

Marjoram

Origanum majorana 15 ml

dōTERRA® | INDIA

Product Information Page



CPTG®

Application: A T N

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Warm, herbaceous, woody

Main Chemical Components: Terpinen-4-ol, trans-sabinene hydrate, γ -terpinene

Marjoram | *Origanum majorana* 15 ml

SKU: 60222446

Primary Benefits

- + Provides a soothing and calming sensation to the skin
- + Creates a calming aroma

Description

Also known as “wintersweet” or “joy of the mountains,” Marjoram was known to the Greeks and Romans as a symbol of happiness. Marjoram has been used in culinary dishes, imparting a unique flavor to soups, stews, dressings, and sauces. In Germany, this herb is known as the “Goose Herb” for its traditional use in roasting geese. In modern applications, Marjoram is valued for its calming properties and its positive benefits when used during a soothing massage.

Uses

- + Rub a drop on the back of neck to lessen feelings of stress.
- + Apply diluted to a fussy child's feet prior to a nap.
- + Massage on muscles before and after exercising.

Directions

Aromatic use: Add three to four drops in diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin