

# dōTERRA On Guard®

Protective Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



CPTG

**Application:** A T I S

**Ingredients:** Wild Orange Peel, Clove Bud, Cinnamon Leaf, Cinnamon Bark, Eucalyptus Leaf, and Rosemary Leaf/Flower essential oils.

**Aromatic Description:** Warm, spicy, camphoraceous, woody

## PRIMARY BENEFITS

- Energizing and uplifting aroma

## PRODUCT DESCRIPTION

- As one of dōTERRA's best-selling blends, dōTERRA On Guard can be taken internally on a daily basis. When diffused, dōTERRA On Guard helps purify the air, and can be very energizing and uplifting.

## USES

- Add two to three drops in a veggie capsule.
- Soak sliced apples in water and a few drops for an afternoon snack.
- Combine a few drops of dōTERRA On Guard with Fractionated Coconut Oil for a natural hand cleanser.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

