

Tangerine

Citrus reticulata 15 ml

dōTERRA® | INDIA

Product Information Page



Application: A I N

Plant Part: Peel/Rind

Extraction Method: Cold pressed

Aromatic Description: Tangy, sweet, fresh

Main Chemical Components: Limonene

Tangerine | *Citrus reticulata* 15 ml

SKU: 60222449

Primary Benefits

- + Tangerine has a sweet, tangy flavor that can help enhance your favorite smoothies
- + Used in baking recipes for a citrusy flavoring
- + Creates a light, refreshing, and uplifting aroma

Product Description

Tangerine has a long history of use in Chinese culture and herbal wellness practices. Tangerine essential oil has a sweet, tangy aroma, similar to other citrus oils, that creates an uplifting environment. Higher in limonene than other citrus oils, which makes it a popular and flavorful addition to desserts and drinks—from water to fruit smoothies. Tangerine essential oil can be used in any recipe calling for citrus fruits.

Uses

- + Add one to two drops as a flavoring in cake and cookie recipes.
- + Add one to two drops in water, smoothies, teas, or lemonade for flavoring

Directions for Use

Diffusion: Use three to four drops in the diffuser of choice.

For Use in Food: Dilute one drop in 120 ml of liquid.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.