

Juniper Berry

Juniperus communis 5 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

With the ability to cleanse and purify, the fresh aroma of Juniper Berry essential oil can produce a calming, grounding experience.

Plant Part: Berry

Extraction Method: Steam distillation

Aromatic Description: Balsamic, clean, woody, spicy

Main Chemical Components: α -pinene, sabinene

PRIMARY BENEFITS

- Creates a calm, grounded atmosphere when diffused

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PRODUCT DESCRIPTION

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry may benefit and soothe the skin. Its woody, spicy, yet fresh aroma may create a calming, grounding atmosphere.

USES

- Add one to two drops to water or citrus drinks.
- Diffuse with citrus oils to freshen the air.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in four fluid ounces of liquid.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.