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Healthy Can Be **SIMPLE**



DISCOVER SAFE, AFFORDABLE, AND EFFECTIVE NATURAL SOLUTIONS!

Essential oils are extracted from different parts of a plant and are more powerful than herbs. They have provided powerful solutions throughout history.



1.5 kgs
Peppermint



15 mL
Bottle

These essential oils are great for beginners!



- Powerful home cleaning solution
- Helps maintain clear skin
- Aids feelings of clarity and invigoration



- Promotes calm and relaxed feelings
- Supports a restful night's sleep
- Freshens linen closet, mattress, and the air



- Relieves tension and wakes the senses
- Promotes a sense of cooling and soothing effect
- Creates a clear crisp scent when diffused



- Provides immune support to the body
- Helps invigorate the body against seasonal changes
- Has an energizing and uplifting aroma



- Helps curb hunger cravings and promote mindful eating
- May support healthy metabolic function when ingested
- Creates an uplifting, stimulating environment

EXPERIENCE dōTERRA'S SUPERIOR QUALITY

POTENT



Grown and harvested in ideal regions

PURE



CPTG Certified Pure Tested Grade™

SAFE



Extensive third-party testing

THREE EASY WAYS TO USE

AROMATIC



Breathe in directly or use diffuser

TOPICAL



Apply to bottoms of feet or specific areas

INTERNAL



Place a drop under tongue, in gel cap, or in water

EXPERIENCE

dōTERRA® ESSENTIAL OILS

Essential Oil: _____

Supports: _____

How to Use: _____

Essential Oil: _____

Supports: _____

How to Use: _____

NOTE: Dilute for sensitivity. Don't use in eyes or ears.

I'M HERE TO SUPPORT YOUR **SIMPLE** HEALTH

Name: _____

Phone: _____

Website: _____

Email: _____

