

Steady™

Grounding Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T N

Ingredients: Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil

Aromatic Description: Piney, fruity, soft woody

PRIMARY BENEFITS

- Evokes a calm and balanced mood
- Promotes feelings of relaxation and calm
- Helps focus your mind on what is most important

PRODUCT DESCRIPTION

Perfect for daily use or as needed, Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that can help soothe feelings of stress or anxiousness. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended with Fractionated Coconut Oil to deliver a calming effect perfect for all skin types. Amyris and Balsam Fir are warm wood oils that help manage feelings of stress while reducing occasional anxiousness. When feeling overwhelmed, roll Steady onto the back of your neck or wrists and take a deep breath, allowing your mood to find balance. Soothing to the skin and reassuring to the emotions, Steady is a great every day blend.

USES

- Calming to the skin and emotions, Steady can be used during times of distress to quiet the mind and soothe the body.
- Use Steady to help instill tranquility when experiencing anxious or nervous feelings.
- Apply to the back of the neck or bottoms of the feet after an event-filled day to steady the emotions.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

放置於三歲以下孩童伸手不及處。可能會引起肌膚過敏不適。接受治療者請先諮詢醫師再使用。避免接觸眼睛、內耳、唇部等敏感部位。

