

# PastTense™

Tension Blend 10 ml

dōTERRA® | INDIA

Product Information Page



**Application:** T | N

**Ingredients:** Wintergreen Leaf, Lavender Flower, Peppermint Plant, Frankincense Resin, Cilantro Herb, Marjoram Flower/Leaf/Stem, Roman Chamomile Flower, Basil Leaf, and Rosemary Leaf essential oils.

**Aromatic Description:** Fresh, minty, herbal

**PastTense™ | Tension Blend 10 ml**

**SKU: 60219584**

## Primary Benefits

- + Helps provide grounding and balanced emotions
- + Helps ease stressful feelings
- + Packaged for convenient application in a roll-on bottle

## Product Description

PastTense™ is a distinctive blend of essential oils known for its grounding and balancing qualities on emotions. Known for their soothing qualities on the emotions, the essential oils in PastTense™ enable a sense of calm and relaxation.

PastTense™ comes in a convenient 10 ml roll-on for easy application when at work, school, or home. Simply apply to the neck, shoulders, or behind the ears enabling a calm contented feeling, while breathing in the cooling, distinctive aroma of PastTense™.

## Uses

- + Massage into shoulders, neck, and back for a cooling, soothing sensation.
- + Add to temples and back of neck before taking a test or presenting in public.
- + Apply to the wrists while traveling to help calm emotions.

## Directions for Use

**Topical use:** Apply to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.