

Clary Sage

Salvia sclarea 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

With uses dating back to the Middle Ages, Clary Sage essential oil includes relaxing and soothing properties.

Plant Part: Flower/Leaf

Extraction Method: Steam distillation

Aromatic Description: Woody, herbal, floral

Main Chemical Components: Linalyl acetate, linalool

PRODUCT DESCRIPTION

Clary Sage is a biennial or perennial herb that grows up to six feet in height. Clary Sage is known for its calming properties. The main chemical component of Clary Sage is linalyl acetate, part of the esters group. In the Middle Ages, the Clary Sage plant was frequently used to soothe skin. Inhaling Clary Sage adds to a relaxing environment.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Has a calming aroma

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