

Ylang Ylang

Cananga odorata 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T I N

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Sweet, rich, spicy

Main Chemical Components: Germacrene D,
-Caryophyllene, Farnesene

PRIMARY BENEFITS

- Promotes appearance of healthy skin and hair when applied topically
- Lifts mood while having a calming effect when diffused

PRODUCT DESCRIPTION

Ylang Ylang essential oil is derived from the star-shaped flowers of the tropical Ylang Ylang tree and is used extensively in making perfumes and in aromatherapy. Similar to Jasmine, Ylang Ylang has been used for centuries in religious and wedding ceremonies. In aromatherapy, Ylang Ylang is used to lessen tension and stress and to promote a positive outlook. Ylang Ylang is frequently used in luxurious hair and skin products for its scent and nourishing and protective properties. Ylang Ylang blends well with Bergamot, Geranium, Grapefruit, and Vetiver.

USES

- Diffuse Ylang Ylang for relaxation.
- Refresh your skin with an aromatherapy steam facial using Ylang Ylang essential oil.
- Put on your wrists for a sweet, floral perfume.
- Add Ylang Ylang to a carrier oil for a deep hair conditioner.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

