

Peppermint Touch

Mentha piperita 10 ml

dōTERRA® | INDIA

Product Information Page



CPTG®

Application: A T N

Ingredients: Fractionated Coconut Oil, Peppermint

Aromatic Description: Minty, fresh, herbaceous

Peppermint Touch | *Mentha piperita* 10 ml

SKU: 60222448

Primary Benefits

- + Helps lessen feelings of tension
- + Uplifts mood and promotes a sense of focus
- + Repels insects naturally

Description

Peppermint Touch contains Peppermint essential oil and Fractionated Coconut Oil to provide a multitude of benefits. Its minty, fresh scent can be used aromatically and topically throughout the day to uplift mood and promote a sense of focus. Peppermint essential oil is known to lessen feelings of tension when applied to the temples or the back of the neck. Peppermint Touch can be applied to these areas and anywhere on the body to provide a cooling massage or to naturally deter insects.

Uses

- + Rub on temples when waking for a refreshing morning boost.
- + Massage onto back of neck for a cooling sensation and to relieve feelings of tension.
- + Apply to skin for a cooling effect.

Directions for Use

Topical Use: Apply to desired area. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin