hong Wan
Beatrice Chong Jia Chien	Cheng Johnathan	Chong Siew Teng	Denise Villostas
Beauty Salon Centre, Scental	Cheng Mee Leng	Chong Weng Foo	Desmond Cheong
Belinda Ting Shen Ying	Cheng See Tan	Choo Sang	Devi A/L Karuppiach
Bernice Chan Wai Yan	Cheng Shee Min	Choo Seow Mei	Ding Juen Siong
Bong Kui Kim	Cheong Jun Li	Choo Yee Ling	Ding Juen Yong
Bong Sze Chia	Cheong Kon Weng	Choon Voon Chong	Doo Zhi Xuan
BoonHong Intaja	Cheong Su Chen	Choong Mei Huang	Dudy Dudy
Brenda Yong	Cherng Ching Frederick Foo	Choong Teoh Yee	Ee See Teng
Carina Yip Sze Chin	Chew Chiou Er	Chow Kien Foong	Erni Soesanto
Carrie Thian Sze Sze	Chew Kell	Christiana Sri Efie	Eng Hwa Jessica Lim
Caterina Yap Lee Peng	Chew Peng Hock	Christianawati Beatrice	Eng Kin Chin
			Eng Sim Bee @ Ng Siew Bee



Eng Zee Yng	Hii Lee Kiong	Josephine Ang Dun Ai	Koh Chee Hao
Eoh Chin Ling	Hii Siik King	Joy Woon	Koh Ching Lim
ET Global Network Pte Ltd	Hii Wee Ning	Joyce Ang Dun Le	Koh Fong Jing
Eu Chong Aik	Hirunrasa Suwachirat	Jurena Goh	Koh Ooi Bing
Eve Lim Hui Wen	Ho Siew Chin	Kang Keat Seang	Koh Peng Fong
Eyo Pei Ling	Ho Soo Yin	Kang Yee Ling	Koh Siew Hung
Fan Hoo Chang	Hoh Luan Hong	Karen See	Kok Siau Yien
Fion Yap Li Ting	Hooi Ling Chiew	Kasinee Kasemsai	Kong Fui Chau
Florique Essentials Wellness	Huang King Huai	Kathleen Seng	Kong Hie Eng
Fong Wen Ling	Hui Sim Koh	Kathy Seo	Kong Jia Xin
Foo Jee Pei	Huong Mee Sin	Kau Hue Peng	Kong Kok Ken
Foo Mei Shan	In Yung Phang	Kea Wai Fui @ Yap Wai Fui	Kornchanok Siriratana
Foo Patrick	Irene Ngiam	Kee Soo Li	Krissana Chimpinit
Foong Jia Sheng	Ismail Zakaria	Keh Bee Lan	Kritradatun Macharoen
Freddy Boon	Issaree Ratjateerawat	Kelly Lim Lew Cheen	Ku Meh Heong
Frederica Lumpin	Ittidej Krutrabiab	Kerk Wei Xian	Ku Wai See
Fu Yongzhen	Jackson Ting Lik Hua	Kesrin Sriboonrueang	Kwang Khai H'ng
Ginny Phang	Jaime Shun	Kevin Mok You Jie	Kwintratm Rattanphumirajtibadee
Gloris Goh Kai Chin	James Lim	Khaw Shuenn Cheng	La Linda Yong Lay See
Go Chia Ching	Janice Yee Li Yin	Khaw Siok Han	Lai Kim Lan
Goh Fang Yong	Jannicar Nayve	Kh'Ng Weng Shan	Lai Wei Jun
Goh Mu Xuan	Jasmine Aliya Ho	Khoo Cheng Hooi & Yuen Tatt	Lai Yee Ng
Goh Siew Keon	Jee Chee Siong	Khoo Hui Yee	Lam Bee Mau
Goh Sin Lian Amanda	Jeff Hintze	Khoo Miaw Ru	Lam Siew Jiang
Guay Shiau Wei	Jemima Ang Suk Chin	Khoo Serene	Lam Siew Wee
Gunawan Catherine	Jesamine Andreana Soo Ai	Khoo Zhong Seng	Lam Tsu Jiun
Ham Kow Lan	Kim	Khor Sook Fern	Lau Bee Kee
Hariyono Adelia	Jeremy Quah	Khor Sze Ping	Lau Chiew Seng
Hazel Cheong	Jessica Quek	Kiew Boon Ken	Lau Hee Phay
Healy Michael	Jimmy Aman	Kik Siew Lee	Lau Mee Yean
Hee HY	Jitchada Nonthasorn	Kit Kwee Lam	Law Pek Ling Pearl
Heng Kim Huan	Joanne Chui Sen Khaw	Koay Bee Hoon	Law Sui Hiang
Heng Wei Hui	Jompoj Hongvilas	Koay Leng Leng	Law Xue Yun
Heng Yoke Wei	Jong Chai Fung	Koay Wen Jian	Law Yih Bing
Hew Siew Phin	Jongruk Pakinsee		

