

MetaPWR™

Essential Oil Blend 15 ml

dōTERRA® | INDIA

Product Information Page



Application: A I N

Ingredients: Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark

Aromatic Description: Citrusy, spicy, minty, sweet

MetaPWR™ | Metabolic Blend 15 ml

SKU: 60222458

Primary Benefits

- + May support healthy metabolic function when ingested
- + May help reduce adipose fat cells when ingested
- + Helps curb hunger cravings and promote mindful eating
- + May help improve exercise performance
- + Creates an uplifting, stimulating environment

Description

Developed with dōTERRA clinical researchers, MetaPWR Metabolic Blend is a proprietary balanced ratio of CPTG® Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon essential oils. The MetaPWR blend can serve as an important part of a daily healthy metabolic regimen when used internally. An unpublished, preclinical study suggests the Essential Oil Blend may target and reduce adipose fat cells when ingested, but more confirming clinical research is needed. Limonene, a prominent chemical component in MetaPWR, may support a healthy metabolism when ingested. Consuming Peppermint essential oil, a MetaPWR ingredient, has been shown to decrease appetite and enhance exercise performance. The citrusy, spicy, and minty aroma of MetaPWR creates a stimulating, uplifting environment.

MetaPWR Essential Oil Blend—is created to support healthy lifestyle regimens focused on increased energy and vitality, metabolic health, and weight management to add health to your lifespan.

Uses

- + Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- + Take internally to help reduce hunger cravings.

Directions

Aromatic use: Add four drops to the diffuser of your choice.

Internal use: Take four drops in 250 mL of water.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.