Lime
Citrus aurantifolia 15 ml

Product Description

Cold-pressed from the peel of fresh limes, dōTERRA Lime essential oil is refreshing and energizing in both aroma and taste. Limes are used in a variety of dishes and beverages for their fresh, citrus flavor. Due to its high limonene content, Lime essential oil provides a refreshing flavor and can be diffused to add a refreshing aroma to the air inside the home. Lime essential oil is known for its ability to uplift, balance and energize the emotions.

Uses

+ You can always add a drop of Lime essential oil to homemade salsa to give it an extra punch of flavor. Lime essential oil is also a delicious addition to corn. Take a look at our essential oil recipe for Grilled Corn, which uses the flavors of Lime essential oil, cilantro, garlic, and cayenne pepper to turn regular corn on the cob into your new favorite snack

+ Add a drop of Lime essential oil to your drinking water for enhanced flavor.

+ Diffuse to refresh the air and lift your emotions.

Application: A I S
Plant Part: Lime Peel
Extraction Method: Cold pressed/expressed
Aromatic Description: Citrus, tart, sweet
Main Chemical Components: Limonene, β-pinene, γ-terpinene

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SKU: 60219583

Primary Benefits

+ Enhances the flavors of your favorite meals

+ Used as an aromatic, and for food flavoring

+ Lime essential oil will add a tart, naturally sweet flavor to your favorite slushies, smoothies, or drinks.

+ Uplifting and pleasing aroma

+ Stimulating and refreshing to the senses

+ Promotes feelings of emotional balance and well-being

Directions for Use

Diffusion: Use three to four drops in the diffuser of choice.

For Use in Food: Dilute one drop in 120 ml of liquid.

Cautions

If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for at least 12 hours after applying product. Application to the skin may increase sensitivity to sunlight.