Silver



Lay Im Tan	Lei Fei Fei	Lim Li Jun	Low Ching Tiam
Lee Ah Hatt	Lei Hong Ping	Lim Mei Hong	Low Eng Suang
Lee Ah Lan	Leng Lai Kuan	Lim Miao Jia	Low Ern Yee
Lee Ah Moi	Leo Hui Shyan	Lim Siew Fong	Low Kah Heng
Lee Boon Chuan	Leong Fu De	Lim Say Bin	Low Qian Zhi
Lee Chen Ping	Leong Oi Leng	Lim Shiow Lee	Low Rose
Lee Boon Chye	Leong Pooi Wan	Lim Tien Ping	Low Peih Ying
Lee Chien Un	Leong Shuh Chen	Lim Wei Chiang	Low Sui Fang
Lee Chor Yoke	Leong Yoke Har	Lim Wei Teng	Low Teck Hua
Lee Hoi Suan	Leonora Leonora	Lim Whuan Yeet	Lu Ling Yien
Lee Hui Thing	Leow Yih Yin	Lim Yee Qun	Lua Ai Siew
Lee Hui Yee	Lew Shin Yee	Lim Yin Sien	Lue Sin Kang
Lee Khia Kiat	Liau Yong Jian	Lim Yong Sheng	Lynn SD
Lee Kit Yeng	Lie Pik Tho	Lin Kah Huay	Ma. Loreto Bermejo
Lee Li Teng	Liew Chin Min	Linda Kong Siu Lai	Ma Yee Sim
Lee Ling Jie	Liew Choi Lien	Linda Law Mei Ling	Madeline van Oorsouw
Lee Mei Yeo	Liew Kwai Choong	Ling Kuok Ting	Mah Guo Dong
Lee Nyah Chan	Liew Mei Yuen	Ling Pik Hong	Manop Yuttagomol
Lee Pei Hoon	Liew Syueh Ling	Ling Shin Yee	Maria Leilani Pampolina
Lee Qiau Ying	Liew Yen Chin	Ling Siew Yeh	Marilou Gonda
Lee See Hooi	Liew Yuk Fei	Loh Ai Ling	Mei Chuen Hoo
Lee Shwu Fei	Light Wong	Loh Chiew Hung	Michelle Keok Hui Teh
Lee Shwu Huey	Lim Ai Seu	Loh King Chung	Monnapat Mallikamas
Lee Siau Hui	Lim Bean Huey	Loh May Yeng	Moo Chew Yean
Lee Sing Kwong	Lim Belinda	Loh Seow Huan	Napassorn Junpanichravee
Lee Siow Hoon	Lim Chai See	Loi Li Joo	Napassanan Mannusitt
Lee Wai	Lim Cheng Siong	Loke Yen	Napat Amornpimon
Lee Wai Leng	Lim Choon Seng	Loo Chee Wee	Narina Chulkarat
Lee Xin Ru	Lim Chwee Chwee	Loo Soo Fung	Nar Justina
Lee Yan Ru	Lim Hui Mien	Loo Yeng Hiong	Nattavee Anuchot
Lee Yong King	Lim Ke Xin	Lorraine Khoo Bee Kim	Natthanon Lerkkumsup
Lee Yuen Leng	Lim Kian Min	Louis Tan Eng Hao	Nawamonkit
Lee Yuet Phin	Lim Kim Lian	Low Ai Nee	Panusooksa-Ngeeam
Lee Yuk Yee Teresa	Lim Lai Geok	Low Chien Keem	Neo Beng Hock
Lee Zi Thung	Lim Lay Nyen	Low Chien Tat	Neo Ling Ling



