

# Tea Tree

*Melaleuca alternifolia* 5 ml

dōTERRA® | INDIA

Product Information Page



CPTG®

**Application:** A | T | N

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Herbaceous, green, leathery

**Main Chemical Components:** Terpinen-4-ol, terpinene,  $\alpha$ -terpinene

**Tea Tree | *Melaleuca alternifolia* 5 ml**

**SKU: 60219332**

## Primary Benefits

- + Renowned for its cleansing qualities and for revitalizing the appearance of skin
- + Add a couple of drops to a spray bottle with water for a natural cleaner around the house
- + Diffuse for a fresh clear aroma in the winter months

## Product Description

Tea Tree essential oil has over 92 different compounds and limitless applications. The leaves of the Tea Tree tree were used by the Aboriginal and Torres Strait Islander peoples for centuries. They would apply crushed leaves directly to the skin for a cooling effect. Tea Tree is best known for its cleansing properties. Tea Tree essential oil can be used to cleanse and clarify the skin promoting a healthy looking complexion. Tea Tree essential oil is also used on nails to help them grow healthy and strong. Diffusing Tea Tree essential oil will help freshen the air when used in any room within the home or office.

## Uses

- + For topical skin application, apply 1–2 drops of Tea Tree essential oil on the desired area.
- + Combine 1–2 drops with your facial cleanser for added cleansing properties, or apply to skin after shaving
- + Apply to fingernails and toenails after showering to cleanse and keep nails looking healthy
- + Add a few drops to a spray bottle with water and use on surfaces as a cleansing and purifying agent

## Directions for Use

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.