

# Wild Orange

*Citrus sinensis* 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

Application: **A** **T** **I** **N**

Plant Part: Orange rinds (peel)

Extraction Method: Cold pressed/expressed

Aromatic Description: Sweet, fresh, citrus

Main Chemical Components: Limonene

## PRIMARY BENEFITS

- Uplifting to the mind and body

## PRODUCT DESCRIPTION

Cold pressed from the peel, Wild Orange is one of dōTERRA's top selling essential oils due to its energizing aroma. High in monoterpenes, Wild Orange possesses stimulating and purifying qualities. Diffusing Wild Orange will energize and uplift the mind and body while purifying the air. Wild Orange enhances any essential oil blend with a fresh, sweet, refreshing aroma.

## USES

- Add a drop to your water every day for a burst of flavor.
- Diffuse to uplift mood and energy levels and to freshen the air.
- For an energizing boost, dispense one to two drops in the palm of your hand along with equal parts Peppermint and Frankincense. Rub palms together and inhale deeply from palms, then rub on the back of neck.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

