

1 What are Essential Oils?



Peppermint Leaf Oil Sac

1 drop of Peppermint Essential Oil = 28 Cups of peppermint tea

- Pure plant extracts
- Aromatic compounds that are extracted and distilled from plants for various wellness benefits
- Highly concentrated
- Found in seeds, bark, stems, roots, flowers and other plant parts
- Natural solutions for your home and wellbeing



Peppermint 15ml (Sourced from India/USA)

- Use a drop around the neck to wake the senses
- Combine 1-2 drops with shampoo to promote a healthy scalp
- Add to cold water foot bath to cool off

2 Why use Essential Oils?



- 100% natural, without any synthetic chemicals
- Affordable cost-per-drop
- Pure, safe, and potent
- Easily absorbed by your body
- Contain an array of compounds that provide versatile benefits



Lavender 15ml (Sourced from Bulgaria/France)

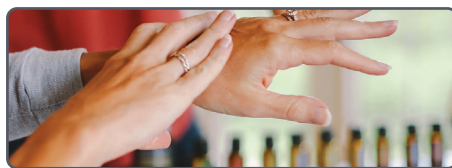
- Calms emotions
- Apply 1-2 drops to soothe skin
- Apply a few drops to pillows, bedding, or feet to support restful sleep

3 How do you use Essential Oils?



A Aromatic

Inhale or diffuse to open airways, improve mood and freshen the air.



T Topical

Apply topically to localize desired areas. Use a carrier oil to sustain absorption.



I Internal

Enjoy a few drops in water or under your tongue.



dōTERRA Breathe® 15ml (Respiratory Blend)

- Apply 1-2 drops to the chest and back to help provide easier breathing
- Diffuse at night to soothe the senses and promote reviving sleep
- Use when outside at times of seasonal changes



dōTERRA Deep Blue® 5ml (Soothing Blend)

- Apply to feet and knees before and after exercise
- Use for a soothing massage
- Massage with a few drops of carrier oil on growing kids' legs



Lemon 5ml (Sourced from Brazil/Italy)

- Powerful home cleaning solution
- Adds a sweet and zesty flavor to dessert recipes
- Add 1-2 drops to your water as an alternative to soda



Frankincense 15ml (Sourced from Somalia/Oman/Ethiopia)

- Diffuse 3-4 drops for peaceful and relaxed feelings
- Creates an uplifting environment
- Apply 1-2 drops to help reduce appearance of skin imperfections



DigestZen™ 15ml (Digestive Blend)

- Apply topically after eating a large meal
- Use 1-2 drops to soothe an upset stomach
- Take on a road trip to ease motion sickness



dōTERRA On Guard® 5ml (Protective Blend)

- Add 2-3 drops to water for immune support
- Use during chilly days to invigorate the body
- Energizes and uplifts when diffused

Application Methods:

- A Can be used aromatically
- I Can be used internally
- T Can be used topically
- N Can be used with no dilution (neat)
- S Dilute for young or sensitive skin (sensitive)



Tea Tree 15ml (Sourced from Australia/Kenya)

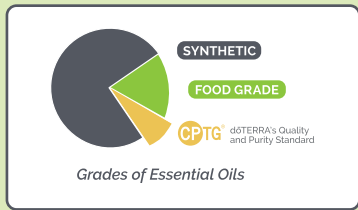
- Combine 1-2 drops with your facial cleanser or aftershave
- Apply to nails after bathing to keep them looking healthy
- Natural alternative to cleaning supplies



Oregano 5ml (Sourced from Turkey)

- Supports a healthy digestive system
- Put one drop in place of dried oregano in sauces or on a roast

4 What makes dōTERRA Essential Oils different?



Certified Pure Tested Grade®

Our oils are the most tested, most trusted

- CPTG® is dōTERRA's guarantee that our oils are pure and free of fillers or harmful contaminants
- CPTG® quality processes span the entire supply chain and include over 50 separate tests
- Scan the QR code for more information



Co-Impact Sourcing®

We source the best and help the most

- Ensure plants are harvested sustainably in their natural habitat
- Work with farmers & distilleries directly, providing fair & on-time payments
- We invest in their infrastructure

dōTERRA Healing Hands™

We help the world heal

- We join with our Wellness Advocates and other partners to give back to our grower communities
- Investments in communities include clinics, schools, water projects, etc.

5 How can our natural solutions help you achieve your goals?

Top Wellness Goals	Natural Solutions
1	
2	
3	

Suggested essential oil education reference materials:



6 Let's get started!

Choose a kit, membership type, and whether to opt into LRP

HOME ESSENTIALS KIT W/ PETAL™ DIFFUSER

SKU: 60223563
WHOLESALE: ₹26,154.70
PV: 210



SAVE:
₹19,250

HEALTHY EXPERIENCE KIT

SKU: 60221714
WHOLESALE: ₹11605.30
PV: 105



SAVE:
₹9,650

Membership Benefits

- 25% discount
- Loyalty rewards (LRP)
- Earn bonuses

Preferred Customer

Wellness Advocate



Loyalty Rewards Program (LRP)

Starting the month following registration you can begin accumulating points from your monthly orders. Redeem points for free dōTERRA products.

Loyalty Rewards Program Percentage



Next Steps:

- ☐ Place first order of oils or kits discussed above and opt into LRP
- ☐ Schedule a follow up meeting to review the Live Guide and complete the Wellness Consult on page 16
- ☐ Wellness Consult time & date: _____ place: _____