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# **GX Assist®**GI Cleansing Formula

Made with enteric coated softgels

#### PRODUCT DESCRIPTION

GX Assist is a combination of CPTG essential oils and caprylic acid. GX Assist is formulated to be used for 10 days before using PB Assist®+ Probiotic Defense Formula.

#### **PRIMARY BENEFITS**

 A proprietary blend of CPTG essential oils and caprylic acid

### **DIRECTIONS FOR USE**

Take 1 to 3 softgels per day with meals for 10 days

#### **CAUTIONS**

Pregnant or nursing women and people with known medical conditions should consult a physician before using.

#### **FAQS**

#### Q: Is GX Assist® safe to use every month?

A: Yes, GX Assist can be used for 10 days each month (1–3 capsules each day). It can also be used less often, such as every three months.

## Q: Can I use this more than once a month? How many days do I need to discontinue use before I can start using again?

A: It is recommended that GX assist be used no more than 10 days of the month, followed by 20 days of PB Assist®+.

### Q:ls it the Oregano that we should be careful about using too much too often?

A: While Oregano is generally considered to be a more potent oil, the amount of essential oil, including Oregano, in GX Assist is far below a dose that could cause harm. The 10-day program is designed to provide a positive benefit to the digestive tract. It is not necessary to continue the program beyond 10 days.

#### Q: Is GX Assist GMO and gluten-free?

**A:** GX Assist does not contain Genetically Modified material and is gluten–free.





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### Q: Should I discontinue use of other supplements while I am using GX Assist?

A: GX Assist is safe and effective when used in combination with doTERRA Lifelong Vitality Pack® supplements and other doTERRA supplements. GX Assist will not interfere with your body's ability to absorb or utilize vitamins, minerals, cellular support ingredients, essential fatty acids, or other active ingredients.

### Q: Are there plans to put this in a vegetarian softgel?

**A:** GX Assist may be transitioned to a vegetarian softgel in the future.

### Q: Is GX Assist safe for children to take?

**A:** GX Assist is not recommended for children, even at a lower dose.

### **COMPLEMENTARY PRODUCTS**

- dōTERRA Lifelong Vitality Pack
- DigestZen Terrazyme<sup>®</sup>
- PB Assist®+
- Zendocrine® Complex and Softgels

### **Nutrition Information**

Servings Per Container: 60 Serving Size: 1 softgel (519 mg)

|               | Per Serving |
|---------------|-------------|
| Energy        | 1.3 Kcal    |
| Protein       | 0.1 g       |
| Total Fat     | 0.08 g      |
| Saturated Fat | 0.08 g      |
| Trans Fat     | 0 g         |
| Carbohydrates | 0.05 g      |
| Sugars        | 0 g         |
| Sodium        | 0 mg        |

Ingredients: Proprietary CPTG® Blend (Oregano Oil, Melaleuca Oil, Lemon Oil, Lemongrass Oil, Peppermint Oil, Thyme Oil), Gelatin, Caprylic Acid, Glycerin, Purified Water, Food Glaze, Sodium Alginate, Carnauba Wax