

Wintergreen

Gaultheria fragrantissima 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Sweet, minty, refreshing

Main Chemical Components: Methyl salicylate

PRIMARY BENEFITS

- Great for a warming soothing feeling after exercise
- Has a refreshing aroma that's uplifting and stimulating

PRODUCT DESCRIPTION

Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas. When diffused, Wintergreen has a refreshing aroma that's uplifting and stimulating. Through dōTERRA's Cō-Impact Sourcing™ initiative, our new source of Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community-owned distillation facilities. This process creates increased economic opportunity for very remote regions in rural Nepal.

USES

- Wintergreen has a warming effect when used.
- For a soothing bath, diffuse 1-2 drops of Wintergreen essential oil.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

CAUTIONS

Not for internal use. Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

