

Cassia

Cinnamomum cassia 15 mL

dōTERRA | ISRAEL

PRODUCT INFORMATION PAGE



An ancient oil from the time of the Bible with a warming aroma, may promote a strong feeling of encouragement.

Plant Part: Bark /Leaf

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, cinnamon

PRIMARY BENEFITS

- Provides a warm and relaxing aroma

PRODUCT DESCRIPTION

A close relation to Cinnamon, Cassia has a strong, spicy aroma that can be used in small quantities to transform any essential oil blend. Cassia has been used for thousands of years for its many health benefits. It's one of the few essential oils mentioned in the Old Testament, noted for its unmistakable fragrance and calming aromatic properties. When diluted and applied topically, Cassia can help soothe the body.

DIRECTIONS FOR USE

Diffusion:

- Use three to four drops in the diffuser of choice.
- Add one drop to citrus blends or diffuse with Clove and Ginger during fall and winter.

Topical use:

- For Topical use, dilute. Do not use the pure oil.
- Add one drop of Cassia essential oil to 100 ml of dōTERRA Fractionated Coconut Oil. Do not use the mixture on irritated or damaged skin.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.