



Application: A T N

Ingredients: Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Twig Absolute, Spearmint Leaf/Flower

Aromatic Description: Sweet, rich, minty

PRIMARY BENEFITS

- Helps promote feelings of peace, reassurance, and contentment

PRODUCT DESCRIPTION

dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder to find peace. Slow down, take a deep breath, and reconnect with the composed, collected you with a few drops of Peace Reassuring Blend.

USES

- Diffuse at night time to promote a calming environment and restful sleep.
- Apply one drop to hands, rub together, and inhale deeply to help promote feelings of relaxation.
- For children, apply to bottoms of feet.

DIRECTIONS FOR USE

Diffusion: Use one to two drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

