



dōTERRA Nutrition | Whey Protein
Dietary Supplement
20 Servings

Primary Benefits

- + Provides premium protein blend
- + Combines stevia with natural flavors
- + Contains well-balanced amino acids profile necessary to enhance energy and increase stamina
- + Helps control appetite
- + Provides the body the necessary nutrients that it needs to produce ATP
- + Supports muscle growth and recovery
- + Contains NO GMO, gluten, soy, and RBST hormone

Description

dōTERRA Protein is specifically formulated to supplement areas of the modern diet that fall short in providing fuel to our body. Protein is an important macronutrient and crucial for building muscle, managing appetite, and helping the body recover after workouts. Protein is also necessary to provide the body with energy and stamina to perform functions like building cells and supporting a healthy immune system. Reducing sugar consumption is also an important aspect of improving your diet and overall health. dōTERRA Protein is sugar-free and a great tool to use in a Keto or other high-protein, low-carb diets.

Whey Protein

dōTERRA Whey Protein provides 21 grams of a premium protein blend, from pasture-fed cows, to help you reach the recommended dietary allowance of protein and keep your body functioning at optimal capacity. Whey is one of the most nutritionally complete proteins and easy to digest without gas or bloating. As an added bonus, each serving also contains at least 6 grams of fiber to help manage appetite and assist overall digestive health. Formulated without GMOs, gluten, soy, and RBST hormone, dōTERRA protein offers the quality ingredients you expect to support a healthy lifestyle. dōTERRA Protein is naturally sweetened with stevia and is available in chocolate and vanilla flavors.

Directions

Blend 1 scoop of dōTERRA Protein with 8 ounces of water or preferred choice of milk until smooth and creamy. Add fruits and vegetables for added flavor and nutrition. For a unique flavor, blend in one drop of your favorite dōTERRA essential oil.

Cautions

Keep out of reach of children. Pregnant or nursing women and people with known conditions should consult a physician before using. Keep in a cool, dry place.

CHOCOLATE PROTEIN

Supplement Facts		
Serving Size 1 Scoop (40 g)		
Servings Per Container 20		
	Amount Per Serving	% Daily Value*
Calories	130	
Total Fat	3 g	4%*
Saturated Fat	1 g	6%*
Cholesterol	55 mg	18%
Total Carbohydrate	11 g	4%*
Dietary Fiber	7 g	24%*
Total Sugars	2 g	**
Added Sugars	0 g	0%*
Protein	22 g	44%*
Calcium	135 mg	10%
Iron	1 mg	7%
Sodium	260 mg	11%
Potassium	245 mg	5%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

INGREDIENTS: Whey Protein Concentrate, Modified Tapioca Starch, Calcium Caseinate, Cocoa Powder (processed with alkali), Gum Acacia, Sunflower Lecithin, Flaxseed Powder, Oat Flour, Sea Salt, Sunflower Oil, Xanthan Gum, Butter Powder, Potassium Citrate, Sodium Citrate, Steviol Glycosides, Inulin, Natural Flavors

Contains: Milk

VANILLA PROTEIN

Supplement Facts		
Serving Size 1 Scoop (38 g)		
Servings Per Container 20		
	Amount Per Serving	% Daily Value*
Calories	120	
Total Fat	2.5 g	3%*
Saturated Fat	1 g	5%*
Cholesterol	55 mg	18%
Total Carbohydrate	10 g	4%*
Dietary Fiber	6 g	21%*
Total Sugars	1 g	**
Added Sugars	0 g	0%*
Protein	21 g	42%*
Calcium	130 mg	10%
Sodium	260 mg	11%
Potassium	150 mg	3%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

INGREDIENTS: Whey Protein Concentrate, Modified Tapioca Starch, Calcium Caseinate, Gum Acacia, Sunflower Lecithin, Flaxseed Powder, Oat Flour, Sea Salt, Xanthan Gum, Sunflower Oil, Butter Powder, Potassium Citrate, Sodium Citrate, Steviol Glycosides, Natural Flavors

Contains: Milk.