



## VMG+® | Whole-Food Nutrient Complex

Net wt 9.95 oz / 282 g

30 Sachets

## Primary Benefits

- + Supports overall health and wellness, especially when taken with EO Mega+®
- + Provides essential vitamins and minerals to help fill the gap between diet and recommendations in order to help meet nutritional goals
- + May increase energy levels with a multivitamin and minerals supplement, as supported by clinical research
- + Helps maintain important bodily processes for overall health and well-being with vitamins and minerals
- + Promotes healthy skin and nails with vitamins A and C and biotin

## Description

VMG+ Whole-Food Nutrient Complex is an advanced, all-in-one daily nutritional powdered drink designed to optimize foundational wellness and tastes great. It features over 90 high-quality ingredients, including whole-food vitamins and minerals, fruits, vegetables, digestive enzymes, probiotics, CPTG® Certified Pure Therapeutic Grade essential oils, and other beneficial nutrients. This clean, vegan, and gluten-free formula delivers essential macro- and micronutrients that the body relies upon to support daily energy levels, immune system function, gut health and digestion, liver function, and brain function.

VMG+ combines 3 products in 1, integrating benefits from Alpha CRS®+, Microplex VMz® (Vegan), and a greens superfood blend. It includes 5 proprietary blends to support foundational wellness:

1. Nutrition Blend: Includes plant-derived vitamins, minerals, and essential botanical cofactors.
2. Superfood Blend: Promotes foundational health and vitality with phytonutrients, antioxidants, vitamins, minerals, and other nutrients.
3. Cellular Support Blend: Supports cellular health and antioxidant defenses.
4. Biotransformation Blend: Provides biologically enhanced nutrients via biotransformation.
5. Bioavailability Boosting Blend: Enhances absorption and retention of micronutrients, according to preclinical research.

Perfect for those seeking convenient and comprehensive nutrition, VMG+ is easy to incorporate into your daily routine with its delicious taste and easy-to-use sachet format. Strengthening your health's foundation for lifelong vitality has never been simpler or more effective.

## Directions

Take 1 sachet per day. Add sachet contents to 5–8 ounces of cold water or the liquid of your choice. Avoid adding to hot drinks. Stir or shake before drinking.

Cautions

Keep out of reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Don't use if safety seal is broken or missing. Store in a dark, cool, dry place.

| Nutrition Information                                      |             |   |             |
|--|-------------|---|-------------|
| Serving Per Container: 30<br>Serving Size: 1 Stick (9.4 g) |             |   |             |
|  | Per Serving |   | Per Serving |
| Energy   | 16 Kcal     | Nutrition Blend:  | 405 mg      |
| Protein  | 2.1 g       | Amla Fruit Extract, Guava Fruit Extract, Holy Basil Leaf Extract, Moringa Leaf Extract, Lemon Peel Extract  |             |
| Total Fat  | 0.1 g       | Superfood Blend:  | 1380 mg     |
| Saturated fat  | 0 g         | Barley Grass Powder, Spirulina Powder, Purslane Extract, Brussel Sprout Extract, Chlorella Powder, Cranberry Fruit Juice Concentrate, Apple Fruit Juice Concentrate, Strawberry Fruit Juice Concentrate, Dark Sweet Cherry Fruit Juice Concentrate, Black Currant Fruit Juice Concentrate, Goji Berry Fruit Extract, Raspberry Fruit Juice Concentrate, Elderberry Juice Concentrate, Acerola Fruit Extract, Acai Fruit Powder, Kale Juice Powder, Celery Stem Juice Powder, Green Cabbage Juice Powder, Maqui Berry Fruit Powder, Spinach Juice Concentrate, Artichoke Flower Powder |             |
| Trans fat  | 0 g         | Bioavailability Boosting Blend:   | 4475 mg     |
| Total Carbohydrates  | 7.8 g       | Stabilizer (Gum Acacia, Guar Gum), Isomaltooligosaccharide, Sunflower Lecithin, Apple Fiber, Latilactobacillus sakei TCI147 (500 million CFU), Lactiplantibacillus plantarum TCI837 (500 million CFU), Lactocaseibacillus paracasei TCI727 (500 million CFU), Lactobacillus johnsonii TCI 369 (50 million CFU), Ginger Root oil, Lavender Oil, Lemongrass Oil, Peppermint Oil, Wild Orange Peel Oil   |             |
| Sugars   | 0.1 g       | Cellular Support Blend:   | 325 mg      |
| Dietary Fiber  | 3.7 g       | L-Methionine, Betaine Anhydrous (Sugar Beets), Rosa Roxburghii Extract, N-Acetyl-Cysteine, Broccoli Seed Extract, Coenzyme Q10, Apple Fruit Powder, Pomegranate Fruit Extract, Turmeric rhizome extract, Grape Seed Extract, Ginkgo Biloba Fruit Powder, Ginger Root Extract, Aronia Melanocarpa Fruit Juice Concentrate, Pine Bark Extract, Grape Skin Extract, Dandelion Plant Extract  |             |
| Sodium   | 21 mg       | Biotransformation Blend:  | 2200 mg     |
| Vitamin A  | 630 mcg     | Pea protein, Rice Vinegar, Bromelain, Green Kiwi Kruit Extract (Contains Actinidin), Papain, Blueberry Fruit Powder, White Grape Fruit Powder, Cranberry Fruit Powder, Apple Fruit Powder, Carrot Root Powder, Red Grape Fruit Powder, Bayberry Fruit Powder, Mulberry Fruit Powder, Granadilla Fruit Powder, Pineapple Fruit Powder, Lemon Fruit Extract, Broccoli Stem Powder, Celery Stem Powder, Asparagus Stem Powder  |             |
| Vitamin C  | 45 mg       |   |             |
| Vitamin D3   | 12 mcg      |   |             |
| Vitamin E  | 7 mg        |   |             |
| Vitamin K  | 18 mcg      |   |             |
| Vitamin B1 (Thiamin)                                       | 1 mg        |   |             |
| Vitamin B2 (Riboflavin)                                    | 1 mg        |   |             |
| Vitamin B6   | 1 mg        |   |             |
| Folate   | 469 mcg DFE |   |             |
| Vitamin B12  | 19 mcg      |   |             |
| Biotin   | 16 mcg      |   |             |
| Pantothenic Acid   | 2 mg        |   |             |
| Calcium  | 23 mg       |   |             |
| Iron   | 3 mg        |   |             |
| Iodine   | 105 mcg     |   |             |
| Magnesium  | 1 mg        |   |             |
| Zinc   | 5 mg        |   |             |
| Selenium   | 28 mcg      |   |             |
| Chromium   | 18 mcg      |   |             |

**Other Ingredients:** Stabilizer (Citric Acid), Stabilizer (Xanthan Gum), Sweetener (Steviol Glycosides), Natural Flavor, Bulking Agent (Maltodextrin), Corn Starch, Kelp Plant Extract, Stabilizer (Modified Starch), Mango Extract, Pineapple Juice Concentrate, Apple Juice Concentrate, Sugar Cane Stem Powder, Trehalose, Sucrose, Erythritol, Chickpea Extract, Corn Syrup Solids, Bulking Agent (Dextrin), Maltodextrin (Tapioca), Medium Chain Triglycerides, Antioxidant (Monopotassium Phosphate), Anti-Caking Agent (Silicon Dioxide), Antioxidant (Ascorbic Acid), Antioxidant (Mixed Tocopherols)