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Ingredients: Cypress Leaf, Peppermint Plant, Marjoram Leaf, Basil Leaf, Grapefruit Peel, Lavender Flower essential oils

Aromatic Description: Clean, fresh, mint powdery

dōTERRA AromaTouch® | Massage Blend 15 ml

SKU: 60219326

Primary Benefits

- + Comforting and relaxing
- + Relax and feel invigorated
- + Adds an aromatic experience to a soothing massage

Product Description

dōTERRA AromaTouch®, dōTERRA's proprietary massage blend, combines the unique benefits of oils known to provide relaxing and comforting effects. dōTERRA AromaTouch® combines Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender essential oils in a perfect blend that adds many important benefits to various massage techniques. This popular blend is a vital part of the dōTERRA AromaTouch® Technique, a proprietary method for applying essential oils to produce a profound whole-body experience.

Uses

- + Apply to neck and shoulders to promote feelings of relaxation and comfort or use with carrier oil for massage.
- + Give your loved one a hand massage using the dōTERRA AromaTouch® Hand Technique and dōTERRA AromaTouch® essential oil blend.
- + Add to Epsom salts and enjoy soaking in a hot bath.

Directions for Use

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below..

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for at least 12 hours after applying product.