



Ingredients: Peppermint Essential Oil

PRIMARY BENEFITS

- Supports gastrointestinal comfort
- Helps alleviate occasional stomach upset
- Supports healthy function of the digestive system and helps reduce occasional gas, bloating, and other digestive difficulties
- Provides digestive relief to the lower intestines

PRODUCT DESCRIPTION

The dōTERRA Peppermint Softgels encapsulate CPTG® Peppermint essential oil in an enteric coated softgel to provide digestive relief to the lower intestines thereby improving overall digestive health.

The peppermint plant is a hybrid of watermint and spearmint and has a long history of use in traditional herbal preparations. Peppermint essential oil is one of the most versatile oils dōTERRA offers and the testimonies of its many uses as a popular additive in food, beverages, and cosmetics are very well documented.

dōTERRA Peppermint Softgels have a high menthol content that distinguishes the best quality Peppermint from other products and is known to provide relief from lower intestinal discomfort. When taken internally, Peppermint essential oil has clinically demonstrated its ability to help ease and relax the gastrointestinal muscles and calm the stomach and intestinal tract. The softgels support healthy function of the digestive system and help reduce occasional gas, bloating, and other digestive difficulties. The enteric coating allows the active ingredients to pass through the stomach and reach the small intestines where it is most effective.

DIRECTIONS FOR USE

For adults, take up to two dōTERRA Peppermint capsules before meals to reduce occasional digestive discomfort. For children eight years and older, take one softgel before meals. For best results, take 30–60 minutes before meals.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Do not use if safety seal is missing or broken. Store in a cool dry place.

OTHER INGREDIENTS

Gelatin, Glycerin, Water, Food glaze, Sodium alginate, Carnauba wax.