



## Product Description

dōTERRA ClaryCalm® is a proprietary blend of essential oils especially designed for women. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex. dōTERRA ClaryCalm® is a natural way to balance and regain composure. The blend's calming aroma helps you center when life derails your day. dōTERRA ClaryCalm® comes in a convenient roll-on bottle making it easy to use anytime. When you feel flushed or warm, apply it to the back of your neck for a cooling, soothing effect.

## Uses

- + Apply to abdomen during a soothing and calming massage.
- + Rub on the back of your neck, on your temples, or the bottom of your feet.
- + Roll on lower abdomen and use with a heating pad.

## Directions for Use

**Topical use:** Apply topically to the back of the neck, on temples, or abdomen as needed. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

**Application:** T | N

**Ingredients:** Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex essential oils)

**Aromatic Description:** Floral, herbal, coniferous

dōTERRA ClaryCalm® |

Monthly Blend for Women 10 ml

SKU: 60219631

## Primary Benefits

- + Floral, feminine aroma
- + Contributes to a nurturing massage as part of a self-care ritual
- + Cooling and soothing on skin