

# Citrus Bloom™

Springtime Blend 15 ml

dōTERRA® | ISRAEL

Product Information Page



Beautifully crafted to welcome spring into your home, Citrus Bloom is the perfect essential oil fusion, combining the brightness of citrus peels layered with freshly cut florals.

Citrus Bloom™ | Springtime Blend  
15 ml

**Aromatic Description:** Citrus, floral, sweet

**Ingredients:** Wild Orange, Grapefruit, Lavender, Roman Chamomile, and Magnolia essential oils

## Primary Benefits

- + Supports an energized and healthy frame of mind
- + Promotes a positive outlook while creating feelings of tranquility
- + Helps reduce feelings of anxiousness and tension
- + Improves work environments by promoting feelings of calm.

## Description

Greek Wild Orange and Pink Grapefruit essential oils deliver the sunny and fresh aromatic notes to Citrus Bloom, which uplifts and energizes while helping to reduce feelings of tension. The addition of Lavender, Roman Chamomile, and Magnolia adds a softer, sweeter touch that can help calm and soothe, leaving your emotions more balanced. Start your day with the aromatic presence of Citrus Bloom to promote feelings of joyful self-worth.

## Uses

- + Diffuse in your favorite dōTERRA diffuser throughout the day or as a start to your day and experience the positive, uplifting aroma of Citrus Bloom.
- + Put one to two drops onto your wrists or diffuser jewelry for a constant bright and spring-like aroma.
- + For a mid-day boost, rub one to two drops of Citrus Bloom between your hands, cup the face, and inhale for optimistic and energizing feelings.
- + Add to your dōTERRA Hand & Body Lotion for an uplifting massage experience.

## Directions

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** dilute 1 drop of the blend in 10 ml dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.