Neo Sui Ping Jane	Ong Mei Ching	Phang Wei Ping	Sen Hui Xin
Ng Chee Sin	Ong San San	Phey Phey Chai	Seneviratne Paul Navaratna
Ng Chin Nam	Ong Seok Chin	Pimpavee Chalewan	Seoh Meng Hong
Ng Ching Seng	Ong Sok Kuei	Pinky Wong Peck Kee	Seok Lan Ng
Ng Dorothy	Ong Sine Hock	Poh Hock Aun	Seow Mei Wah
Ng Foong Luan	Ong Yoke Meng	Poh Poh Phua	Sha Ing Ting
Ng Hsuen Ling	Ong Lee Lee	Poh Soo Mei	Shi Fung Tan
Ng Hui Lee	Ooi Kok Low	Pon Pei San	Shim Hooi Wen
Ng Hwee Lian	Ooi Lee San	Pratadaja Susanti	Shirley Wong
Ng Khai Li	Oon Kim Hoe	Preeya Chainiyom	Sia Lee Lee
Ng Kim Swee	Pakwalun Angkasekvilai	Premyuda Luangjai	Sia Leng Kah
Ng Kiok Hiong	Pang Ai Jia	Presillyn Tan Jie Yin	Siau Shiang Yeap
Ng Lee Choo	Pang Hok @ Pang Hoe Hwa	Prime Steel Resources	Sienna Lim
Ng Lee Siam	Pang Kee Beng	Punyanun Lerthiransahakij	Siew Kian Lim
Ng Nei Nei	Pang See May	Quah Siew Ling	Siew Lee Siam
Ng Phek Lan	Pang Yew Wan	Quek Hang Tian Steven	Siew Wan Tan
Ng Pik Fen	Panicha Suesattabongkot	Rassamee Pengwong	Sim Yi Jin
Ng Poh Gaik	Panumas Hiranmas	Regina Wong He Wey	Sim Chijia
Ng Siew Len	Parinda Wattanasuthipong	Riana Xaverius	Sin Poh Sea
Ng Sok Lee	Patiparn Nangam	Ronald Lim Zhi Hao	Sin Jit How
Ng Sock Wen	Pattanan Homboonyasak	Ronnachai Dachtuayawat	Sinnasamy Vasudra Davi
Ng Xiao Shen	Patiparn Nangam	Rosalind Tan Li Leng	Siok Hua Ding
Ng Xue Qi	Patipat wacharasricharoen	Roselyn Yong Chih Hui	Sirirath Panitchayarom
Ng Yeek Huei	Pauline Chen	Rungnapa Putivanich	So Siew Hing
Ngo Kuan Ming	Pauline Foo Fong Ting	Sai Yunyun	So Wan Nee
Noor Hayati Binti Hamdani	Pazima Aida Ahmad	Saigal Pemla	Soh Min Yi
Nupee Sriksot	Peh Ying Ying	Sam Jia Hao	Sok Mui Ivy Yeo
Oh Yew Lin @ Ooi Yew Lin	Peiny Chia	Samuel Peng Yu Feng	Sin Yee Chua
Oi Ching Pei	Petchada Thinkarn	Sammie Ho	Soo Eng Leong
Ong Chai Hoon	Pevi Dela Cruz	Sandra Ting Wei Wen	Soo Kiau Hwa @ Soo Chai Pun
Ong Chai Peng	Phaik Hoon Lim	Sao Sang Yin	Soong Suk Men
Ong Jenny	Phakphattra Apinyakornwong	Saovalux Sinlua	Soong Suk Ping
Ong Jen Nie	Phang De Ren	Sasiang Dahlia Surapati	Sopon Laichuthai
Ong Jin Teng	Phang Hoi Ling	Seaan Yew	Stephanie Lim
Ong Kean Peng		Seah Peck Boon Samantha	

