

Frankincense

Boswellia Essential Oil 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

Plant Part: Resin from *Boswellia carterii*, *sacra*, *papyrifera*, and *frereana*

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, herbal

PRIMARY BENEFITS

- Soothes skin while reducing the appearance of imperfections.
- Promotes peaceful, relaxed and satisfied feelings.
- May help hydrate and rejuvenate the skin.
- The soothing sensation and aroma of Frankincense will promote feelings a balanced mood.

Frankincense

Boswellia Essential Oil 15 mL

PRODUCT DESCRIPTION

One of the most prized and precious oils due to its rich aroma, Frankincense is often referred to as the “king” of essential oils. Centuries ago, ancient Egyptians used Frankincense resin for everything from perfume to salves for the skin. Its soothing and beautifying properties may be rejuvenating to skin and may help reduce the appearance of imperfections when applied topically.

USES

- Rub Frankincense on your hands after a long day of gardening for a soothing effect.
- Add two drops to a moisturizer to benefit skin.
- Massage on skin to promote feelings of relaxation and to balance mood.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Should be diluted. Do not use the pure oil, add one drop of frankincense essential oil to one ml of dōTERRA Fractionated coconut oil and use the mixture on the surface of the skin only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.