



KEY INGREDIENTS AND BENEFITS

- **Peppermint plant oil:** supports healthy gastrointestinal tract
- **Coriander seed oil:** may aid healthy colon function
- **Ginger root oil:** may help soothe mild or occasional stomach upset and ease indigestion
- **Caraway seed oil:** is often combined with peppermint oil to relieve occasional indigestion
- **Cardamom seed oil:** is a traditional remedy for supporting a healthy stomach
- **Fennel seed oil:** helps to manage gastrointestinal disturbance

PRODUCT DESCRIPTION

dōTERRA DigestZen Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health. DigestZen contains a unique combination of Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Anise to aid in digestion and ease mild or occasional stomach discomfort in a soothing, natural way—all in a vegetarian softgel that dissolves easily. DigestZen Softgels are perfect for on-the-go or for those wanting an easy way to consume DigestZen essential oil blend.

DIRECTIONS FOR USE

Take 1 softgel one or more times daily as needed.

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Store in a cool, dry place.

OTHER INGREDIENTS

Extra virgin olive oil, Hydroxypropyl starch, Glycerin, Water, Maltitol syrup, Gellan gum.

