

# Mito2Max®

## Energy & Stamina Complex

### PRODUCT DESCRIPTION

dōTERRA Mito2Max is a proprietary formula of standardized plant extracts and metabolic cofactors that help increase energy and vitality.

### PRIMARY BENEFITS

- Includes targeted levels of Acetyl-L-carnitine, Oligonol, Ashwagandha root extract, and Coenzyme Q10 in a proprietary blend
- Made with sodium lauryl sulfate-free vegetable capsules; does not contain milk or wheat products; does not contain ingredients made from animal products

### DIRECTIONS FOR USE

Take 2 capsules daily with food. Refrain from using before going to sleep.

### CAUTIONS

Keep out of reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing. Store in a cool, dry place.

### FAQS

**Q:** How soon will I feel increased energy?

**A:** Mito2Max can produce powerful and helpful outcomes. Optimized benefit is achieved through consistent use over a period of time; however, each person is unique and has individual needs. The time needed to feel its effects will be different for everyone.

**Q:** Why is Mito2Max safer than regular energy drinks?

**A:** Mito2Max contains safe ingredients that support mitochondrial function for natural energy production. Regular energy drinks often contain stimulants with unwanted side effects and high amounts of sugar. Taking Mito2Max can provide you with the energy support you need without the withdrawal symptoms or energy “crash” later in the day.



**Q:** Can my children take Mito2Max safely?

**A:** Most ingredients in Mito2Max would be expected to be safe for children; however, there is limited scientific information on the use of Mito2Max ingredients in children. Therefore, Mito2Max is currently only recommended for adults.

**Q:** Can pregnant women take Mito2Max safely?

**A:** There is insufficient scientific study on the use of Mito2Max ingredients during pregnancy. dōTERRA does not recommend Mito2Max during pregnancy. If a pregnant woman wishes to take Mito2Max, use of the product should be monitored by her physician.

**Q:** Can this product be considered GMO-free and gluten-free?

**A:** Mito2Max is free of genetically modified material and does not contain gluten.

### COMPLEMENTARY PRODUCTS

- dōTERRA Lifelong Vitality Pack®
- DDR Prime® Essential Oil Cellular Complex
- Deep Blue Polyphenol Complex™

## Nutritional Information

**Servings Per Container: 30**  
**Serving Size: Two (2) Capsules (1.18 g)**

	<b>Per Serving</b>
Energy	0.8 Kcal
Protein	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Carbohydrates	0.2 g
Fiber	0.2 g
Sugars	0 g
Sodium	0 mg
<b>Mitochondrial Energy Cofactors:</b>	<b>700 mg</b>
Acetyl L-Carnitine HCL	600 mg
Alpha Lipoic Acid	50 mg
Coenzyme Q10	50 mg
<b>Circulation Support Blend:</b>	<b>100 mg</b>
Oligonol (Lychee (Litchi Chinensis) Fruit Extract and Green Tea (Camellia Sinensis) Leaf Polyphenol Extract)	50 mg
Quercetin (from Sophorae Japonica Bud)	50 mg
<b>Adaptogenic Blend:</b>	<b>100 mg</b>
Cordyceps (Cordyceps Sinensis) Mycelium	40 mg
Gingseng (Panax Quinquefolius) Root Extract	40 mg
KSM-66® Ashwagandha (Withania Somnifera) Root Extract	20 mg

Other Ingredients: Vegetable Hypromellose, Microcrystalline Cellulose, Vegetable Fatty Acid, Silica