



**Application:** A | T | N

**Ingredients:** Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, 'Iliahi (Hawaiian Sandalwood), Roman Chamomile

**Aromatic Description:** Woody, citrusy, sweet

**dōTERRA InTune™** | Focus Blend 10 ml

**SKU:** 60222434

## Primary Benefits

- + Provides a relaxing and uplifting aroma
- + Helps create a calming environment
- + Creates the perfect setting for work or study

## Description

Paying attention and staying on task is an important part of effective study. dōTERRA InTune, a proprietary blend of uplifting and earthy aromas, is delightful when used while working or studying. This combination of Amyris, Patchouli, Frankincense, Lime, Ylang Ylang, 'Iliahi (Hawaiian Sandalwood), and Roman Chamomile essential oils is high in limonene and α-pinene. These two main chemical compounds are calming. The aroma of Ylang Ylang essential oils is relaxing, uplifting, and harmonizing. Packaged in a convenient roller bottle, dōTERRA InTune fits easily into a purse or pocket and is easy to apply when needed.

## Uses

- + Apply to temples and back of neck as part of a work or study routine.
- + Roll onto wrists or back of hands and inhale deeply.

## Directions

**Topical use:** Apply to the back of the neck, on temples, or bottoms of feet. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Keep out of eyes, inner ears, and sensitive areas. Dilute with a carrier oil to minimize any skin sensitivity. Avoid sunlight or UV rays for at least 12 hours after applying product.