Silver



Suan Teck Ching	Tan Pek Yun	Teh Hui Xing	Bonifacio
Suan Teck Yi	Tan Poh Ling	Teo Francis	Vongphet Silisouk
Suni Wijaya	Tan Qi Han	Teo Hee Kee	Voo Lee Chu
Supaporn Khetsopa	Tan Shu Keng	Teo Pei Ching	Waeota Rangseeprasertsin
Supattra Suathim	Tan Siew Ching	Teo Siao Yien	Wai Chen Liew & Ching Fun Lee
Susantio Astrid	Tan Siew Kee	Teoh Gaik Pheng	Wan Hui Ling
Susie Lau Su Su	Tan Soo Peng	Teoh Hou Shen	Wan Mok Chan
Sutanto Daryanti	Tan Shi-Kwan	Teoh Kim Hee	Wan Poh Wah
Swee Hong Wee	Tan Shu An	Teoh Qi Yi	Wanirin Aphitsadakon
Sylvia Hakiki	Tan Suh Meng	Ter Teng Teng	Wang Chun Li
Tai Shyan Chen	Tan Sin Moon	Tew Sze Yun	Warisa Iamsaard
Tam Sek Lin	Tan Tian Chee	Thalawathugodha Nikko	Wichai Khantikittikul
Tan Ai Chieh	Tan Tian Hong Alvin	Thamie Lau Ping	Wimonmas Chaiwongsri
Tan Ai Chin	Tan Wan Teng	Thamon-An Thanarueansit	Winnie Ding Swee Hung
Tan Alan	Tan Wan Ting	Thanaporn Pongsutham	Winson Lee
Tan Bee Bee	Tan Zi Ling	Thawaanphat Srijaruphat	Wo Pow Pow
Tan Bee Hong	Tanawan Tanakkasaeranee	The Loe Chi	Won Yann Lih
Tan Boon Shee	Tang Chooi Yen	Tieng Mee Hah	Wong Ah Choy
Tan Boon Ying	Tang Huey Jin	Ting Chai Tink	Wong Ah Ngoo & Wong Poh Tuck
Tan Chiou Nee	Tang Lok Lee Michael	Ting Geik Poh	Wong Chung Soong
Tan Cha Boo @ Tan Lee Kheng	Tang Ming Luan	Ting Ley Yin	Wong Ei Min
Tan Choo Boey	Tang Pei Lei	Ting Sie Teck	Wong Hoi Lin & Yeap Heong Moi
Tan Choong Heng	Tang Yee Chong	Ting Siew Chin	Wong Hui Ping
Tan Gaik Ying	Tasa Sueppheng	Tiong Tina	Wong Kah Yan
Tan Harn Yee	Taspol Ponpisit	Tiong Yee Chee	Wong Khoi Yeen
Tan Hung Hoon	Tatchai Chailapsiri	Tnew Poh Yuin	Wong Kuan Seng
Tan Jiann Lin	Tay Bee Lai	Toh Li Ping Teelia	Wong Lee May
Tan Kok Tiong	Tay Kwee Lian	Tong Jhong Jing	Wong Lee Wah
Tan Lee Pheng	Tay Shirley	Toper Sdn Bhd	Wong Leh Keong
Tan Looi Hong	Teay Rui Feng & Chin Su Ching	Trista Ling Zhi Xi	Wong Li Ying
Tan Michelle	Tee Bee Ling	Tu Kah Ming	Wong Po Kiew
Tan Ming Ming	Tee Swee Ying	Tuak Chu Chin	Wong Siew Foong
Tan Moey Lin	Tee Yee Woan	Tussnee Taovalanont	Wong Shek Yee
Tan Pei Fang	Teh Bat Kuan	Umthavi A/P Karupiah	
		Virginia Aileen Cayco	

Silver

Wong Siew Kuen

Wong Su Zhing

Wong Teng Siong

Woon Yean Yun

Wong Yin Keng

Woon Pei Qi

Woon Suat Ing

Yak Siew Gim

Yan Kin Wan

Yang Cheng Tan

Yang Nai Tan

Yap Lan

Yap Kha Xian

Yap Seow Ting

Yap Sow Chan

Yap Weng Kueen

Yap Yah Fong

Yap Yee Sin

Yarika Kruaboonma

Yau An-Tung

Yeau Siew Moi

Yee Cong Soon

Yeoh Jin Wen

Yek Ai Ching

Yeoh Khar Moy

Yeoh Lee Kheng

Yeoh Siew Foong

Yeoh Yi Wei

Yeoh Zhong Meng

Yeoh Zhong Xiang

Yeow Keng Thang

Yew Keat Chim

Yie Ping Khor

Yii Su Ing

Yin Mary

Yoke Gen Chan

Yoke Peng Wong

Yoke Ping Pang

Yong Hoe Tan

Yong Hoi Ching

Yong Sia Lim

Yong Sin Rei

Yong Teck Leong

Yong Tze Tien

Yook Choon Show

Young Yoong Chang

Yu Lee Ming

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