

# Patchouli

*Pogostemon cablin* 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

A member of the mint family, Patchouli oil is known to help with skin imperfections and for its grounding, earthy aroma.

**Application:** A T I N

**Plant Part:** Leaf

**Extraction Method:** Steam distillation

**Aromatic Description:** Rich, woody, musky, earthy

## PRIMARY BENEFITS

- The earthy aroma contributes to a grounded, balanced atmosphere
- May reduce some skin imperfections when applied topically

**Patchouli**

*Pogostemon cablin* 15 mL

## PRODUCT DESCRIPTION

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers. Easily recognized for its rich, muskysweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products such as laundry detergents and air fresheners. Patchouli may be beneficial to the skin. It may be used topically to help some skin imperfections.

## USES

- Combine with Peppermint and apply to the forehead, temples, or back of the neck after a long day of work.
- Apply one to two drops to your favorite moisturizer.
- Combine with Vetiver and apply to the bottoms of feet.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one drop to desired area. Dilute one drop in 1 ml dōTERRA Fractionated Coconut oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.