

PastTense®

Tension Blend 15 mL

dōTERRA® | ISRAEL

Product Information Page



The fresh, cooling aroma of PastTense helps relieve stress, relax and achieve emotional balance.

Ingredients: Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary

Aromatic Description: Fresh, mint, herbal

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Primary Benefits

- + Provides a calming and comforting aroma
- + Soothes and cools skin

Description

PastTense provides an aroma of relaxation and tranquility. Apply to the neck, shoulders, or behind the ears and breathe in the cooling, comforting aroma of PastTense. With Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary, this fresh, minty blend has a soothing effect.

Uses

- + Massage into shoulders, neck, and back for a cooling, soothing sensation.
- + Add to temples and back of neck before taking a test or presenting in public for a calming aroma.
- + Apply to the wrists while traveling for a relaxing aroma.

Directions

Topical use: Apply to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.