# **ESSENTIAL OILS ARE SIMPLE** —

## 3 COOL THINGS ABOUT ESSENTIAL OILS

# NATURAL

- · Natural and easy to use.
- · Extracts from plants with amazing benefits.
- · CPTG®



# **EFFECTIVE**

- · Effective way to help towards everyday wellness.
- · Pure, safe and potent



# 3 AFFORDABLE

- \$6.5 trillion/year spent on global healthcare.
- · Essential oils are extremely affordable when you consider the cost-per-drop.
- · Save money with natural solutions.



# Peppermint 🙆 🕡 😉

- · Diffuse for an energizing aroma
- · Dilute and rub on skin for a cooling effect
- Use in aromatherapy to promote clear breathing



### dōTERRA On Guard® (A) (1) (5)

- Supports immune system's natural function
- · Warm, citrusy
- · Great to use in the home



## Lavender

- **A 1 S**
- · Promotes feelings of relaxation
- · Calming for the skin
- · Soothing aroma

## 3 WAYS TO USE doTERRA® ESSENTIAL OILS



# **AROMATIC**

### Diffuse or inhale to:

- Positively affect mood
- · Refresh the air
- Promote feelings of clear airways



# TOPICAL

### Apply to affected area for:

- Localized benefits
- · Dilute with Fractionated Coconut Oil for best results



# INTERNAL

### Enjoy a few drops:

- · In water
- · Under your tongue





# Wild Orange

- **A 1 S**
- · Energizing aroma





#### dōTERRA Deep Blue® 3 1

- · Helps to lessen tension
- Soothing to head and neck during a comforting massage



#### Lemon

- **A 1 S**
- · Refreshing for the home when diffused
- · Adds a zesty punch when used in dessert recipes





#### Frankincense







- · Maintain feelings of clear airways
- Promotes feelings of clear breathing day and night



## DigestZen™ 🔼 🕡 🕥

to help

- · Helps to soothe stomach
- Use topically at mealtimes



- · Can help sustain a healthy immune function response when ingested
- · Creates an uplifting environment when diffused







# ESSENTIAL OILS ARE SIMPLE-

# **3 WAYS TO EXPERIENCE**

# 3 TYPES OF PEOPLE



## RETAIL

- Buy from an official doTERRA® India Wellness Advocate



# LIVE

THE WELLNESS LIFESTYLE



# WHOLESALE

- Get the best products for the best prices!
- Sign-up as a Wellness Advocate and resell to friends and family



# SHARE

TO GET YOUR
PRODUCTS PAID FOR



## START WITH A KIT

- In addition to wholesale pricing, enjoy more savings when you buy a Kit.



BUILD

TO MAKE AN IMPACT IN YOUR COMMUNITY

	TOP WELLBEING GOALS	RECOMMENDED ROUTINES
		Man Andrews
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C	3	

WELLNESS	CONSULTATION	DATE: