

Microplex VMz[®]

Food Nutrient Complex — Made with SLS-free vegetable capsules

dōTERRA[®]

Product Information Page



Microplex VMz[®] | Food Nutrient Complex
120 Vegetable Capsules

Primary Benefits

- + Provides 22 essential vitamins and minerals to support normal growth, function, and maintenance of cells
- + Supports healthy metabolism and cellular energy
- + Supports bone health with calcium, magnesium, zinc, and vitamin D
- + Supports healthy immune function
- + Supports healthy digestion
- + Provides systemic benefits of vitality and wellness associated with optimal intake of essential nutrients
- + Includes a balanced blend of chelated minerals including calcium, magnesium, zinc, selenium, copper, manganese, and chromium
- + Includes a whole-food botanical blend of kale, dandelion, parsley, kelp, broccoli, brussels sprout, cabbage, and spinach
- + Formulated with a digestive enzyme blend of protease,

lactase, lipase, amylase, α -galactosidase, diastase, glucoamylase, and peptidase

- + Contains a full-spectrum of vitamin E forms including tocotrienols
- + Includes the dōTERRA tummy tamer digestive blend of Peppermint, Ginger, and Caraway
- + Made with sodium lauryl sulfate-free vegetable capsules
- + Specially formulated to be used daily with xEO Mega[®] and Alpha CRS[®] as a comprehensive dietary supplement foundation for a lifetime of vitality and wellness

Description

dōTERRA Microplex VMz Food Nutrient Complex is a food nutrient formula of bioavailable vitamins and minerals that are often deficient in our modern diets. Many vitamins and minerals on the market are isolated from natural sources or chemically synthesized making it difficult for the body to absorb and retain them. The formula was thoughtfully developed to include a balanced blend of vitamins A, C, and E, and selenium, a mineral, with the energy complex of B vitamins presented in a patented glycoprotein matrix to help the body actually absorb the nutrients. Microplex VMz contains chelated minerals including calcium, magnesium, and zinc for optimal bone and metabolic health. Microplex VMz also contains the dōTERRA tummy tamer botanically derived of Peppermint, Ginger, and Caraway combined with digestive enzymes, to help relieve digestive discomfort for those who may have experienced stomach upset with other vitamin and mineral products. Microplex VMz is encapsulated using sodium lauryl sulfate-free vegetable capsules.

Concept

While it is abundantly clear that diets in the United States and in many developed countries include adequate and even an overabundance of calories, a growing body of evidence shows that even as we eat more, we are obtaining less of the essential nutrients vital for optimal health. Over-processed, calorie-rich, nutrient-poor food choices threaten to make us

unhealthy as our bodies are deprived of vitamins, minerals, and other essential nutrients.

Microplex VMz is a comprehensive array of vitamins and minerals presented in a food nutrient complex that are essential for normal growth, function, and maintenance of cells. Microplex VMz provides a balanced blend of essential antioxidant vitamins A, C, E, and selenium, an energy complex of B vitamins, and 20 mcg of vitamin D. It also contains important chelated minerals for metabolism and the essential bone nutrients calcium, magnesium, and zinc.

Patented Glycoprotein Matrix

Most of the vitamins and minerals absorbed in our bodies come from the food we eat. Sometimes vitamins and minerals are isolated or synthetically constructed and may become more difficult for our bodies to recognize and absorb as food nutrients. The vitamins in Microplex VMz are presented in a patented glycoprotein matrix to help promote bioavailability. To make a vitamin glycoprotein compound, a vitamin is introduced to a culture of lactobacillus and yeast. As it grows, the yeast metabolizes and binds the vitamin into its protein matrix, making the vitamin more recognizable as food in the digestive process.

Digestion of the vitamins and minerals in Microplex VMz® is also enhanced by the presence of a blend of digestive enzymes and mineral cofactors that are necessary for proper assimilation of food nutrients.

Microplex VMz Food Nutrient Complex

dōTERRA® Microplex VMz represents the gold standard in vitamin and mineral supplementation. The formula is encapsulated in sodium lauryl-sulfate free vegetable capsules. It also contains the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway seed botanical extract to help calm the stomach.

Microplex VMz is formulated to be used daily with dōTERRA Alpha CRS®+ and xEO Mega® as a comprehensive dietary supplement foundation for a lifetime of vitality and wellness.

Directions

Adults, take 4 vegetable capsules per day with food. Microplex VMz is formulated to be used daily with Alpha CRS+ and xEO Mega. (Taking with the fatty acids in xEO Mega will support absorption of the fat-soluble vitamins in Microplex VMz.)

FAQs

Q: Does this product contain genetically modified material?

A: Microplex VMz does not contain genetically modified material.

Q: With the enzyme blend in this formula, do I also need to take DigestZen Terrazyme®?

A: The enzyme blend in Microplex VMz® is only designed to provide a small boost to normal digestion.* If you need full support for digestive health or other concerns, DigestZen Terrazyme is recommended in addition to Microplex VMz.

Q: What does Microplex VMz stand for?

A: Microplex is a combination of "micronutrient" and "complex." VM stands for vitamins and minerals. The "z" reflects improvements that have been made to the product since it was first launched.

Q: Can this formula be considered a whole food supplement?

A: Microplex VMz contains simple vitamins and minerals that are known to be required for health. What is most important about simple nutrients is that they be bioavailable. We have selected vitamins and minerals that have been shown by scientific research to optimize bioavailability in the body.

Q: Can my children take this product instead of the dōTERRA A2Z Chewable?

A: dōTERRA recommends dōTERRA® A2Z Chewable® and IQ Mega® for children rather than Microplex VMz. For older children or teenagers that can swallow capsules, a half dose is OK. For any questions please consult your pediatrician.