

DigestZen®

Digestive Blend 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



CPTG

This unique blend with Ginger, Peppermint, Caraway and Fennel essential oils is beneficial for stomach discomfort. A must-have oil on-the-go or at home!

Ingredients: Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, Anise

Aromatic Description: Spicy, sweet, minty, licorice

PRIMARY BENEFITS

- When consumed, soothes the occasional upset stomach
- Complements a comforting abdominal massage with a spicy, sweet, and minty aroma

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PRODUCT DESCRIPTION

Whether it's a holiday, vacation, family event, a new recipe, or you had a bit too much to eat, make sure you have dōTERRA DigestZen on hand. This proprietary blend of CPTG® essential oils includes Ginger to help ease occasional stomach discomfort. Peppermint and Caraway are well known for their many benefits. Add to Fractionated Coconut Oil as a part of a gentle tummy massage. Calm occasional gastric upsets, keep stomach jitters at bay, and maintain a healthy digestive system.

USES

- Diffuse for a sweet, minty calming aroma.
- Rub on the stomach before flying or taking a road trip as part of a massage.

DIRECTIONS FOR USE

Diffusion: Use one to two drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Add one drop of the blend to 3-5 ml dōTERRA fractionated coconut oil. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.