



EO Mega+® | Essential Oil Omega Complex
90 Softgels

Primary Benefits

- + Supportive but inconclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease
- + Helps maintain a healthy lipid profile already in a normal range
- + May support a healthy nervous system and cognitive function because of DHA, an omega-3 fatty acid in EO Mega+ critical for brain health
- + Supports a healthy respiratory system
- + Promotes healthy vascular endothelial function
- + Helps balance omega-3 and omega-6 fatty acids in the blood
- + Helps maintain visual acuity throughout life
- + May help you feel fuller between meals
- + Promotes a healthy gastrointestinal system when limonene, a component of dōTERRA EO Mega+ Softgel is taken internally according to preclinical research

Description

EO Mega+ Essential Oil Omega Complex is a premium blend of omega fatty acids derived from wild-caught fish off the coast of Norway, providing clean, pure, and traceable fish oil. It also contains CPTG® Certified Pure Therapeutic Grade Wild Orange essential oil to enhance the user experience and contribute various health benefits because of its limonene content. Each serving delivers 900 mg of essential fatty acids, including 800 mg of omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), which are known for their exceptional health benefits. Essential fatty acids are crucial nutrients for maintaining overall health and vitality; they play a vital role in heart health; cell growth; brain development; skin, eye, and metabolic health; muscle activity; immune function; and joint health. Because the body can't produce these essential nutrients on its own, it must be obtained through diet. That's where EO Mega+ comes in, filling this nutritional gap by providing a convenient source of essential fatty acids to support optimal bodily functions.

Directions

Take 3 softgels per day with food.

Cautions

Keep out of reach of children. Pregnant or nursing women and people with known medical conditions should consult a physician before using. Don't use if safety seal is broken or missing. Store in a dark, cool, dry place.

Contains fish (cod, cusk, haddock, herring, ling, mackerel, pollock, deepwater redfish, whiting, and blue whiting).

Ingredients

Fish oil, Wild Orange essential oil, water, tapioca starch, glycerin, maltitol syrup, mixed tocopherols

Nutrition Information

Servings Per Container: 30
Serving Size: 3 Softgels (3.90 g)

	Per Serving
Energy	22 Kcal
Protein	0 g
Total Fat	2.2 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	4 m g
Total Carbohydrates	0.6 g
Sugars	0 g
Dietary Fiber	0 g
Sodium	1 mg

Ingredients: Fish Oil, Water, Modified Tapioca Starch, Orange Peel Oil, Humectant (Glycerin), Thickener (Maltitol Syrup), Antioxidant (Mixed Tocopherols), Sunflower Oil

Contains: Fish (Cod, Cusk, Haddock, Herring, Ling, Mackerel, Pollock, Deepwater Redfish, Whiting, Blue Whiting)