

Ylang Ylang

Cananga odorata 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

Derived from unique star-shaped flowers, Ylang Ylang oil is often used in making perfumes and in aromatherapy.

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Sweet, rich, spicy

PRIMARY BENEFITS

- Provides a calming, positive atmosphere

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PRODUCT DESCRIPTION

Ylang Ylang essential oil is derived from the star-shaped flowers of the tropical Ylang Ylang tree and is used extensively in making perfumes and in aromatherapy. Similar to Jasmine, Ylang Ylang has been used for centuries in religious and wedding ceremonies. In aromatherapy, Ylang Ylang is used to create a calm, positive atmosphere. Ylang Ylang is frequently used in luxurious hair and skin products for its scent. Ylang Ylang blends well with Bergamot, Geranium, Grapefruit, and Vetiver.

USES

- Put Ylang Ylang into an Epsom salt bath for relaxation.
- Refresh your skin with an aromatherapy steam facial using Ylang Ylang essential oil.
- Put on your wrists for a sweet, floral perfume.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in four fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.