

Lemon Eucalyptus

Eucalyptus citriodora 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T S

Plant Part: Leaves

Extraction Method: Steam distillation

Aromatic Description: Fresh, Lemony

Main Chemical Components: Citronellal, citronellol

PRIMARY BENEFITS

- Refreshing and cleansing to the air
- Uplifting and invigorating aroma
- Cleansing to surfaces and skin

PRODUCT DESCRIPTION

Lemon Eucalyptus essential oil is derived from a lemon-scented blue gum eucalypti plant, a tall tree with smooth bark. Native to northern Australia, the oil is known for its refreshing aroma that helps create an invigorating environment. Lemon Eucalyptus is high in cleansing citronellal and citronellol, making this essential oil ideal for surface and skin cleansing. In addition to its topical cleansing benefits, Lemon Eucalyptus can be used to clear and refresh the air. Keep Lemon Eucalyptus on hand when in need of a revitalizing boost.

USES

- Add to a spray bottle to cleanse surfaces and refresh any room.
- Diffuse to encourage a positive environment with a bright, fresh scent.
- Add one to two drops to the palm of your hands, rub together, and inhale to uplift and brighten your day.
- During your skin care routine, add one to two drops of Lemon Eucalyptus to your favorite dōTERRA skin cleanser.
- Blend three to four drops in Fractionated Coconut Oil for a soothing, uplifting massage.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

