

Coriander

Coriandrum sativum 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



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Coriander is an annual herb that grows three feet high and is very aromatic.

Plant Part: Seed

Extraction Method: Steam distillation

Aromatic Description: Green, floral, herbaceous

PRIMARY BENEFITS

- Regarded as one of the most flavourful essential oils with countless applications and benefits.
- A versatile flavouring component widely used across the world in savoury dishes, commonly used in plant form.
- A fresh aromatic herb, ideal for soups, salads and seasoning for savoury recipes.

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Coriandrum sativum 15 mL

PRODUCT DESCRIPTION

Coriander is a fresh, aromatic herb that has been used for centuries. A popular cooking spice, just a touch of Coriander essential oil can transform any dish!

USES

- Enjoy one drop of Coriander internally after eating large meals.
- Add one drop of Coriander to curry recipes for an extra invigorating boost in flavour.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: For food flavoring.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.