

# Sandalwood

*Santalum album* 5 ml

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Product Information Page



CPTG®

**Application:** A T N

**Plant Part:** Wood

**Extraction Method:** Steam distillation

**Aromatic Description:** Woody, dry, sweet

**Main Chemical Composition:**  $\alpha$ -santalol,  $\beta$ -santalol

**Sandalwood** | *Santalum album* 5 ml

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## Primary Benefits

- + Provides a grounding, meditative aroma
- + Creates a positive atmosphere
- + Promotes healthy-looking, smooth skin
- + Reduces the appearance of skin imperfections

## Description

Sandalwood is a name given to a class of fragrant woods that, unlike other aromatic woods, can retain their fragrance for decades. Both the wood and oil have been highly valued for centuries and sandalwood has a documented history of many applications. Traditionally used as an incense in religious ceremonies, Sandalwood essential oil has a sweet, woody, grounding aroma. Sandalwood is very beneficial to the skin; reducing the appearance of skin imperfections and promoting a healthy, smooth complexion.

## Uses

- + Add one to two drops to face, cover with a towel, and hover over a large bowl of steaming water for an at-home steam facial.
- + Apply one to two drops to wet hair as part of your haircare routine.
- + Inhale directly from palms or diffuse for a calming aroma.

## Directions

**Aromatic use:** Add three to four drops to diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.